Soccer Guidelines

- 1. Please monitor your family's health; if anyone is sick, please do not attend and notify the program supervisor.
- 2. Prior to arrival, you are responsible for completing our health questionnaire that is posted on the fspd.org website. If the answer is "yes" to any of the questions, please do not attend. https://www.fspd.org/rccms/wp-content/uploads/2020/07/Health-Questionnaire.pdf
- 3. 4-5 and 6-7 year old participant groups will be limited to 16 players
- 4. 8-10 year old participant groups will be limited to 18 players.
- 5. All group members must arrive at the facility wearing a face covering and use hand sanitizer upon arrival.
- 6. Outdoors, face coverings may be removed while actively exercising or participating in practices or competitions, as long as social distancing may be maintained.
- 7. No snacks; Participants may bring their own clearly labeled water bottle.
- 8. Participants do not need to bring a soccer ball they will be provided at class.
- 9. Please keep personal belongings to a minimum. If not kept with parents, items must be distanced at least 6 feet apart.
- 10. All coaches to sanitize hands before and after sessions.
- 11. All balls will be sanitized in between sessions.
- 12. There will be a minimum of 20 minutes in between each session to properly sanitize balls and allow for families to exit the complex.
- 13. Hand sanitizer will be provided for the athletes if needed.
- 14. All coaches to wear masks when within 6 feet of athletes
- 15. Attendance will be kept for coaches & players.
- 16. Attendance will be recorded and logged.
- 17. Parent viewing area will be marked and each family will observe social distancing, local government mandated IDPH guidelines to be followed.
- 18. See web site for current IDPH guidelines: https://dceocovid19resources.com/assets/RestoreIllinois/businessguidelines4/youthsports.pdf
- 19. Families will try to limit attendance to parents and athletes to keep the group size at a minimum.
- 20. Players will practice social distancing while on the sidelines.
- 21. We will refrain from high-fives or group 'break downs.
- 22. No spitting or blowing of nose without the use of a tissue.
- 23. Immediately contact the program supervisor if your child tests positive for COVID-19.

Guidelines will be updated as needed.