

# Applause

## TALENT



Fall 2021

# Frankfort Square Park District



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**Park Board Meetings**

Day/Dates: Third Thursday of each month  
 Time: 7:30 pm  
 Location: Park District Administration Building  
 7540 W. Braemar Lane, Frankfort

**Administrative Staff**

Jim Randall, Executive Director  
 Linda Mitchell, Assistant to the Executive Director  
 Audrey Marcquenski, Director  
 Bonnie Roach, Office Manager  
 Nicolette Jerik, Office Manager  
 Julie Hein, Asst. Office Manager  
 Deb Klir, Clerical  
 Cindy Standish, Clerical  
 Arliss Bouton, Safety Coordinator

**Recreation Staff**

John Keenan, Superintendent of Recreation  
 Erin O'Brien, Recreation Supervisor

**Maintenance Staff**

Ed Reidy, Superintendent of Parks  
 Bill O'Shea, Assistant Superintendent of Parks  
 Al Grzyb, Assistant Superintendent of Parks

**Park Board of Commissioners**

Ken Blackburn, President  
 Dave Macek, Vice President  
 Craig Maksymiak, Treasurer  
 Frank Florentine, Commissioner  
 Denis Moore, Commissioner  
 Brian Mulheran, Commissioner  
 Joe Vlosak, Commissioner

**Join Our Team!**

Currently accepting applications for the following position:

Square Links Golf Course  
 BAS (Before & After School)



Apply online at [www.fspd.org](http://www.fspd.org)



**Frankfort Square  
Park District  
Administration Building**

7540 W. Braemar Lane  
Frankfort, IL 60423

Phone: (815) 469-3524  
Fax: (815) 469-8657  
Email: info@fspd.org

Visit us at our website at: [www.fspd.org](http://www.fspd.org)

**Office Hours:**

Monday, Tuesday, Thursday 9:00 am-4:00 pm  
Wednesday 9:00 am-noon  
Friday 9:00 am-3:00 pm

**Mission Statement**

It is the mission of the Frankfort Square Park District to provide accessible, non-discriminatory recreational services, facilities, and open space in an environmentally conscious, fiscally responsible manner.

**Free Mulch Provided to Frankfort Square  
Park District Residents**

Thanks to a cooperative effort between the Frankfort Township Road District and the Frankfort Square Park District, residents have access to free wood mulch for their personal landscaping needs. The mulch is available in the parking lot of the ballfields on St. Francis Road, located adjacent to Kiwanis Park.

- Mulch is provided in "as-is condition" with no warranty, written or implied.
- No dumping of any material is permitted.
- No landscape contractors, front loaders, or dump trucks permitted.

Free home delivery is offered by the Frankfort Township Road District by simply calling (708) 479-9673.

**Fall 2021 Registration**

Resident online registration begins Monday, July 19 at 9:00 am. When registering, you need to enter your Username and Password that was provided by the park district. If you have any problems registering online, please contact our office staff during business hours, and we will be happy to assist you.

We strongly encourage online registration as it has priority over mail-in or drop-off.

When logging out of our online registration system, please always use the SIGN OUT option instead of "Xing-out" of the page. Your household will lock out registration until you log in and log back out again.

Reminder: Online registration will close one day prior to the program start date.

**Registration Dates:**

Resident Online Registration  
Begins Monday, July 19, 2021 at 9:00 am.

Non-Resident Registration  
Begins Thursday, July 22, 2021 at 9:00 am.

The Frankfort Square Park District program waiver and release is located on page 35. For complete registration information, please see page 34.

Be sure to register early, programs fill quickly.

**Any Questions?**

Please contact the park office at:  
Phone (815) 469-3524  
Fax (815) 469-8657  
Website: [www.fspd.org](http://www.fspd.org)

Dear Frankfort Square Park District Residents:

Normal, back to normal, moving towards normal - popular thoughts for the time, and we here at the Frankfort Square Park District are headed in that direction. The idea all along is that by September 1 of this year we will be able to move towards offering a full slate of activities that residents have come to expect from their park district.

Although we plan to reopen facilities and programming, non-vaccinated individuals, and those under the age of twelve will be required to follow mandates that include wearing masks and practicing social distancing.

The Lincoln-Way North fitness center, fieldhouse, dance studio, and gymnasium will be open for annual passes. We are also looking forward to welcoming our Early Learning Center preschoolers back this fall. All the things we came to take for granted will return with a new appreciation for the facilities and activities the park district provides. Is this a guarantee? No, it's a plan subject to review and change in the interest of community health and safety, but it seems to be a real possibility.

In the interim, we continue to move forward with the best available information since entering Phase 5: Illinois Restored on June 11, 2021.

All park district facilities have been scrubbed clean and permanently changed. All buildings have been upgraded to provide cleaner air filtration and UV treatment. New cleaning protocols are in place, and for the most part, will remain. Wouldn't it be something if the cold and flu season would be minimized due to increased awareness

and better practices in indoor space? I'm looking for the silver lining that, with as bad as it's been, the knowledge we've gained through employing better practices will benefit our overall health.

We thank all residents that responded to the community-wide survey. The survey report is posted to the park district's website, [www.fspd.org](http://www.fspd.org), and I would encourage all to view the details that will provide a roadmap to your park district's future.

We hope to return to a printed brochure in January, 2022. Until then, the web version of this document provides an adaptable substitute, enabling us to adjust to the changes that have happened frequently in the past months.

We look forward to groups being able to return to the Community Center in greater numbers for community meetings. We also like to be considered for all the important celebrations, such as, birthdays, anniversaries, graduations, baptisms, and even the occasional wedding celebrations.

Will this happen? Hopefully, but no matter what our future provides, we will do our best to provide safe opportunities and services to meet our residents' needs.

Sincerely,

Jim Randall

Executive Director

### College Scholarship Program

The Frankfort Square Park District College Scholarship Program was founded in 2006 by the Park Board of Commissioners, seeking to provide funds for college-bound seniors that reside within the borders of the FSPD. Since its inception, the FSPD has provided \$130,000 in \$1,000 individual awards, thanks to area businesses, local organizations, and tournament participants that support the Park District's fundraising efforts during the annual College Scholarship Golf Tournament, held at Square Links Golf Course.

### 2021 College Scholarship Recipients

The achievements of the 2021 scholarship recipients were found to be exemplary among a field of outstanding applicants. The Board Members and staff of the Frankfort Square Park District congratulate the following individuals and wish them much success with their college careers: Marissa Beranek, Olivia Jozaitis, Makenna Krylowicz, Alyssa LaFave, Jessica Smith, Katelin Soroko, Tyler Utt, and Rhianna Young.

## Early Learning Center-Preschool

### 2021-2022 School Year

Registration is currently full for both 3 & 4 year old preschool, but we highly encourage you to be added to the waitlist as openings may occur.

In order to secure your preschoolers spot in class, a \$25 deposit is due at the time of completing registration. Tuition will be charged on the 15th of each month beginning September 15th and ending on April 15th. The deposit is not an additional fee but comes off the total tuition. Upon check out, you will select if you want to pay in full or utilize the payment plan set up in the system.

Note: All participants must be toilet trained and ready for the preschool setting. Birth certificates must be provided prior to the start of the school year.

### 3 Year Old Preschool Program

The emphasis for our 3 year olds is socialization imbedded in a learning environment. Children will be read stories every day that relate to a daily theme. In addition, they will spend time discussing the story so they can practice their comprehension and speaking/listening skills. Along with the story, children sing songs, move to music, assemble puzzles, play games, and have some free time to explore other areas of interest. We will work on color, shape, number, and letter recognition along with learning to write our names. Finally, we will focus on many things, people, and places in the world around us as we learn and grow.

Age: 3 years old on or before Sept. 1, 2021  
 Days/Dates: Tues & Thurs, Sept 14, 2021-May 2022  
 Fee: \$850 R / \$1,062.50 NR  
 Location: Park District Administration Building  
 Time: 9:15-11:15 am

### 4 year Old Preschool Program

Our 4 year old program will focus on preparing students for kindergarten in a socially-based preschool setting. We will work on number and letter recognition, as well as pre-reading skills such as rhyming and letter sounds. Mathematical skills such as sorting, sequencing, counting, recognizing numbers, and comparing numbers/quantities will be introduced. Finally, we will discuss and explore seasons, holidays, and weather. Through learning centers, songs, movement activities, craft projects, science experiments, and hands-on activities, your child will have fun while learning in a comfortable atmosphere.

Age: 4 years old on or before Sept 1, 2021  
 Days/Dates: Mon, Wed, Fri, Sept 13-May 2022  
 Fee: \$1,500 R / \$1,875 NR  
 Location: Park District Administration Building  
 Time: 9:00 am-11:30 am  
 Noon-2:30 pm



**Before and After School Program (BAS)**

The Before and After School (BAS) program provides students of Summit Hill School District 161, in grades kindergarten through six, a structured, safe place to be cared for immediately before and after school. Working parents have the assurance that their children are in a quality program in an ideal environment, knowing that they are being well supervised. Our program is staffed by certified teachers as well as other trained, experienced leaders, all employed by the park district. Hours are from 6:30 am until school begins and immediately after school until 6:30 pm, including all half days.

Transportation will be provided by existing school buses at all participating Summit Hill District 161 schools.

Students have access to a full size gymnasium for games and active play, along with a full playground. A baseball field, pickleball courts and a playground are directly outside the building for the children to use as well.

Initial registration must be completed at the park district to ensure parents/guardians receive all the necessary paperwork. Registration for the specific days may be completed by the parent/guardian, either online or at the park district office. **Each participant must be registered by Wednesday at noon, ten days prior to the week needed, to allow for staffing and roster completion.**

**Open to the following schools: Arbury Hills, Indian Trail, Frankfort Square, Julian Rogus, and Hilda Walker. Lincoln-Way 210 school buses will transport child(ren) from their school to Mary Drew.**

Snow day info: Care will also be offered on days that Summit Hill School District 161 closes for snow or other weather-related emergencies. All BAS participants already registered for that day are welcome to attend at no additional charge. Students not registered are welcome at a drop in fee of \$35/day. Care will be provided from 6:30 am-6:30 pm.

Grades: K - 6th

Dates: August 25-June 10

**Note: The BAS program will follow the Summit Hill 161 school calendar.**

Location: Mary Drew

BAS registration in this program is available only to students of Summit Hill School District 161.

Registration for BAS begins Monday, July 26.

**Fees 2021-2022 school year:**

Before School Only: \$12 per day per child

After School Only: \$14 per day per child

Due to COVID-19, each child will have their own supply kit used for crafts and activities. There will be a \$40 fee at time of registration for your child's supply kit. Masks are required for each child throughout the duration of the program

Prices are subject to change in the event Will County goes down a tier level due to COVID-19.

**In the event your child is dropped off and not on our roster, a \$25 drop-in fee will be automatically added to your household account, in addition to the regular single day fee.**

**BAS OPEN HOUSE**

**Wednesday, August 4th from 5:00-6:00pm at Mary Drew.**

**Tour the facility, ask questions, meet some of our team and pick up informational flyers.**

**\*FYI: The deadline for the first week of school will be Wednesday, August 11th at noon, both in-person and online.**

## Escapades

Days off from school can be inconvenient and boring...or they can be exciting and adventurous with day off school Escapades! There will be plenty of games, crafts, and activities each day to ensure plenty of fun and entertainment for your little ones. Please send your children with a sack lunch, a water bottle, and tennis shoes. No field trips or travel are allowed until we are able to do so in a non-social distance manner. Once field trips and travel are approved, your student will be required to wear an Escapades t-shirt each day. Escapade t-shirts can be purchased and picked up at the main office for \$12 per shirt. A minimum of 8 participants must be met in order for Escapades to run.

Grades: K-6th

Time: 9:00 am-5:00 pm

Fee: \$35 without trips and travel

Fee: \$50 with trips and travel once approved

Location: Mary Drew

**Back to School Backyard Games**-Each day will consist of plenty of activities played outside such as a water balloon toss, egg on a spoon, bucket brigade, and much more!

Mon, Aug 23

Tues, Aug 24

**Halloween Spirit**-On Friday we will be painting mini pumpkins and on Monday we will be painting gourds.

Friday, Oct 8

Monday, Oct 11

**Give Thanks for Days off!**-Give thanks for pilgrims, Native Americans, and turkey!

Mon, Nov 22

Tues, Nov 23

Wed, Nov 24

**Winter Wonderland**- During this three day Escapade, we will enjoy winter themed-crafts, snacks, and activities.

Mon, Dec 20

Tues, Dec 21

Wed, Dec 22

Thurs, Dec 23

**Ring in the New Year!**- During this three day escapade, we will prepare to ring in the New Year as we look forward to new things to come!

Mon, Dec 27

Tues, Dec 28

Wed, Dec 29

Thurs, Dec 30

**Martin Luther King Day**- Enjoy this day off by staying warm with friends while making s'mores.

Mon, Jan 17

**Presidents Day Challenge**- Students will enjoy different challenges/obstacles to play in the gym. After they compete in the courses they will head off site on a trip.

Mon, Feb 21

**Spring Break Getaway**- Who knew there could be a beach vacation in Frankfort? The whole week will consist of beach games and activities...it'll almost feel like a tropical vacation!

Mon, Mar 28

Tues, Mar 29

Wed, Mar 30

Thurs, Mar 31

Fri, Apr 1

**Easter Games**- Hop around Mary Drew playing carnival-style games both inside and outside pending weather.

Mon, Apr 18

**Countdown to Summer**-Enjoy this day off with fun summer themed games.

Friday, May 27

Day Off Escapades are available to all students in grades K-6<sup>th</sup>, regardless of the school district they attend.

### ABC...123... Who's ready for a back to school party?- NEW!

Let's celebrate the new school year together! You'll get to stuff your very own teddy bear, hear a fun school story, make a back to school craft, dance around, play a game and end with a grand finale march! It's a brand new year full of new teachers, new friends, and new memories! Join this class to commence all the fun you're about to have this year!

**300027-00**

Ages: 6-8  
 Day/Date: Mon, Aug 23  
 Time: 4:00-5:00 pm  
 Fee: \$30 R / \$37.50 NR  
 Location: Mary Drew Room 104

### Preschool Prep

Join us for an hour of fun! Activities will help promote language, positive social interaction, and large and small motor development through the use of age-appropriate materials and equipment. The philosophy is play based and each class will include coloring and / or painting, play, story-time and snack. Each student will have a supply kit made for all craft supplies used. Please provide your own snack and drink.

Ages: 2 ½ - 3  
 Time: Noon-1:00 pm  
 Fee: \$45 R / \$56.25 NR / 5 sessions  
 Location: Park District Administration Building

**301052-00** Day/Dates: Tues, Sept 14-Oct 19  
 (no class Oct 11)

**301052-01** Day/Dates: Tues, Nov 2-Dec 7  
 (no class Nov 23)

### Character Creation Drawing

In this class our artists will learn the basics of cartooning and create their own characters! Each class, students will learn techniques used in cartooning such as how to show characteristics, features, exaggeration, action, and more. We will apply new skills in every class to create our own original cartoon characters.

**304021-04**

Grades: K-6th  
 Day/Dates: Tues, Sept 14-Oct 5  
 Time: 5:30-6:30 pm  
 Fee: \$40 R / \$50 NR / 4 sessions  
 Location: Mary Drew Room 104

### Tot Time

Are you ready to meet new people and spend some play-time with your little one in a non-structured environment? This is the class for you! We will explore large and fine motor activities through play (lots of toys), circle time (we sing songs and do finger plays), and special time (different each week, examples are: playing with the parachute, musical instruments, crafts, etc.). So take some time and have fun with us!

Ages: Walking-3 (with adult)  
 Time: 10:30-11:15 am  
 Location: Frankfort Founders Center  
 140 Oak Street

**301051-02** Tues, Sept 14-Oct 12  
 Fee: \$35 R / \$40 NR / 5 sessions

**301051-03** Tues, Nov 2-30  
 Fee: \$35 R / \$40 NR / 5 sessions

### Wiggles & Giggles

Preschoolers will wiggle and giggle their way through this fun-filled class while stretching their muscles and marching to music. Age-appropriate activities will vary each week using balls, balloons, and bubbles! Fingerplays, rhymes and rhythm movements, hoops and parachutes are also included.

Ages: 2 -3 (with parent)  
 Time: 9:30-10:15 am  
 Location: Frankfort Founders Center  
 140 Oak Street

**301060-02** Tues, Sept 14-Oct 12  
 Fee: \$35 R / \$40 NR / 5 sessions

**301060-03** Tues, Nov 2-30  
 Fee: \$35 R / \$40 NR / 5 sessions



## Babysitter Training

This is a two-day class that focuses on providing youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly provide care for children and infants in the absence of parents. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave and learn about basic child care and basic first aid. Certification for this class includes participant workbook and other training supplies as well as an American Red Cross Babysitters Training Certificate. Attendance is required for the entire two days to receive a certificate. Any exceptions need to be approved in advance by the instructor.

Ages: 11-15

**304019-01** Days/Dates: Mon, Sept 20 & Wed, Sept 22

**304019-02** Days/Dates: Mon, Nov 15 & Wed, Nov 17

Time: 4:30-8:00 pm

Location: Frankfort Founders Center  
140 Oak Street

Fee: \$75 R / \$80 NR

## Magic Class

Children will have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. New tricks are always taught each session!

Ages: 5-12

Fee: \$22 R / \$28 NR

Location: Frankfort Founders Center  
140 Oak Street

**304120-03** Day/Date: Thurs, Oct 14

Time: 5:00-5:55 pm

**304120-04** Day/Date: Mon, Dec 6

Time: 5:00-5:55 pm

## Safe At Home

This class is for the child who stays by himself/herself occasionally, cares for siblings, babysits, or is just ready to accept responsibility. Topics covered include: safety in the home, use of keys, what to do in case of an emergency, strangers, and house rules.

**304007-02**

Ages: 6-10

Day/Date: Mon, Oct 18

Time: 4:30-6:00 pm

Fee: \$35 R / \$40 NR

Location: Frankfort Founders Center  
140 Oak Street

## First Aid for Kids

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons, and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received.

**304013-00**

Ages: 6-10

Day/Date: Mon, Oct 18

Time: 6:30-8:00 pm

Fee: \$35 R / \$40 NR

Location: Frankfort Founders Center  
140 Oak Street

## Halloween Pumpkin Face Cookie Decorating

Each participant will be given 6 plain cookies to decorate spooky pumpkin faces. They will then be provided with their own container of orange frosting and separated bags of candy to make spooky Halloween pumpkin faces. All ingredients are peanut and tree nut free.

**300024-00**

Ages: 4-10

Day/Date: Mon, Oct 18

Time: 4:30-5:15 pm

Fee: \$14 R / \$17.50 NR

Location: Mary Drew Room 104

## Mixed Media

The mixed media art classes offer a blend of the use of different art mediums such as pencil, paint, pastels, and paper as an introduction to various styles and elements. Students will produce a unique art project each week, and will progressively learn skills that will be applied throughout the courses. All art supplies will be provided.

**304003-04**

Grades: K-6th

Day/Dates: Thurs, Oct 21-Nov 11

Time: 5:30-6:30 pm

Fee: \$40 R / \$50 NR / 4 sessions

Location: Mary Drew Room 104

### Dino-Riffic Fun

Calling all Paleontologists! Our little dinosaurs will dive into the fascinating world of reptiles that lived long ago. They will do a craft, create their own fossil to “oven bake” at home, and share fun stories.

#### 300026-00

Ages: 4-10  
 Day/Date: Mon, Nov 8  
 Time: 4:30-5:30 pm  
 Fee: \$18 R / \$22.50 NR  
 Location: Mary Drew Room 104

### Create Your Own Gingerbread House

We are all decorating our homes for the holidays. How about decorating a gingerbread house with someone you love? All supplies will be provided to design a one of a kind gingerbread house. All gingerbread houses will already be put together. Milk and cookies will be provided for snack.

#### 300020-03

Ages: 4-10  
 Day/Date: Thurs, Dec 9  
 Time: 4:30-5:30 pm  
 Fee: \$22 R / \$27.50 NR  
 Location: Mary Drew Room 104



### Santa's Craft Corner

It's that time, Christmas is here! Come on out and get in the holiday spirit at this memorable event. We will eat cupcakes, create a craft, and visit with Santa. Don't delay in reserving your spot. **Sorry, no refunds can be given for this event. Pre-registration is required, no tickets will be sold at the door.**

#### 301171-01

**Ages:** All (Children under the age of 10 must be accompanied by an older sibling or adult age 18 or older.)

**Day/Date:** Fri, Dec 10

**Time:** 6:30-7:00 pm

**Fee:** \$6 R / \$7.50 NR

**Location:** Mary Drew Gymnasium

### Santa's Mailbox

**Parents & Guardians:** Surprise your child(ren) by getting mail from Santa! Fill out our questionnaire form and then drop it in our very special North Pole mailbox located in the lobby of the Park District Administrative Building. **Be sure to drop your letter off by Thursday, December 9** so Santa has plenty of time to reply during his busiest time of the year. Don't forget to include your address so Santa can write back!

#### 301170-00

**Fee:** \$5 R / \$6.50 NR

### Polar Express

We will read the Polar Express story on the train while the conductor punches your ticket. Cookies and a beverage will be served. When the train reaches the North Pole (Joliet), Santa joins the group. All children will go home with a train whistle and silver bell. Bring your camera! Event is only open to Frankfort Square Residents. Beginning Monday, September 20, residents can register online or in-person. Registration will close on November 1. A letter will be available online for you to print &/or preview to know what to expect for this special event.

**Ages:** All

**Day/Date:** Sat, Nov 20

**50008-01** Time: 11:18 am depart Tinley 80th Ave

**50008-02** Time: 1:18 pm depart Tinley 80th Ave

**Fee:** \$14 R per family member

**Location:** Tinley Park 80th Avenue Train Station



**For additional adult Program opportunities please visit other sections of the brochure, BDC (22), Golf (26-27), and F.A.N. (28).**

### Upholstery Class

Do you have an upholstered chair, ottoman, or dining room chair that you cannot part with because it belonged to a relative, is an antique, or you thought someday you would have it redone? This class is for you! Learn how to up-cycle old furniture back to usable again. This is a hands-on class, so while you work on your piece, you will learn how to take apart, repair, refurbish, and reupholster furniture. There is storage available for furniture projects during the class term.

Ages: 18 & Up  
 Fee: \$160 R / \$165 NR / 8 sessions  
 Location: Lincoln-Way North Wood Shop  
 Please use Field House Entrance

**307102-00** Day/Dates: Tues, Sept 14-Nov 2  
 Time: 11:00 am-2:00 pm

**307102-01** Day/Dates: Wed, Sept 15-Nov 3  
 Time: 6:15-9:15 pm

### Social Ballroom Dance

Grab your partner and put on your dancing shoes! In no time at all you'll learn the basic steps of the waltz, foxtrot, rumba, and jitterbug. This class emphasizes fun, ease of movement, and music recognition. This class is a great way to get ready for all those upcoming events, such as weddings, reunions, and parties. Our instructor combines the joy of movement with the romance of ballroom dancing. Instruction will be taught in a friendly and relaxed atmosphere. Please register with a partner.

Ages: 18 & Up  
 Fee: \$42 R / \$47 NR / 4 sessions  
 Location: Frankfort Founders Center  
 140 Oak Street

**307006-00** Day/Dates: Thurs, Sept 23-Oct 14  
 Time: 7:00-8:00 pm

**307006-01** Day/Dates: Thurs, Oct 28-Nov 18  
 Time: 7:00-8:00 pm

### Adult Chess Scholars-NEW!

Chess Scholars adult chess programs are designed for a wide range of players, from teenagers to seniors, and from absolute beginners through an intermediate level ready for tournament play. Chess stimulates cognitive, metacognitive, social, and emotional development in people of all ages! Our chess coaches will be covering such topics as how the pieces move, the concepts of check and checkmate, the relative value of the pieces, and an introduction of strategy, tactics and basic endgames. Each class will begin with an instructional period and then we will play in-class games. A social and fun chess tournament will be held at the end of the session.

### 307013-00

Ages: 18 & Up  
 Day/Dates: Wed, Sept 29-Nov 3  
 Time: 5:45-6:45 pm  
 Fee: \$125 R / \$130 NR  
 Location: Frankfort Founders Center  
 140 Oak Street

### AARP Driver Safety

This program is designed to give adults the tools needed to drive defensively and be better aware while behind the wheel. Completion of this AARP course may qualify you for an auto insurance discount. Pre-registration is required, but you will make payment the day of. Make checks payable to AARP. Please remember to bring your AARP membership card, if you are a member. Feel free to bring a lunch or snack.

### 307003-02

Ages: 50 & Older  
 Day/Dates: Thurs, Oct 7 & Fri, Oct 8  
 Time: 9:30 am-1:30 pm  
 Fee: \$20 AARP Members / \$25 Non-AARP Members  
 Location: Park District Board Room



# Braemar Dance Center

## NOW OFFERING PAYMENT PLANS THROUGH ONLINE REGISTRATION OR IN-PERSON!

In order to secure your dancer's spot in class, a \$25 deposit is due at time of registration for each class. Tuition will be split in two, charging half of the class fee on September 22 and half on October 22. The deposit is not an additional fee but comes off the total tuition. Upon check out, you will select if you want to pay in full or utilize the payment plan set up in the system.

Below is a general description for each dance style. Difficulty level is increased with each grade level.

Company prices include fall & winter/spring seasons. Additional rehearsals will be scheduled over holiday school breaks.

All dance classes will be held at the Mary Drew Studios located at 20130 S. Rosewood Drive, Frankfort. Studios will be assigned and posted the week classes start. When Summit Hill School District #161 closes due to the weather, dance classes will be cancelled.

With each age and level, the difficulty and pacing of class will increase. Should any questions arise as to which level a dancer should be in, please contact Donnette at [dcannonie@fspd.org](mailto:dcannonie@fspd.org). Teachers will also evaluate dancer levels the first week of class and make individual recommendations, if needed.

Refer to the Braemar Fall 2021 Quick Glance Dance Calendar on page 23

### Acro

Acro-Gymnastics teaches strength, flexibility, and tumbling. Gymnastics skills include the list next to each level but are not limited to the list. All classes will start with stretching, warm ups, tumbling skills, drills, and conditioning. All tumbling takes place on mats with the goal to complete skills on the dance floor. The skills learned in Acro are geared towards the dancer's choreography.

### Ballet

Students will learn classical ballet techniques and terminology for the style that is the building block of dance. Each class includes barre exercises, center floor work, and across-the-floor combinations while focusing on grace, balance, and precision of movement.

### Contemporary

This class will work on concepts of contemporary dance, combining technique of jazz, ballet, and modern through more advanced combinations. Students will develop a physical and conceptual awareness of movement and performance skills while building coordination, strength, and flexibility.

### Hip Hop

This class will introduce basic hip hop movement while developing coordination, rhythm, and musicality through combinations set to upbeat music.

### Jazz

Jazz dance combines techniques of classical ballet and modern dance with the current forms of popular dance. Jazz also has its own movement vocabulary ranging from the isolation of certain body parts to the movement of the entire body with the accents of musical rhythms. Emphasis is on the importance of energy, rhythmical accuracy, and style.

### Musical Theatre

Dancers will learn fun and energetic movements set to classic Broadway music and iconic show tunes. Class will be loaded with lots of personality and mix jazz dance, with theatre-style dance and performance.

### Pointe

Pointe class will build on ballet technique by advancing to hard-toe shoes (do not purchase shoes until notified by instructor). It will include exercises to strengthen calf muscles, ankles, and arches of the feet. Exercises will begin at the barre for safety and stability. Students will progress to exercises in the center to practice their balance and increase their strength.

### Tap

This class is designed to increase rhythm, style, and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun.

**Company/Competition Team**

Company class students will learn dances, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Class requirements are within each company's description. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

**Pre-Professional**

Program open for 11th and 12th graders who are looking to pursue a career in dance or enter a college level dance program. Dancers must be registered for at least 4 High School Advanced level classes, one of which must be ballet. This course will include movement classes in specific styles, but also mock auditions, choreography development, teaching techniques, and guest presenters!

**Join us! Open House & Shoe Fitting Day at Mary Drew**  
**Wed, Sept 1st & Thurs, Sept 2nd from 5-7 pm**  
 Meet the instructors, tour the dance studios, ask questions, and get your shoe fittings before classes begin.

**Mandatory Company Parent Meeting**  
**Thurs, Sept 2nd**

**Company Mini-3: 5:30 pm-6:00 pm**  
**Company 4-7: 6:30 pm-7:00 pm**

*Please refer to the breakdown below for class options that are offered by grade in school.*

**Preschool Dancers****Pre-Ballet**

Students are introduced to ballet technique including ballet positions of the feet and arms and creative movement through play.

**305031-00**

Grades: Preschool  
 Day/Dates: Sat, Sept 11-Dec 4 (no class Nov 27)  
 Time: 9:00-9:45 am  
 Fee: \$118 R / \$147.50 NR

**Pre-Ballet**

Students are introduced to ballet technique including ballet positions of the feet and arms and creative movement through play.

**305031-01**

Grades: Preschool  
 Day/Dates: Mon, Sept 11-Dec 4 (no class Nov 27)  
 Time: 4:00-4:45pm  
 Fee: \$118 R / \$147.50 NR

**Preschool-K Acro**

Introduction to basic tumbling skills. Class level will work on forward roll, handstand, cartwheel and bridge on the floor.

**305031-02**

Ages/Grade: 3 & 4 years old / Kindergarten  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 4:00-4:45 pm  
 Fee: \$118 R / \$147.50 NR

**Kindergarten-1st Grade Dancers****Ballet K-1st****305032-00**

Grades: Kindergarten-1st  
 Day/Dates: Thurs, Sept 8-Dec 2 (no class Nov 25)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**Ballet/Tap (Saturday)**

This class explores ballet fundamentals in greater depth, along with the rhythm and coordination of tap dance. Dancers will enjoy this interactive class that builds on basic movements learned in pre-ballet, but is still appropriate for first-time dancers.

**305032-01**

Grades: Kindergarten-1st  
 Day/Dates: Sat, Sept 11-Dec 4 (no class Nov 27)  
 Time: 10:00-10:55 am  
 Fee: \$128 R / \$160 NR

**Ballet/Tap (Tuesday)**

This class explores ballet fundamentals in greater depth, along with the rhythm and coordination of tap dance. Dancers will enjoy this interactive class that builds on basic movements learned in the pre-ballet but is still appropriate for first-time dancers.

**305032-02**

Grades: Kindergarten-1st  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR



**Contemporary K-1st****305032-03**

Grades: Kindergarten-1st  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Hip Hop K-1st****305032-04**

Grades: Kindergarten-1st  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 4:00-4:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Jazz/Hip-Hop**

This class gives an introduction into two high energy, fun styles of dance! Both jazz technique and hip-hop will be explored working on rhythm, levels and musicality for the young dancer.

**305032-05**

Ages: Kindergarten  
 Day/Dates: Sat, Sept 11-Dec 4 (no class Nov 27)  
 Time: 11:00-11:55 am  
 Fee: \$128 **R** / \$160 **NR**

**Mini Company-NEW!**

Company class students will learn either a jazz, hip hop, or contemporary routine, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ONE additional class (ballet recommended, acro not included) but encouraged to take more. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

**305032-06**

Grades: Kindergarten-1st  
 Day/Dates: Thurs, Sept 16- Dec 9 (no class Nov 25)  
**Spring session dates to be announced**  
 Time: 6:00-6:55 pm  
 Fee: \$328 **R** / \$410 **NR** / 27 sessions + rehearsals. \*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

**Preschool-K Acro**

Introduction to basic tumbling skills. Class level will work on forward roll, handstand, cartwheel, and bridge on the floor.

**305031-02**

Ages/Grade: 3 & 4 years old / Kindergarten  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 4:00-4:55 pm  
 Fee: \$118 **R** / \$147.50 **NR** / 12 sessions

**Acro I**

Class level will work on forward roll, handstand, cartwheel, round-off and standing back bend into a kick over.

**305032-07**

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**2nd-3rd Dancers****Ballet 2nd-3rd****305033-00**

Grades: 2nd-3rd  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 4:00-4:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Contemporary 2nd-3rd****305033-01**

Grades: 2nd-3rd  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Hip Hop 2nd-3rd****305033-02**

Grades: 2nd-3rd  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 4:00-4:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Jazz 2nd-3rd****305033-03**

Grades: 2nd-3rd  
 Day/Dates: Wed, Sept 15- Dec 8 (no class Nov 24)  
 Time: 4:00-4:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Musical Theatre 2nd-3rd****305033-04**

Grades: 2nd-3rd  
 Day/Dates: Thurs, Sept 16- Dec 9 (no class Nov 25)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**Tap 2nd-3rd****305033-05**

Grades: 2nd-3rd  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Company Class I**

Company class students will learn a jazz and/or contemporary and/or hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet (age appropriate level) AND at least one of the following classes: jazz, contemporary, hip hop or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

**305033-06**

Grades: 2nd-3rd  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
**Spring session dates to be announced**  
 Time: 5:00-5:55 pm  
 Fee: \$328 R / \$410 NR / 27 sessions & rehearsals.

\*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

**Acro I**

Class level will work on forward roll, handstand, cartwheel, round-off, and standing back bend into a kick over.

**305032-07**

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Acro 2**

Class level will work on back & front limber, back walk-over & front walkover, and introduction to flip flops/aerials. We will also combine skills into passes for tumbling combinations.

**305033-07**

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**4th-6th Grade Dancers****Ballet 4th-6th****305034-00**

Grades: 4th-6th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**Contemporary 4th-6th****305034-04**

Grades: 4th-6th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 4:00-4:55 pm  
 Fee: \$128 R / \$160 NR

**Hip Hop 4th-6th****305034-06**

Grades: 4th-6th  
 Day/Dates: Mon, Sept 13-Dec 6 (no Class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**Jazz 4th-6th****305034-02**

Grades: 4th-6th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR



## Musical Theatre 4th-6th

### 305034-10

Grades: 4th-6th  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

## Tap 4th-6th

### 305034-08

Grades: 4th-6th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no Class Nov 25)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

## Strength/Conditioning/Technique-NEW!

### 305034-13

Grades: 4th-6th  
 Day/Dates: Tues, Sept 14- Dec 7 (no class Nov 23)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

## Company Class 2

Company class students will learn a jazz/contemporary and/or hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet or S/C/T (age-appropriate level) AND at least one of the following classes: jazz, contemporary, hip hop, or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

### 305034-12

Grades: 4th-5th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
**Spring session dates to be announced**  
 Time: 6:00-6:55 pm  
 Fee: \$328 R / \$410 NR / 27 sessions & rehearsals.

\*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.



## Company Class 3

Company class students will learn a jazz/contemporary and/or hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet or S/C/T (age-appropriate level) AND at least one of the following classes: jazz, contemporary, hip hop, or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

### 305034-14

Grades: 6th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
**Spring session dates to be announced**  
 Time: 4:00-4:55 pm  
 Fee: \$328 R / \$410 NR / 27 sessions + rehearsals.

\*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

## Acro 1

Class level will work on forward roll, handstand, cartwheel, round-off and standing back bend into a kick over.

### 305032-07

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

## Acro 2

Class level will work on back & front limber, back walk-over & front walkover, and introduction to flip flops/aerials. We will also combine skills into passes for tumbling combinations.

### 305033-07

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 25)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

## Acro 3

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

### 325035-15

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR



## 7th-8th Grade Dancers

### Ballet 7th-8th

**325035-00**

Grades: 7th-8th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 4:00-4:55 pm  
 Fee: \$128 R / \$160 NR

### Jazz 7th-8th

**325035-02**

Grades: 7th-8th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

### Contemporary 7th-8th

**325035-05**

Grades: 7th-8th  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

### Hip Hop 7th-8th

**325035-08**

Grades: 7th-8th  
 Day/Dates: Mon, Sept 13-Dec 6 (no Class Nov 22)  
 Time: 4:00-4:55 pm  
 Fee: \$128 R / \$160 NR

### Musical Theatre 7th-8th

**325035-12**

Grades: 7th-8th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 4:00-4:55 pm  
 Fee: \$128 R / \$160 NR

### Pre-Pointe

**325035-04**

Grades: 7th-12th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 7:00-7:55 pm

Fee: \$128 R / \$160 NR

### Tap 7th-8th

**325035-10**

Grades: 7th-8th  
 Day/Dates: Wed, Sept 15-Dec 8 (no Class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

### Strength/Conditioning/Technique-NEW!

**325035-06**

Grades: 7th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

### Strength/Conditioning/Technique-NEW!

**325035-14**

Grades: 7th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

### Company Class 4

Company class students will learn a jazz, contemporary, and/or hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet or S/C/T (age appropriate level) AND at least two of the following classes: jazz, contemporary, hip hop or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

**325035-16**

Grades: 7th-8th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
**Spring session dates to be announced**  
 Time: 5:00-5:55 pm  
 Fee: \$328 R / \$410 NR / 27 sessions & rehearsals.

\*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

**Acro 2**

Class level will work on back & front limber, back walk-over & front walkover, and introduction to flip flops, aerials, and handsprings. We will also combine skills into passes for tumbling combinations.

**305033-07**

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15–Dec 8 (no class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**Acro 3**

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

**325035-15**

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15–Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

**Freshmen in High School****Jazz Fr****325036-03**

Grade: 9th  
 Day/Dates: Wed, Sept 15-Dec 8 (no Class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$128 R / \$160 NR

**Hip Hop Fr****325036-05**

Grade: 9th  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

**Contemporary Fr****325036-04**

Grade: 9th  
 Day/Dates: Mon, Sept 13-Dec 6 (no Class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Tap Fr****325036-06**

Grades: 9th-12th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Ballet Fr****325036-00**

Grade: 9th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Ballet HS****325037-01**

Grade: 9th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 5:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Musical Theatre Fr****325036-07**

Grade: 9th  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$108 R / \$135 NR / 12 sessions

**Pre-Pointe****325035-04**

Grades: 7th-12th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

**Strength/Conditioning/Technique-NEW!****325035-06**

Grades: 7th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

**Strength/Conditioning/Technique-NEW!****325035-14**

Grades: 7th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR





### Company Class 5

Company class students will learn a jazz/contemporary and hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet or S/C/T (age appropriate level) AND at least TWO of the following classes: jazz, contemporary, hip hop or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

#### 325036-08

Grade: 9th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
**Spring session dates to be announced**  
 Time: 7:00-7:55 pm  
 Fee: \$328 R / \$410 NR / 27 sessions + rehearsals. \*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

### Acro 3

Class level will work on handspring, flip flops, round-off flip flops, aerials, and tucks. Standing tumbling includes tucks and pikes.

#### 325035-15

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

### Acro 4

Running and standing tumbling with new combinations introduced.

#### 325036-01

Grades: 9th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 8:00-8:30 pm  
 Fee: \$65 R / \$81.25 NR

## Sophomore through Senior in High School

### Ballet

#### 325037-00

Grades: 10th-12th  
 Day/Dates: Tues, Sept 14-Dec 7 (no class Nov 23)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

### Ballet High School

#### 325037-01

Grades: 9th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

### Jazz So-Sr

#### 325037-04

Grades: 10th-12th  
 Day/Dates: Tues, Sept 14-Dec 7 (no Class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

### Hip Hop So-Sr

#### 325037-06

Grades: 10th-12th  
 Day/Dates: Mon, Sept 13-Dec 6 (no class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

### Contemporary So-Sr

#### 325037-05

Grades: 10th-12th  
 Day/Dates: Mon, Sept 13-Dec 6 (no Class Nov 22)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

### Tap High School

#### 325037-07

Grades: 9th-12th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 6:00-6:55 pm  
 Fee: \$128 R / \$160 NR

### Pre-Pointe

#### 325035-04

Grades: 7th-12th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

**Pointe****325037-02**

Grades: 10th-12th  
 Day/Dates: Thurs, Sept 16-Dec 9 (no class Nov 25)  
 Time: 7:00-7:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Strength/Conditioning/Technique-NEW!****325035-06**

Grades: 7th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Strength/Conditioning/Technique-NEW!****325035-14**

Grades: 7th-12th  
 Day/Dates: Wed, Sept 15- Dec 8 (no class Nov 24)  
 Time: 7:00-7:50 pm  
 Fee: \$128 **R** / \$160 **NR**

**Company Class 6**

Company class students will learn a jazz/contemporary and hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet or S/C/T (age appropriate level) AND at least TWO of the following classes: jazz, contemporary, hip hop or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

**325037-10**

Grades: 10th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
**Spring session dates to be announced**  
 Time: 6:00-6:55 pm  
 Fee: \$328 **R** / \$410 **NR** / 27 sessions 7 rehearsals.

\*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

**Company Class 7**

Company class students will learn a jazz/contemporary and hip hop dance, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Must be enrolled in ballet or S/C/T (age appropriate level) AND at least TWO of the following classes: jazz, contemporary, hip hop or musical theatre. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

**325037-03**

Grades: 11th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
**Spring session dates to be announced**  
 Time: 7:00-7:55 pm  
 Fee: \$328 **R** / \$410 **NR** / 27 sessions & rehearsals.

\*This price includes practice and rehearsals for the full year September-April. Competitions and costume fees are not included.

**Acro 3**

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

**325035-15**

Grades: Varies, based on skill level  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$128 **R** / \$160 **NR**

**Acro 4**

Running and standing tumbling with new combinations introduced.

**325036-01**

Grades: 9th-12th  
 Day/Dates: Wed, Sept 15-Dec 8 (no class Nov 24)  
 Time: 8:00-8:30 pm  
 Fee: \$65 **R** / \$81.25 **NR**

**Pre-Pro****325037-11**

Grades: 11th-12th  
 Day/Dates: Mon & Thurs, Sept 13-Dec 9 (no class Nov 22 & 25)  
**Spring session dates to be announced**  
 Time: 8:00-8:30 pm  
 Fee: \$128 **R** / \$160 **NR**

## Adult Classes

### Adult Tap

305038-00

Ages: 16 and Up  
 Day/Dates: Tues, Sept 14-Dec 7 (no Class Nov 23)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

### Adult Jazz-NEW!

305038-01

Ages: 16 and Up  
 Day/Dates: Thurs, Sept 16-Dec 9 (no Class Nov 25)  
 Time: 7:00-7:55 pm  
 Fee: \$128 R / \$160 NR

### Customized Private Lessons for Dancers

Accelerate your dance training by taking private lessons in your dance style of choice. Customized hour or half hour lessons can provide your dancer with focused instruction that can assist dancers who are looking to make greater strides in ability, receive extra help with class choreography, or deepen his or her understanding of a particular style. One, three, five, or ten private lesson punch cards are available at the Park District office and sessions can be scheduled through Donnette or Kari.

Ages: All  
 Days/Dates/Times:Varies- contact instructors  
 Fees: \$25 R / \$27 NR 30min. per session  
 (Purchase a 1, 3, 5, or 10 punch card at Park District)

### Customized Group Lessons

Looking to make your wedding more exciting and surprising for your guests? Or maybe need an idea for team-building, birthday or bridesmaids party? Let us choreograph a routine for either a group or a couple to add that extra level of fun and surprise to your event! Customized options for this one-of-a-kind lesson are available through the Braemar Dance Center. Please contact the office to speak to the teacher or choreographer who can personalize a dance or lessons just for you!

Code:  
 Ages: All  
 Time: Varies  
 Fee: Contact Kari directly to schedule private lessons  
 Location: Mary Drew Dance Studio

### Dress Code Requirements

*Any additional questions regarding dance attire can be discussed with the teacher.*

### Ballet Classes

Girls: Ballet leotard, pink tights, pink leather ballet shoes,. May wear ballet skirts. Hair must be neatly tied up.  
 Boys: T-shirt and athletic shorts, white socks, and black leather ballet shoes.

### Ballet/Tap Classes

Girls: Ballet leotard, pink tights, pink leather ballet shoes, and black tap shoes. May wear ballet skirts. Hair must be neatly tied up.  
 Boys:T-shirt and athletic shorts, white socks, black leather ballet shoes, and black tap shoes.

**Tap Classes** Comfortable clothes that allow easy movement and black tap shoes; no jeans.

### Jazz

Girls: Leotard or tank top, jazz pants/leggings/athletic shorts, nude jazz shoes  
 Boys:T-shirt and athletic shorts, black jazz shoes

**Hip-Hop** Comfortable clothes that allow easy movement and gym shoes; no jeans.

**Contemporary** Comfortable clothes that allow easy movement; no jeans; no shoes.

**Musical Theatre-** Comfortable clothes that allow easy movement and nude jazz shoes.



## Braemar Dance Center Weekly Class Schedule Fall 2021

Monday	Tuesday	Wednesday	Thursday	Saturday
4:00pm Hip Hop 7 <sup>th</sup> -8 <sup>th</sup> Preschool Ballet (45 min) Hip Hop 2 <sup>nd</sup> -3 <sup>rd</sup>	4:00pm Company 3 (6 <sup>th</sup> ) Ballet 2 <sup>nd</sup> -3 <sup>rd</sup> Hip Hop K-1 <sup>st</sup> Ballet 7 <sup>th</sup> -8 <sup>th</sup>	4:00pm Contemporary 4 <sup>th</sup> -6 <sup>th</sup> Acro Preschool-K (45 min) Jazz 2 <sup>nd</sup> -3 <sup>rd</sup> Musical Theatre 7 <sup>th</sup> -8 <sup>th</sup>	4:00pm	9:00am <i>Preschool Ballet</i> (45 min)  10:00am <i>Ballet/Tap K-1<sup>st</sup></i>  11:00am <i>Hip Hop/Jazz K-1<sup>st</sup></i>
5:00pm Contemporary 7 <sup>th</sup> -8 <sup>th</sup> Musical Theatre Fr Contemporary 2 <sup>nd</sup> -3 <sup>rd</sup> Hip Hop 4 <sup>th</sup> -6 <sup>th</sup>	5:00pm Ballet 4 <sup>th</sup> -6 <sup>th</sup> Ballet/Tap K-1 <sup>st</sup> Company 1 (2 <sup>nd</sup> -3 <sup>rd</sup> ) Jazz 7 <sup>th</sup> -8 <sup>th</sup>	5:00pm Company 4 (7 <sup>th</sup> -8 <sup>th</sup> ) Acro 2 Jazz Fr Musical Theatre So-Sr	5:00pm Musical Theatre 2 <sup>nd</sup> -3 <sup>rd</sup> Tap 4 <sup>th</sup> -6 <sup>th</sup> Ballet K-1 <sup>st</sup>	
6:00pm Hip Hop So-Sr Musical Theatre 4 <sup>th</sup> -6 <sup>th</sup> Contemporary K-1 <sup>st</sup> Contemporary Fr	6:00pm Jazz So-Sr Company 2 (4 <sup>th</sup> -5 <sup>th</sup> ) Tap 7 <sup>th</sup> -8 <sup>th</sup> Ballet Fr	6:00pm S/C/T* 7 <sup>th</sup> -HS Acro 1 Ballet HS (Opt 2) Company 6 (So)	6:00pm Tap HS Tap 2 <sup>nd</sup> -3 <sup>rd</sup> Mini Company( K-1 <sup>st</sup> ) Jazz 4 <sup>th</sup> -6 <sup>th</sup>	
7:00pm Contemporary So-Sr Hip Hop Fr	7:00pm Company 5 (Fr) S/C/T* 4 <sup>th</sup> -6 <sup>th</sup> Adult Tap Ballet So-Sr (Opt 1)	7:00pm Company 7 (Jr -Sr) Acro 3 S/C/T* 7 <sup>th</sup> -HS	7:00pm Pointe 10 <sup>th</sup> -12 <sup>th</sup> Pre-Pointe 7 <sup>th</sup> -12 <sup>th</sup> Adult Jazz	
8:00pm Pre-Pro Jr-Sr (30 min)		8:00pm Acro 4 (30 min)	8:00 Pre-Pro Jr- Sr  (30 min)	
*S/C/T-Strength/ Conditioning/Technique				

*All classes are 55 minutes unless the time has been listed below the class. All classes are subject to change.*

## Fall Basketball Skills Clinic

Spend time each week working on a different aspect of basketball. This clinic is for players that want to get ready for the basketball season or keep their skills sharp doing more intensive drills. We will focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals. Each week we will focus on a specific skill and workouts will be directed more for the individual player to get as much work and reps in as they can.

### 303216-03

Ages: 8-13  
 Day/Dates: Tues, Sept 7-Oct 5  
 Time: 6:30-7:30 pm  
 Fee: \$63 R / \$80 NR / 5 sessions  
 Location: TBD

## Family Twosome Bowling League

Join the Adult/Youth Scholarship Bowling League. The League will bowl every other week for 8 weeks. The fee includes shoe rental, use of the bowling balls, and practice 10 minutes before league play. Pre-bowling is allowed. The last week will include a pizza party and award certificates. The great news is all kids receive a scholarship award for future participation in bowling. Once registered, please fill out applicable paperwork at Tinley Bowl.

Ages: 1 Child / 1 Adult  
 Day/Dates: Every other Sun, Sept 12-Dec 19  
 (9/12, 9/26, 10/10, 10/24, 11/7, 11/21, 12/5, & 12/19)  
 Time: 3:00 pm

**800004-02** Bumpers - \$128/ team  
 Code: Non-Bumpers- \$176/ team  
 Location: Tinley Bowl  
 7601 W. 183rd St.  
 Tinley Park, IL

## Saturday Co-Ed Indoor Soccer League

Come join our Saturday recreational soccer league for fun and fast action. This volunteer-coached program is designed to give players the opportunity to practice their skills and have fun during the fall & winter months. Players will be divided into age groups and teams after registration. Shin guards are required.

Day/Dates: Sat, Oct 2-Dec 11  
 (no league play Nov 27)  
 Times: Various (morning & afternoon)  
 Fee: \$95 R / \$119 NR / 20 sessions  
 (includes one practice)  
 Location: Lincoln-Way North

**800050-00** K

**800050-01** 1st grade

**800050-02** 2nd grade

**800050-03** 3rd grade

**800050-04** 4th grade

**800050-05** 5th grade

**800050-06** 6th grade

**800050-07** 7th grade

**800050-08** 8th grade

## Little Kickers

The basic fundamentals of soccer are introduced, as players learn to control the soccer ball. Little Kickers is designed for someone who has little or no knowledge of soccer. Participants should dress in comfortable clothes and gym shoes. Shin guards are required for this program.

Ages: 3-6  
 Day/Dates: Sat, Oct 2 - Nov 20  
 Fee: \$37 R / \$46.25 NR / 6 sessions  
 Location: Lincoln-Way North Main Gym

**303208-02** 9:00 - 9:35 am

**303208-03** 9:40 - 10:15 am

## Intermediate Soccer

Intermediate Soccer is an extension of the Little Kickers program. Players continue to learn the fundamentals while improving their skills and confidence. Participants must have taken Little Kickers to be eligible for this program. Children should dress in comfortable clothes and gym shoes. Shin guards are required for this program.

### 303001-02

Ages: 4-7  
 Day/Dates: Sat, Oct 2-Nov 20  
 Time: 10:20 - 11:15 am  
 Fee: \$47 R / \$59 NR / 6 sessions  
 Location: Lincoln-Way North

## Pee-Wee Sports

This class will introduce your child to the wonderful world of sports. A different sport will be played each week including basketball, soccer, t-ball, football, and more. This program is designed to create an interest in a variety of sports while developing listening and motor skills. These skills will be taught in a fun, non-competitive learning environment. Appropriately-sized equipment will be used. Pending COVID-19 guidelines, parents and guardians will be invited in approximately the last 5-10 minutes of each class.

### 303020-03

Ages: 4-6  
 Day/Dates: Mon, Oct 4-Nov 8  
 Time: 5:15-6:00 pm  
 Fee: \$47 R / \$59 NR / 6 sessions  
 Location: Mary Drew

## Little Bulls

Go Bulls! Dribbling, passing, shooting, and teamwork will be taught in this instructional basketball program. All skills will be taught in a fun and easy to learn environment. Non-competitive games will be played during each class, allowing all participants to get involved. Smaller basketballs and lowered baskets will be used to help skill development. Pending COVID-19 guidelines, parents and guardians will be invited in approximately the last 5-10 minutes of each class.

### 303140-03

Ages: 5-7  
 Day/Dates: Mon, Oct 4-Nov 8  
 Time: 6:15-7:00 pm  
 Fee: \$47 R / \$59 NR / 6 sessions  
 Location: Mary Drew

## Holiday Co-Ed Hoop Camp

Are you ready for some drills, thrills, and skills? No matter what your experience level, we will help you to become a better basketball player and teammate. This camp is for kids who want to work on their basketball skills and work together in an atmosphere of communication, cooperation, and teamwork while having fun.

### 303011-02

Ages: 6-14  
 Days/Dates: Tues & Wed, Dec 21-22  
 Time: 9:30 am - noon  
 Fee: \$42 R / \$52 NR / 2 sessions  
 Location: Lincoln-Way North Field House

## Holiday Co-Ed Basketball Shooting Camp

This is strictly a shooting camp. Participants will work on game speed and situation type shots. We will work on shooting off the dribble, off of screens, and spot up shooting. This camp will focus on the players form and proper footwork.

### 303012-00

Ages: 6-13  
 Days/Dates: Tues & Wed, Dec 28 & 29  
 Time: 10:00 am-noon  
 Fee: \$33 R / \$41.25 NR / 2 sessions  
 Location: Lincoln-Way North Field House

### Community Park opportunities

- Community Gardens
- Pickleball
- Horse Shoes
- Bag Toss
- Bocce Ball
- Game Tables
- Green Roof Picnic Shelter
- Illinois Shade Trees
- Interpretive Signs
- Looped Walking Path
- Solar Lighting

\*Outdoor gaming equipment is available at the Park district office for free use.

## COMMUNITY ATHLETIC ORGANIZATIONS

### Frankfort Square Baseball League

n.bargas85@gmail.com  
 www.fsbl.net

### Frankfort Square Park District Softball

jkeen@fspd.org  
 www.fspd.org

### Lincoln-Way Xplosion Basketball

vshark01@yahoo.com  
 www.lwxplosion.org

### Lincoln-Way Wildcat Basketball

dwoodbrun@hotmail.com  
 www.lwwildcats.com

### Tinley-Frankfort Soccer Club

gjbomb@yahoo.com  
 www.tfsforce.com

### Wildcat Cheer

fswildcatscheer@gmail.com  
 www.fswildcats.org

### Wildcat Football

frankfort.wildcats@gmail.com  
 www.fswildcats.org

### Wildcat Wrestling

katie.theis@yahoo.com  
 www.fswildcatswrestling.com

### North Aquatics Club Sharks

www.nacsharks.org



**Square Links Golf**  
**Square Links Golf Course & Driving Range**  
**7861 W. Saint Francis Road**  
**Frankfort, IL 60423**  
**(815) 469-1600**

Square Links, a 1,749 yard, par 32 course owned by the Frankfort Square Park District, is open daily spring through late fall. Golf is available on a tee time basis. You can book your tee time on our website [www.fspd.org](http://www.fspd.org). The driving range covers over 400,000 square feet and includes both manicured grass tees and synthetic stations. Also featured is an 18-hole natural grass putting course and a practice sand bunker.

Toptracer delivers the same ball-tracking technology that traces the shots of the games best players on TV. Driving ranges equipped with Toptracer Range technology offer a fun, engaging, tech-driven experience that appeals to seasoned players, range rivals, friends, family members, and even first-time golfers.

- Practice like the Pros-Toptracer Range Mobile sends shot traces and detailed data directly to your phone. Hit a shot and get instant stats like ball speed, launch angle, carry, curve, and more. The app then stores all that data so you can track progress and measure improvement.
- Get the App-How to download and set up Toptracer Range App on your mobile device.
- Toptracer Range Game Guide-Spice up your practice session with these skilled bases games on the App.
- Go to our website to learn more [www.fspd.org](http://www.fspd.org)

### **Square Link Gift Cards**

Square Links gift cards can be purchased in any amount, and make great gifts for holidays, birthdays, or any other time you would like to give the gift of golf! Please stop by the golf course or the main office to purchase.

### **Private Lessons**

Private lessons can be scheduled at Square Links by directly contacting PGA Golf Professional Ken Buss. Ken has been a PGA Member for 50 years. Contact Ken directly at (708) 567-3667 to schedule private lessons.

### **2021 College Scholarship Classic**

Saturday, September 25, 2021 from 9:00 am until dusk.

Join your family, friends, and neighbors for a fun way to support of our area youth on Saturday, September 25 from 9:00 am until dusk.

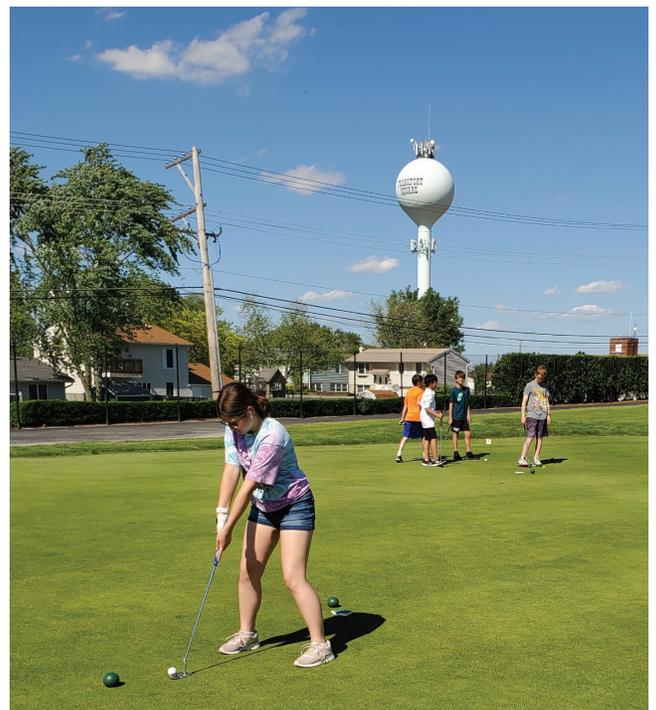
Greens fees \$5 all day. All proceeds are donated to the Frankfort Square Park District College Scholarship Program.

See page 26 for more information on Square Links.

See page 4 for more information on the College Scholarship Program.

### **Errant Golf Ball Policy**

Kindly understand that Square Links Golf Course and the Frankfort Square Park District are not responsible or liable for property damage or personal injuries arising from errant golf balls. The park district is however committed to safety, good sportsmanship, and cooperation with our golfers and residents, and has developed guidelines to minimize errant shots and to assist injured parties in identifying the golfer responsible for hitting the errant shot. The entire errant golf ball policy is available at Square Links Golf Course



## Free Adult Golf Clinics

Join us for these free golf instructional clinics to shore up your game or learn something new. Three clinics will be held throughout the fall. Each clinic will touch on grip, stance, alignment, and swing techniques. Please make sure to bring your own clubs.

Ages: 14 & Up  
Fee: Free  
Time: 5:30-6:30pm  
Day/Date: Thurs. Aug. 5  
Day/Date: Thurs. Sept. 2  
Day/Date: Thurs. Oct. 7

## Teen/Adult Group Lessons (Ages 14 and Older)

This program will emphasize the fundamentals of grip, stance, alignment, and swing techniques. Please bring your golf clubs to each class. Sign up with a friend or family member and enjoy these evenings of fun and learning together. The program fee includes range balls for each class.

Ages: 14 & Up  
Fee: \$60 / 4 sessions  
Time: 6:00-7:00 pm  
Location: Square Links Golf Course

**840014-05** Day/Dates: Tues, Sept 7-28

**840014-06** Day/Dates: Thurs, Sept 9-30

## Youth and Junior Group Lessons (Ages 7-13)

This introductory golf program features driving range instruction, as well as supervised play on the course to learn golf rules, safety, and etiquette. The fundamentals of the swing (stance, alignment, grip, and posture) are introduced and practiced each week. Once they are comfortable on the driving range, participants will advance to a few holes of course play. Please bring the following to the first class: a wood, a mid-iron (e.g. 5 iron), and a putter. The program fee includes range balls for each class.

Ages: 7-13  
Fee: \$44 / 4 sessions  
Time: 5:00-6:00 pm  
Location: Square Links Golf Course

**840000-06** Day/Dates: Tues, Sept 7-28

**840000-07** Day/Dates: Thurs, Sept 9-30



**TOPTRACER  
RANGE™**

## Annual Memberships

**Tentative F.A.N. Pass sales will begin on Monday, August 23rd**  
**Tentative opening date of September 1st, 2021**

Membership in the F.A.N. (Frankfort Square Park District Activities at North) program includes all open activities that are offered at the Lincoln-Way North campus, including open gyms, fitness center, and weight room.

*Family Membership	\$289
*Couple Membership	\$184
Single Membership	\$131
Senior Pass (62 and older)	\$53
Drop in daily fees are not allowed at this time.	NA
College Student Winter Break Pass	\$25

\*A Family Membership is defined as a patron 18 years of age or older, his/her spouse or domestic partner, and their children or wards 26 years of age or younger that reside as permanent members of patron's household.

\*A Couple Membership is defined as a patron, 18 years of age or older, and one more person that resides as a permanent member of the patron's household that is his/her spouse or domestic partner.

Memberships can only be purchased at the park district office, located at 7540 W. Braemar Lane, Frankfort. Membership is provided on an annual basis.

### **The Park District no longer schedules groups or organizations that are outside of the Lincoln-Way Community High School District 210 area.**

Any resident of the Frankfort Square Park District (FSPD) or Lincoln-Way Community High School District 210 (LWCHSD) is eligible to purchase an annual membership. It is required at the time of registration that three forms of ID be available to ensure residency.

A photo ID will be provided for all members. ID's must be carried whenever attending F.A.N. programming at the LWN campus.

Lost or stolen ID's can be replaced at the park district office for a fee of \$10.

Membership is not available to non-residents. Daily fee usage is available to residents and non-residents.

Children under 10 must be directly supervised by an adult and participating in an activity.

Children under 14 (8th grade and younger) are not permitted in weight the room or fitness room.

Participants ages 14-17 (Freshman and up) must be directly supervised by an adult (21 and older) in the weight room or fitness room.

\$5 daily usage- FSPD and LWCHSD residents must provide photo ID with address to receive resident rates.

\$10 daily usage- Non-resident daily usage pricing applies to single session only.

College Student Winter Break Pass- This is designed for students who are home for the Holiday season and want an affordable way to work out and have fun. Passes will be available for purchase at the park district office. This pass will be valid December 1 - January 31. Must show a valid College/University I.D.

### **Proof of Residency**

Three separate forms of identification for proof of residency must have three addresses that match on all three forms, and at least one must include photo identification. Definition of valid forms of ID, as recognized by the State of Illinois or Federal Government include the following:

- Valid drivers license
- Valid State of Illinois ID card
- Voters registration card
- Vehicle registration card
- Utility bills-can have 2 utility bills, but must be different utility providers
- Property tax bill
- FOID card (Firearms Owner Identification)
- Police/Fireman Commissions card (photograph and thumbprint will be on this card)
- Valid Illinois fishing license

Bank statements, personal checks, credit card statements or other mail addressed to a P.O. Box will NOT be considered acceptable forms of identification.

### **F.A.N. for All**

The Frankfort Square Park District has received many requests for usage from a variety of community, private non-profit, and for profit organizations. At this time, exclusive use of the Lincoln-Way North field house, gymnasiums, and athletic fields, is not available. The purpose of F.A.N. is not to host tournaments or special events, no matter what revenue the event may generate.

Providing space for these events would limit resident access and usage for F.A.N. members and local groups and organizations that schedule team practices.

Secondly, F.A.N. and the North campus cannot accommodate every group and organization at all the facilities and fields for the Lincoln-Way area. Local high schools, East, Central, and West are still available for resident usage, and should be considered to meet group and/or organization needs.

## Assigning Usage

Use of indoor and outdoor space at the LWN campus by groups and organizations will be administered and scheduled by the Frankfort Square Park District.

Indoor space is comprised of the fieldhouse and gymnasium, but excludes the pool. Outdoor space is comprised of athletic fields, both soccer and baseball, but excludes the use of the stadium and track.

Any group or organization requesting usage will be required to complete either indoor or outdoor facility usage request forms. These forms are available online at [www.fspd.org](http://www.fspd.org) under the parks & facilities tab.

## Walking Club

The Walking Club is a year-long program for adults, 18 and older. Interested individuals can register at the F.A.N. Fitness Desk where they will receive a personal calendar to log their miles. Prior to leaving, participants will provide their daily mileage to the fitness staff to be logged, tallied, and posted monthly. Each time you complete an achievement, you will earn a prize, beginning with a Walk-ing Club t-shirt.

## Family Open Gym

Looking for a different way to let your little one have fun? F.A.N. will reserve a court or two in the field house for your little one to run around and be a crazy kid! Participants are allowed to bring their own toys, including balls, big wheels, and tricycles. Motorized toys will not be allowed. Parental supervision is required.

Days: Tues/Thurs  
 Time: 11:30 am-2:00 pm  
 Location: Lincoln-Way North Field House  
 Fee: \$5 resident family/\$10 non-resident family  
 Location: Lincoln-Way North Field House

We are hopeful F.A.N. can remain open following proper protocols and guidelines. In the event F.A.N. has to close for a period of time due to COVID-19, each patrons membership will be extended based on the number of days we had to close. We will honor your pass "x" number of days after the expiration date listed. No refunds will be offered for F.A.N. passes for the 2021-2022 membership season.

Walk-up single daily pay will not be allowed until we have a return to normal.

## Thor Guard Lightning Prediction System

The Frankfort Square Park District has a lightning prediction system that consists of sensors measuring electrostatic charges at ground level and in the atmosphere. These electrostatic charges, invisible to the naked eye, build prior to lightning occurrences. Square Links Golf Course houses the main detection system. When conditions indicate that a lightning occurrence is probable, a signal is sent to alarm horns and strobe lights located at the Community Center, Summit Hill Jr. High, Lincoln-Way North, as well as Champions, Hunter Prairie, and Union Creek Parks.

The following procedures are to be followed when potentially dangerous weather exists:

### Warning Signal

A Warning Signal (one long 15 second horn blast) will sound and strobe lights will activate when a potentially dangerous weather situation is approaching. If the strobe lights are activated, a potentially dangerous weather situation exists.

### Procedures

All activities in the park will end immediately and patrons must leave the park. It is recommended that park patrons seek shelter in their cars or a building. Patrons should avoid areas that are higher than the surrounding landscape, they should not use a tree for shelter, and they should keep away from metal objects such as bicycles, golf clubs, umbrellas, etc. All park patrons must wait until the Lightning Prediction System performs an All Clear Signal before returning to the park.

### All Clear Signal

The All Clear Signal (three short horn blasts, two seconds apart) will sound, and the strobe lights will deactivate. After the All Clear Signal sounds and the strobe lights deactivate, park patrons may resume their activities.

### Caution

The Thor Guard System helps assess the conditions. Neither the signal nor the system is intended to guarantee that conditions are safe. If the weather is threatening and no warning signal is heard or seen, use good judgment and clear the area. Do not wait for the warning signal to activate, as the system can malfunction.

**The Thor Guard Lightning Prediction System is tested on the first Tuesday of every month at 10:00 am during non-winter months.**

## AED - Automated External Defibrillators

The Frankfort Square Park District has purchased and placed into service numerous automated external defibrillators (AED's). These AED's are located at the Community Center, Square Links Golf Course, Champions Park concession stand, and both Union Creek concession stands. In addition, Summit Hill School District 161 and Lincoln-Way Community High School District 210 have AED's located at all school facilities utilized by the park district for programming.

### Boy Scouts of America Scouts, BSA Ages 11-18

A leadership program that is designed to challenge and inspire it's members.

With our advancement and merit badge opportunities youth have the opportunity to grow and explore, via camping, hiking, and service projects.

<https://www.facebook.com/scoutsbsaFS>

### For Boys: Troop 237

Contact Earl Bonovich at 708-638-2195 or [earl.bonovich@tkdtrio.com](mailto:earl.bonovich@tkdtrio.com)

**For Girls: Troop 732 Contact Dave Geekie at 708-902-2295 or [dgeekie63@gmail.com](mailto:dgeekie63@gmail.com)**

### Cub Pack 237, Grades: K - 5<sup>th</sup>

Contacts: Chris Thomsen (312) 446-2163

Tim Peracke (312) 550-8183

### Cub Pack 101, Grades K - 5<sup>th</sup>

Cub Scout Pack 101 is a Family Pack that welcomes boys and girls in kindergarten through 5th grade to join at any time during the year. Our Pack offers a fun and exciting Cub Scout program that includes events such as the annual Pinewood Derby, and also provides camping and hiking opportunities. Visit us on Facebook - [www.facebook.com/FSPack101/](http://www.facebook.com/FSPack101/) - to learn more, or look us up at [www.beascout.org](http://www.beascout.org) to apply. For more information, contact membership chair Justin Pariseau at (708) 921-3083 or [justinapariseau@gmail.com](mailto:justinapariseau@gmail.com).

### Girl Scouts USA

Are you looking to become a Girl Scout? We have troop leaders ready to accept new girls (ages 5-18) into their troops which meet on a variety of days and times. For more information, please contact the individual leaders below or by email at:

[serviceunit742@gmail.com](mailto:serviceunit742@gmail.com)

Arbury Hills - Amy Nordsell (630) 661-1001

Daisy (K-1<sup>st</sup>) - Amy Nordsell (630) 661-1001

Frankfort Square - Amy Nordsell (630) 661-1001

Indian Trail - Amy Nordsell (630) 661-1001

Rogus - Amy Nordsell (630) 661-1001

Hilda Walker - Amy Nordsell (630) 661-1001

Summit Hill - Pat Huntoon (708) 651-1389

Lincoln-Way School District 210 - Pat Huntoon (708) 651-1389



## Union Creek Skate Park

Hours: Dawn to dusk

### Warning of Risk and Danger

Skateboarding and in-line skating are high risk activities with inherent risks of serious injury.

The skate park area is **unsupervised** and participants and all other persons are voluntarily participating and entering at their own risk.

Skate parks are prone to flying objects and bodies. Know your abilities and skate within them. The park district is not responsible for accidents. When wet, the skating surface can be dangerous. **Enter at your own risk!**

Please review the rules posted at Union Creek Park.

### NHL-Style In-Line Hockey Rink

Come out and play just like the pros. Shoot at the same goals, get checked into the same boards, and try to stay out of the same penalty boxes as the pros. The hockey rink, located at Union Creek, is open daily from 8:00 am until 10:00 pm for in-line skating and hockey.

### Group Usage

The Union Creek Skate Park and hockey rink are provided for open use by individuals. Supervised organizations/private groups who are interested in renting facilities must register with the Frankfort Square Park District. These groups may include, but are not limited to scouts, private athletic teams, and child care/recreation agencies. Prior to usage, groups must provide the park district with signed waivers and a Certificate of Insurance naming the Frankfort Square Park District as an additional insured. For more information, please contact the park district office at (815) 469-3524.



## Frisbee Golf Course

Visit the 9-hole, par 32 Frisbee Golf Course, located at Indian Boundary South Park. The course is open for play every day, from dawn to dusk. Bring your own discs and have fun!

Frisbee Golf is played like regular golf, but uses flying discs instead of golf balls. One stroke is counted for each throw or when a penalty is incurred. A hole is completed when the disc rests in the basket. The winner is the player with the lowest score.

Please review the disc golf course rules posted at Indian Boundary South Park.

### Community Park Gardens - FREE!

Elevated community gardens are available at Community Park, located at the corner of St. Francis and Frankfort Square Roads. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

### Brookside Bayou Park – FREE!

Garden plots located at 191st and Brookside Glen Drive. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

## Frankfort Square Baseball League (FSBL)

FSBL is an all-volunteer baseball organization that seeks to instill ideals of good sportsmanship, teamwork, honesty, courage, and leadership in every player at every age level. Online registration for the spring 2021 season opens in late November. The season is expected to begin in April. We offer t-ball through collegiate divisions and travel baseball. Please visit us on the web at [fsbl.net](http://fsbl.net) or like us on Facebook at [facebook.com/thefsbl](https://facebook.com/thefsbl) to stay informed regarding all league activities.

## Simba and Nala's Dog Park

Simba and Nala's Dog Park is located at Union Creek Park and features two main areas. One is for small dogs (less than 30 pounds), and the other is for large dogs (larger than 31 pounds). The park also includes a dog rinsing station, dog waste bags, and receptacles.

Registration for Simba and Nala's Dog Park is accepted at the Park District Administration Building for residents and non-residents. The annual membership fee is FREE per resident dog and \$60.00 per non-resident dog. Our calendar year is May 1 - April 30.

In order to register, individuals must bring a copy of each dog's immunization records (Rabies - certificate from the county, Distemper, and Bordetella) to the park district. Special registration forms are available at the park office. Also, please bring us a 4 x 6 photo of your furry friend.

At the time of registration, participants will receive a membership packet, which includes rules and emergency contact information. Other items include a membership card, key fob, and lanyard. An electronic locking gate promotes safety and security, as well as operational efficiency at the park. The key fob, which can be attached to your dog park lanyard or your keychain, must be presented in close proximity to the gate lock in order to gain access to the park. Key fobs will be activated within 24 hours of registration.

If you misplace your key fob, please notify the Frankfort Square Park District immediately. Your old key fob will be deactivated and a new one will be issued to you and activated for a \$25.00 replacement fee.

In the event that your key fob is deactivated, there will be a \$5.00 reactivation fee.

## Integrated Pest Management

Application of herbicides to park land is necessary to maintain and improve park properties within our district. These applications are done by qualified personnel with proper equipment and in compliance with all appropriate state and local regulations. Integrated Pest Management (I.P.M.) is employed by the Frankfort Square Park District to manage and control pests with chemical, physical, and biological methods. Components of I.P.M. include fertilization, maintaining mowing equipment, aerating, over-seeding, and chemical application of herbicides. If you would like additional information relating to I.P.M. or would like to be notified when chemical applications will be done on park property, please contact the park office at (815) 469-3524.



## Memorial Opportunity-NEW!

The FSPD has created a way for pet owners to commemorate the love they shared with their special friends through the installation of plaques that can be located throughout its outdoor areas. Plaques can be purchased for \$250, which includes the brass plaque, mounting post, and installation. If interested in memorializing your pet, please contact the park district office.

## Picnic Shelter Rental

The Frankfort Square Park District has two picnic shelters available on a rental basis. The Union Creek Picnic Shelter, located at the Hilda Walker School site, and the 80th Avenue shelter, located next to the South Suburban Special Recreation Association building, are available for family picnics, birthdays, etc. Please call the park district office for availability.

## Picnic Shelter Rental Rates

Security deposit - \$100.00

Rental rate - \$100.00

Non-resident rental rate - \$250.00

- \* Deposit required
- \* No alcohol allowed
- \* First-come, first-serve basis
- \* Must be 25 years or older to reserve the pavilion
- \* Security deposits are non-refundable in the event of a cancellation

Additional smaller shelters are available at Indian Trail School, Hunter Prairie Park, Community Park, Frankfort Square School, and Dr. Julian Rogus School at no cost. Usage is available on a first-come, first-served basis for these pavilions.

## Code Of Conduct

The Frankfort Square Park District is committed to providing a safe and fun environment for all participants and guests. By doing so, patrons are required to act appropriately, and are to be respectful of others at all times when using Frankfort Square Park District facilities.

Individuals using Frankfort Square Park District facilities are expected to behave in an appropriate and responsible manner. The Frankfort Square Park District Code of Conduct does not permit use of language or any action that may hurt or frighten another person or otherwise falls below a generally accepted standard of conduct. Directions issued by the park district staff must be followed at all times.

- Show respect for all participants, guests, spectators, staff, and volunteers.
- Follow program rules and direction from staff.
- Show respect for equipment, supplies, and facilities.
- Use of abusive or foul language, arguing, fighting, and any other form of harassment or intimidation is prohibited.
- Weapons, drugs, and alcohol are prohibited on school and park district property.
- Report incidents where park district policies are disregarded to staff.
- Report illegal activities to police/sheriff.

This Code of Conduct is in place to help make the Frankfort Square Park District's facilities and programs safe and enjoyable for everyone. If inappropriate behavior occurs, a prompt resolution will be sought specific to each situation. The Frankfort Square Park District reserves the right to remove anyone whose behavior endangers his or her own safety or the safety of others.

## Program Policy

Due to the possibility of separation anxiety, the park district asks that parents of children who have not been in prior park district programs remain in the lobby for the first day of class.

With the child's best interest in mind, no parents or siblings are allowed in the classroom - only registered participants.

If your child is not toilet-trained, please make sure he or she has on a fresh diaper or pull-up. If your child is at risk to need an immediate diaper change, you should plan on remaining on the premises, or be immediately reachable by phone. Our instructors are not in the position to change soiled diapers or training pants.

As we are unable to offer refunds or credits for the Tiny Tot programs and Early Childhood Camp, parents are asked to be confident their child is ready for this program. A child is ready when he/she is willing to enter/stay in the classroom without crying. With the child's best interest in mind, **no** parents are allowed in the classroom. The park district will try to accommodate your child in a parent-tot program if deemed necessary.

## Birth Certificate Policy

Birth certificates are required at the first registration for children 5 years and younger to validate age requirement for all programs. We do not retain copies of birth certificates.

## Cancellations

The staff reserves the right to consolidate, postpone, re-schedule, or cancel any program due to change in day, dates, times, instructor, or insufficient enrollment.

## For Your Safety

Please drop-off and pick-up your children promptly upon arrival or dismissal of class.

Preschool-age children enrolled in park district programs are not released from a class to anyone other than a parent or guardian, unless advance written notification is given to the instructor.

## Age Limitations and Why

In order to provide your child with the best possible recreational and/or learning experience, all of our programs are planned according to the ages listed in our brochure. Our instructors are sensitive to the needs of the individual age levels. Children must be the age listed in the brochure for each program by the date the program begins, unless otherwise specified.

## Participant Publicity Acknowledgement

The Frankfort Square Park District uses photographs of participants in our programs, special events, and parks to inform others of the many recreational opportunities available through our park district. Please be aware that these photos are for park district use only and may be used in the park district's publications, website, and social media. If you do not wish to have your picture taken, please inform our photographer. If the picture has already been taken, please call the park district office.

**Please read information carefully before registering:**

**Registration Policy**

1. Programs will be filled on a first-come, first-served basis.
2. All programs will have a minimum and a maximum enrollment.
3. Waiting lists may be formed after a particular class is filled.
4. The park district works hard to schedule programs at your convenience, but under extreme conditions, reserves the right to change facilities, times, dates, and instructors. You will be notified prior to change.
5. If a park district program is scheduled at a school facility, school programs have priority.
6. Registrations must be made by online, mail, fax, or in person during regular office hours. We also have an after-hours drop box located at the front door of the Community Center.
7. Mail-in registrations (with payment and registration form included), unless notified otherwise by park district personnel, are automatically registered for the classes indicated. If not admitted, individuals will be notified and receive a full refund. To register by mail, please complete a registration form and enclose a check made payable to the Frankfort Square Park District and mail to:  
 Frankfort Square Park District  
 7540 W. Braemar Lane  
 Frankfort, Illinois 60423
8. All payments must be paid in-full at time of registration.
9. Non-residents will pay an additional 25% for programs.
10. The park district reserves the right to adjust any incorrect program fees that were due to printing errors.
11. A \$5.00 fee will be assessed to each participant wishing to change programs or sessions. Program changes will not be processed until transfer fee is rendered.
12. A \$25.00 fee will be assessed for any returned check and any future registrations will need to be paid in cash.

**Resident Status**

Please call the park office to see if you are a resident and within park district boundaries.

**Registration Refund Policy**

1. Refunds will be mailed approximately two weeks from the time of submission.
2. 100% refund will be given whenever the park district cancels a program or activity due to insufficient program registration.
3. A full refund, less a \$5.00 service charge (per program) will be granted if the request is submitted prior to three business days before the start of the program or activity. All refunds for programs must be requested in-person at the park district office.
4. No refunds will be given after the start of the program.
5. One week notice of cancellation is necessary in order to obtain a full refund on any park district trip. (Less a \$5.00 service charge.)
6. No refunds for certain special events. (i.e.; Breakfast with the Bunny, one-day parties, or trips)

**The Frankfort Square Park District is not responsible for lost or late mail.**

Mail-in, drop-off, or fax your completed registration form along with your check or credit card number to:

Frankfort Square Park District  
 7540 W. Braemar Lane  
 Frankfort, IL 60423  
 Fax: (815) 469-8657

Please place the appropriate registration form, check, or credit card number in a sealed envelope and drop off at the Frankfort Square Park District Administration Building, 7540 W. Braemar Lane. Be sure to include the program number and remember to sign the waiver. Please read all registration instructions carefully because some programs have special registration requirements or registration deadlines. Include the registration form with a check or credit card number for the correct total fee. Please include your phone number on the check and make your check payable to the Frankfort Square Park District.

# Frankfort Square Park District Program Waiver & Release

## Important Information

The Frankfort Square Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Frankfort Square Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

## Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Frankfort Square Park District to guarantee absolute safety.

## Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Frankfort Square Park District, including its officials, agents, volunteers and employees.

## Photo/Video Policy

I understand that photos and videos are periodically taken of people participating in Frankfort Square Park District programs and activities, and I agree that any photograph or video taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes, including its electronic media, videos, brochures, flyers, and other publications without additional prior notice, permission, or compensation to the participant.

**I have read and fully understand the registration policies, the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.**

## Please Print

Participant's Name \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature \_\_\_\_\_ (18 years or older or Parent/Guardian)

## Participation Will Be Denied

If the signature of adult participant or parent/guardian and date are not on this waiver.

In accordance with the Americans with Disabilities Act, please describe any accommodation needed for your enjoyment of this program. If special accommodations are needed, allow 2 weeks prior to the start of the program. A staff member will contact you for more information. If you do not hear from us prior to the start date of the program, please call to confirm your accommodations.

Frankfort Square Park District  
7540 West Braemar Lane  
Frankfort IL 60423

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## 2021 College Scholarship Classic

Saturday, September 25, 2021 from 9:00 am until dusk.

Join your family, friends, and neighbors for a fun way to support of our area youth on Saturday, September 25 from 9:00 am until dusk.

Greens fees \$5 all day. All proceeds are donated to the Frankfort Square Park District College Scholarship Program.

See page 26 for more information on Square Links.

See page 4 for more information on the College Scholarship Program.

