

BDC Braemar Dance Center

Summer Dance

Four great options all at the Dance Studio located inside
Mary Drew 20130 S Rosewood Dr, Frankfort, IL 60423.

To register call 815-469-3524 or online at www.fspd.org.



Princess Dance Camp

Dancers will learn ballet basics and have fun with creative movement while listening to their favorite princess songs. Parents are invited to watch the last 15 minutes of the Friday class to see what the dancers have worked on all week. Please bring a water bottle to class each day.

205010-02 Ages: 3 - 5
Days/Dates: Mon - Fri, July 15 - 19
Time: 10:00 - 11:30 am
Fee: \$90 **R** / \$112.50 **NR** / 5 sessions

Mini Dance Camp

Dancers will learn ballet basics, intro jazz basics, and learn a fun dance that will be performed at the end of the last class. Parents are invited to watch the last 15 minutes of the Friday class to see what the dancers have worked on. Snacks will be provided each day. Please bring a water bottle.

205011-02 Ages: 6 - 8
Days/Dates: Mon - Fri, July 15 - 19
Time: 1:00 - 3:00 pm
Fee: \$100 **R** / \$125 **NR** / 5 sessions

Summer Dance Intensive

Dancers will have a fun week filled with a combination of Hip Hop, Jazz and Contemporary. Dancers will have the opportunity to learn from guest teachers from the professional dance industry. Daily classes include strength and stretching, technique sessions, rotating class styles and choreography.

205014-02 Ages: 9 - 11
Time: 9:00 am - 12:00 pm

205014-03 Ages: 12 & Up
Time: 1:00 - 4:00 pm

Days/Dates: Mon - Fri, July 22 - 26
Fee: \$160 **R** / \$200 **NR** / 5 sessions

Leaps & Turns

Leaps and Turns- This technique class focuses on leaps, turns and skills used in Ballet, Jazz and Contemporary.

205013-10 Ages 6-8
Time: 4:00-5:00pm

205013-11 Ages 9-11
Time: 5:00-6:00pm

205013-12 Ages 12 & up
Time: 6:00-7:00pm

Day/Dates: Tues, July 30 – Aug 27
Fee: \$65 **R** / \$81.25 **NR** / 5 sessions



BDC Braemar Dance Center

Summer Acro Tumbling Skills Clinic

*This class will focus on drills, stations, and different spotting techniques to master specific skill(s) for the upcoming fall session. *Class level is determined by skills not ages, ages only for Pre-K Tiny Acro.*

Session # 1

Wed, June 5 – July 10
Fee: \$78 R / \$98 NR / 6 sessions

205015-00 Pre-K Tiny Acro

Ages: 3.5 - 6
Time: 4:00-5:00 pm

205015-01 Acro 1

Time: 5:00-6:00 pm

205015-02 Acro 2

Time: 6:00-7:00 pm

205015-03 Acro 3

Time: 7:00-8:00 pm

Session # 2

Wed, July 31 – Aug 28
Fee: \$65 R / \$81.25 NR / 5 sessions

205016-00 Pre-K Tiny Acro

Ages: 3.5 - 6
Time: 4:00-5:00pm

205016-01 Acro 1

Time: 5:00-6:00 pm

205016-02 Acro 2

Time: 6:00-7:00 pm

205016-03 Acro 3

Time: 7:00-8:00 pm

Prerequisites:

Pre-K Tiny Acro: Forward roll, backward roll, handstand, cartwheel, bridge

Acro 1: Back bend kick over, round-off, back walkover

Acro 2: Front & back limber, hand spring, introduction to flip flops and aerials

Acro 3: Flip flops, back tucks, combination tumbling passes

