



Winter/Spring 2022

Frankfort Square Park District



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Administrative Staff

- Jim Randall, Executive Director
- Linda Mitchell, Assistant to the Executive Director
- Audrey Marcquenski, Director
- Nicolette Jerik, Office Manager
- Julie Hein, Asst. Office Manager
- Alyssa Calzaretta, Clerical
- Lisa Foshinbaur, Clerical
- Deb Klir, Clerical
- Cindy Standish, Clerical
- Susan Baker, Bookkeeper
- Arliss Bouton, Safety Coordinator

Recreation Staff

- John Keenan, Superintendent of Recreation
- Erin Kertson, Recreation Supervisor

Maintenance Staff

- Ed Reidy, Superintendent of Parks
- Bill O'Shea, Assistant Superintendent of Parks
- Al Grzyb, Assistant Superintendent of Parks

Park Board Meetings

Day/Dates: Third Thursday of each month
 Time: 7:30 pm
 Location: Park District Administration Building
 7540 W. Braemar Lane, Frankfort

Park Board of Commissioners

- Ken Blackburn, President
- Dave Macek, Vice President
- Craig Maksymiak, Treasurer
- Frank Florentine, Commissioner
- Denis Moore, Commissioner
- Brian Mulheran, Commissioner
- Joe Vlosak, Commissioner

Join Our Team!

Currently accepting applications for the following position:

Square Links Golf Course
 BAS (Before & After School)
 F.A.N. Program



Apply online at www.fspd.org or fill out an application on pages 33 and 34.



**Frankfort Square
Park District
Administration Building**
7540 W. Braemar Lane
Frankfort, IL 60423
Phone: (815) 469-3524
Fax: (815) 469-8657
Email: info@fspd.org

Office Hours:

Monday	9:00 am-7:00 pm
Tuesday, Thursday, Friday	9:00 am-4:00 pm
Wednesday	9:00 am-noon

Program Scholarships

The Frankfort Square Park District offers financial assistance in the form of program scholarships to qualifying individuals. If you would like to apply for a scholarship, applications are available online at www.fspd.org and at the park district office during regular business hours.

Winter/Spring 2022 Registration

Resident online registration begins Monday, December 6 at 9:00 am. When registering, you need to enter your username and password that was provided by the park district. If you have any problems registering online, please contact our office staff during business hours, and we will be happy to assist you.

We strongly encourage online registration as it has priority over mail-in, drop-off, or in-person registration.

When logging out of our online registration system, please always use the SIGN OUT option instead of “Xing-out” of the page. Your household will lock out registration until you log in and log back out again.

Reminder: Online registration will close one day prior to the program start date.

Registration Dates:

Resident Online Registration
Begins Monday, December 6, 2021 at 9:00 am.

Walk-In and Non-Resident Registration
Begins Thursday, December 9, 2021 at 9:00 am.

The Frankfort Square Park District program waiver and release is located on page 37. For complete registration information, please see page 36.

Be sure to register early, programs fill quickly.

Any Questions?

Please contact the park office at:
Phone (815) 469-3524
Fax (815) 469-8657
Website: www.fspd.org

College Scholarship Program Free Day of Golf Supporters

We wish to gratefully acknowledge and thank the following sponsors for supporting the 2021 College Scholarship Golf Classic through monetary donations. Their donations will enable the Frankfort Square Park District to award \$1,000 scholarships to eligible 2022 high school graduates. Please be sure to support these area businesses.

- Ancel Glink, P.C.
- B Practical Solutions
- Robert W. Baird and Co., Inc.
- Chapman and Cutler LLP
- Currie Motors Commercial Center
- Dav-Com Electric, Inc.
- Frankfort Chamber of Commerce
- Frankfort Lions Club
- Graefen Development
- Harris Golf Cars
- Homer Tree Care, Inc.
- Oak Lawn Blacktop Paving Company, Inc.
- Old Plank Trail Community Bank
- One Up Signs
- Reliable Golf Services
- Saunoris Brothers, Inc.
- Semmer Landscape LLC
- Sid Kamp, Inc.
- TRM Painting LLC

Dear Frankfort Square Park District Residents:

After a year of Covid we're returning to our hard copy brochure, a resource many indicated in our last survey as the most popular way to receive and review program information. We will continue to have online program and registration available, but our office has reopened and we're ready to take your registrations in whatever format works best.

We have changed a lot over the last year, and many of the changes necessitated by Covid will expire, but some will remain. Who would have thought that a Park District person could work from home and be productive? What we found was that without distraction, staff could singly focus on necessary projects and be super productive. Not on everything, but many will continue working from home one day a week, keeping this asset that was previously never a consideration.

Programs will be advertised in this brochure, but we are also able to add and change programming online to enable quick access to a vast number of opportunities. Review this brochure, but be sure to visit the Park District's website or social media on a regular basis to stay current on up-to-the-minute opportunities.

In many ways, we may actually be healthier because of Covid. When we had little else to do, we ventured outdoors to park paths, and instead of eating out, cooked and enjoyed healthier meals at home. We spent more time with our immediate family members, and many, including the Randall household, have new pets that joined us over the last year.

Many have been vaccinated, and I would gather all have a collection of masks, and all are ready to embrace pre-Covid safety that hopefully isn't too far away.

We welcomed our preschoolers back this fall. Dancers are practicing in person. Before and After School care is back, and a full slate of other offerings are again available. At the time I'm typing this, restrictions are still in place, but we all hope that normal is fast approaching.

Our Park Board has been holding its in-person monthly meetings, and all kinds of plans and actions are in the offing. We are making our last 2002 referendum bond and interest payment on January 1, 2022, and taxpayers will benefit, as their property taxes paid to the Park District will be reduced by \$650,000 with this spring's tax bills, and this reduction will continue annually.

We will continue to use best resources to move forward on projects and improvements with community direction, and we hope to complete a grant application this winter for more regionally located community gardens, a proven popular improvement. We will also fix, repair, pave, and paint. We are updating park signs with new landscaping, and hope to complete a new picnic shelter adjacent to the Splash Park in 2022.

We've discovered the outdoors is good not only for enjoyment, but also for overall health. We've all enjoyed our mask-free outdoor time, and in general, like spending more

time outdoors. The Park District also upgraded its HVAC systems, and now have healthier buildings.

We're all waiting to safely squeeze together in large groups and not be limited to social distanced space, and we anxiously anticipate returning to full capacity for all the community groups and organizations that use park facilities.

We're really close, I say, hopefully. If nothing else, despite all the talk about national division, we're more of a community. The changes required due to Covid made us come together for the common good, enabling our residents to enjoy what was available during a challenging time.

I have always been an avid reader, but even more so, since I've had more opportunities to enjoy this passion. I've also written more, which I enjoy, but at times it's difficult to remain positive with the news that was all around us.

I've been using quotes to support my writings. I'm not a purveyor of all knowledge, but a good Google search can provide some tangible support to my writing. I also really enjoy quotes of others, as you can see by my frequency of referencing Walt Disney, William and Charles Mayo, physicians that led the development of the famed Mayo Clinic, and others that I've followed and respect. Quotes from unidentified individuals, like the following, are just random, but I find them useful when I fill my role as the Park District complaint department:

"Negative people need drama like oxygen. Stay positive and take their breath away. – Unknown

"I also offer the following inspirational quote, literally taken from inspirational quotes on the internet:

"Let your dreams be bigger than your fears, your actions louder than your words, and your faith stronger than your feelings." – Unknown

I would like to conclude on a real positive note. The Park District has been annually awarding \$1,000 scholarships to graduating high school seniors that live within its borders since 2007. I would like to reach out to the 130 individuals that have been previous recipients of the FSPD's College Scholarship awards. If you, or a family member of yours were a past recipient, we would like to hear from you. Let us know where you are, and what you are doing, whether still in college, or if you've embarked on your career. Please update us by sending an email to admin@fspd.org, and let us know if we can share your success story in my future writings. Also, if you are a current high school student, please consider applying for a FSPD college scholarship. Information about this program is available on page 3 of this brochure.

Have a great day, a fun winter, and let's all look forward to a new year!

Sincerely,

Jim Randall

Executive Director

Early Learning Center–Preschool 2022 School Year

Registration

In person registration will be offered at the Frankfort Square Park District Administration Building, beginning February 7, 2022. A \$25 non-refundable deposit is required at the time of registration. Deposit payments can be made monthly, beginning in September and ending in April. Birth certificates are required at the time of registration.

Note: All participants must be toilet trained and ready for the preschool setting

3 Year Old Program

The emphasis for our 3 year olds is socialization imbedded in a learning environment. Children will be read stories every day that relate to a daily theme. In addition, they will spend time discussing the story so they can practice their comprehension and speaking/listening skills. Along with the story, children sing songs, move to music, assemble puzzles, play games, and have some free time to explore other areas of interest. We will work on color, shape, number, and letter recognition along with learning to write our names. Finally, we will focus on many things, people, and places in the world around us as we learn and grow.

Age: 3 years old on or before Sept 1, 2022
Days/Dates: Tues & Thurs (Sept 2022-May 2023)
Fee: \$875 R / \$1,095 NR
Location: Park District Administration Building
Time: TBD

Note: Registration numbers will determine class size and class times.

**Save the date! Preschool Open House
Tuesday, Jan 25th 6:00-7:00 pm at Administration
Building. Meet teachers, see classrooms, and
take a tour of our facility. Teachers will be
available to answer questions and provide
information regarding our program. Of course
children are welcome to join in on the fun!**

4 Year Old Program

Our 4 year old program will focus on preparing students for kindergarten in a socially-based preschool setting. We will work on number and letter recognition, as well as pre-reading skills such as rhyming and letter sounds. Mathematical skills such as sorting, sequencing, counting, recognizing numbers, and comparing numbers/quantities will be introduced. Finally, we will discuss and explore seasons, holidays, and weather. Through learning centers,

songs, movement activities, craft projects, science experiments, and hands-on activities, your child will have fun while learning in a safe and comfortable atmosphere.

Age: 4 years old on or before Sept 1, 2022
Days/Dates: Mon, Wed, Fri (Sept 2022-May 2023)
Fee: \$1,545 R / \$1,931 NR
Location: Park District Administration Building
Time: TBD

Note: Registration numbers will determine class size and class times.



Before and After School Program (BAS)

The Before and After School (BAS) program provides students of Summit Hill School District 161, in grades kindergarten through six, a structured, safe place to be cared for immediately before and after school. Working parents have the assurance that their children are in a quality program in an ideal environment, knowing that they are being well supervised. Our program is staffed by trained, experienced leaders, all employed by the park district. Hours are from 6:30 am until school begins and immediately after school until 6:30 pm, including all half days.

Transportation will be provided by existing school buses for Summit Hill District 161 schools.

Students have access to a full size gymnasium for games and active play, along with a full playground. A baseball field, pickle ball courts and a playground are directly outside the building for the children to use as well.

Initial registration must be completed at the park district to ensure parents/guardians receive all the necessary paperwork. Registration for the specific days may be completed by the parent/guardian, either online or at the park district office. **Each participant must be registered by Wednesday at noon, ten days prior to the week needed, to allow for staffing and roster completion.**

Open to the following schools: Arbury Hills, Indian Trail, Frankfort Square, Julian Rogus, and Hilda Walker. Lincoln-Way 210 school buses will transport child(ren) from their school to Mary Drew.

Snow day info: Care will also be offered on days that Summit Hill School District 161 closes for snow or other weather related emergencies. All BAS participants already registered for that day are welcome to attend at no additional charge.

Grades: K - 6th

Dates: August 25-June 10

Note: The BAS program will follow the Summit Hill 161 school calendar.

Location: Mary Drew

BAS registration in this program is available only to students of Summit Hill School District 161.

Fees 2022-2023 school year:

Before School Only

Code: 990026-00

Fee: \$12 per day per child

After School Only

Code: 990027-00

Fee: \$14 per day per child

Prices are subject to change in the event Will County goes down a tier level due to COVID-19.

In the event your child is dropped off and not on our roster, a \$25 drop-in fee will be automatically added to your household account, in addition to the regular single day fee.

Escapades

Days off from school can be inconvenient and boring...or they can be exciting and adventurous with day off school Escapades! There will be plenty of games, crafts, and activities each day to ensure plenty of fun and entertainment for your little ones. Please send your children with a sack lunch, a water bottle, and tennis shoes. No field trips or travel are allowed until we are able to do so in a non-social distance manner. Once field trips and travel are approved, your student will be required to wear an Escapades t-shirt each day. Escapade t-shirts can be purchased and picked up at the main office for \$12/per shirt. *A minimum of 8 participants must be met in order for Escapades to run.*

Grades: K-6th

Time: 9:00 am-5:00 pm

Fee: \$35 without trips and travel

Fee: \$50 with trips and travel once approved

Location: Mary Drew

Winter Wonderland- During this four day Escapade, we will enjoy winter themed-crafts, snacks, and activities.

Mon, Dec 20

Tues, Dec 21

Wed, Dec 22

Thurs, Dec 23

Ring in the New Year!- During this four day Escapade, we will prepare to ring in the New Year as we look forward to new things to come!

Mon, Dec 27

Tues, Dec 28

Wed, Dec 29

Thurs, Dec 30

Martin Luther King Jr Day- Enjoy this day off by staying warm with friends while making s'mores. Mon, Jan 17

Presidents Day Challenge- Students will enjoy different challenges/obstacles to play in the gym. After they compete in the courses they will head off site on a trip.

Mon, Feb 21

Spring Break Getaway- Who knew there could be a beach vacation in Frankfort? The whole week will consist of beach games and activities...it'll almost feel like a tropical vacation!

Mon, Mar 28

Tues, Mar 29

Wed, Mar 30

Thurs, Mar 31

Fri, Apr 1

Easter Games- Hop around Mary Drew playing carnival style games both inside and outside pending weather. Mon, Apr 18

Countdown to Summer- Enjoy this day off with fun, summer themed games, Fri, May 27.

Sweetheart Dance

Girls, grab your favorite guy (dad, grandfather, uncle, etc.) and dance the night away during this formal evening event! Enjoy a live DJ, dinner from Mindy's (pasta and garlic bread), snacks, dessert table, and activities to make this night one you will never forget! A photographer will be available at no additional cost to capture the special evening. Girls will receive a corsage upon entrance into the event from their favorite guy. Space is limited, pre-registration is required. Tickets will not be sold at the door. No refunds will be given for this event.

Ages: All
 Day/Date: Sat, Feb 5
50012-05 Time: 3:00-5:00 pm
50012-06 Time: 6:30-8:30 pm
 Fee: \$16 R / \$20 NR per person
 Location: Mary Drew Gymnasium



Breakfast with the Bunny

Hop on down to Mary Drew for an egg-cellent morning with the Easter Bunny! Enjoy breakfast (donuts), take a picture with the bunny, create a craft, and have an extra special egg hunt through the park! Space is limited, pre-registration is required. Tickets will not be sold at the door. No refunds will be given for this event.

50014-01
 Ages: All
 Day/Date: Sat, Apr 2
 Time: 10:00-11:00 am
 Fee: \$10 R / \$12.50 NR (Tickets must be purchased for everyone attending the event)
 Location: Mary Drew Gymnasium



Ice Cream Social

School is out for the summer! Join us at Champions Park Concession Stand for an old fashioned ice cream social. Vanilla ice cream, with a variety of yummy toppings, will be provided for you to create the perfect ice cream sundae. Arrange to meet family and neighbors for a treat, or meet new families while enjoying the park and your frosty treat!

Ages: All
 Day/Date: Wed, June 8
 Rain Date: Day/Date: Thurs, June 9
 Time: 6:00-7:00 pm
 Fee: FREE
 Location: Champions Park Concession Stand



Preschool Prep

Join us for an hour of fun! Activities will help promote language, positive social interaction, and large and small motor development through the use of age-appropriate materials and equipment. The philosophy is play based and each class will include coloring and/or painting, play, and story time. Please pack a snack for your child each day of class.

Ages: 2 ½ -3

Time: 10:00-11:00 am

Fee: \$46 R / \$58 NR

Location: Park District Administration Building

101052-05 Day/Dates: Tues, Jan 11-Feb 8

101052-06 Day/Dates: Tues, Feb 22-Mar 22

101052-07 Day/Dates: Tues, Mar 29-Apr 26

Wiggles and Giggles

Preschoolers will wiggle and giggle their way through this fun-filled class while stretching their muscles and marching to music. Age-appropriate activities will vary each week using balls, balloons, and bubbles! Fingerplays, rhymes and rhythm movements, hoops, and parachutes are also included.

Ages: 2-3 (with adults)

Time: 9:30-10:15 am

Fee: \$36 R / \$45 NR / 5 sessions

Location: Frankfort Founders Center
140 Oak Street

101020-07 Day/Dates: Tues, Feb 1-Feb 22

101020-08 Day/Dates: Tues, Mar 8-Apr 5

(No class Mar 29)

Day/Dates: Tues, Apr 26-May 17

Tot Time

Are you ready to meet new people and spend some playtime with your little one in a non-structured environment? This is the class for you! We will explore large and fine motor activities through play (lots of toys), circle time (we sing songs and do fingerplays), and special time (different each week, examples are: playing with the parachute, musical instruments, crafts, etc.). So take some time and have fun with us!

Ages: 1-3 (with adults)

Time: 10:30-11:15 am

Fee: \$31 R / \$39 NR / 4 sessions

Location: Frankfort Founders Center
140 Oak Street

101006-07 Day/Dates: Tues, Feb 1-Feb 22

101006-08 Day/Dates: Tues, Mar 8-Apr 5

(No class Mar 29)

101006-09 Day/Dates: Tues, Apr 26-May 17

Happy Feet — NEW!

If you love penguins and you love to dance then this is the class for you! Your little chicks will have a blast learning about these interesting birds! They'll get to stuff their very own penguin, "chill" with story time, make a penguin craft, get their happy feet dancing, and end with a grand finale march! Waddle on down for this freezing fun party!

100041-00

Ages: All (Children under the age of 10 must be accompanied by an adult)

Time: 6:00-7:00 pm

Fee: \$25 R / \$31.25 NR

Location: Mary Drew Room 104

Day/date: Thurs, Jan 20

First Aid For Kids

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons, and much more! Many hands on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received.

104010-04

Ages: 6-10

Day/Date: Mon, March 14

Time: 6:30-8:00 pm

Fee: \$35 R / \$43.75 NR

Location: Frankfort Founders Center
140 Oak Street

Candle Creations and Bath Bombs

Students will learn how to make their own homemade candles and bath bombs made with essential oils to enjoy a spa in their own home. Self-care is so important so don't miss out on this fun hands on class.

104017-00

Ages: 11-14

Day/Date: Sat, Apr 9

Time: 10:00-12:00 pm

Fee: \$37 R / \$46.25 NR

Location: Frankfort Founders Center
140 Oak Street

American Ninja Warrior

Join us for a fun and fast moving program! We will start with a quick warm up to get hyped up and then go right into many obstacles courses and practice speed, balance, and coordination. Gather your friends to add a little competition. All obstacles will be socially distanced.

Ages: 4-7

I00042-00 Day/Dates: Fri, Feb 4-25

I00042-01 Day/Dates: Fri, Mar 4-25

Time: 3:30-4:30 pm

Ages: 7-10

I00042-03 Day/Dates: Fri, Feb 4-25

I00042-04 Day/Dates: Fri, Mar 4-25

Time: 4:40-5:40 pm

Fee: \$41 R / \$51 NR

Location: Mary Drew Dance Studio B

Babysitter Training

This is a two day class which focuses on providing youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly provide care for children and infants in the absence of parents. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care and basic first aid. Certification for this class includes participant's workbook, emergency guide, and CD-Rom, as well as an American Red Cross Babysitters Training certificate. Attendance is required for the entire two days to receive certificate. Any exceptions need to be approved in advance by the instructor.

Ages: All (Children under 5 must be accompanied by an adult above 18)

Time: 4:30-8:00 pm

Fee: \$75 R / \$93.75 NR

Location: Frankfort Founders Center
140 Oak Street

I04111-05 Session 1

Day/Date: Mon, Feb 7

Day/Date: Wed, Feb 9

I04111-06 Session 2

Day/Date: Mon, Apr 4

Day/Date: Wed, Apr 6

Mixed Media Art Camp

The mixed media art classes offer a blend of the use of different art mediums such as pencil, paint, pastels, and paper as an introduction to various styles and elements. Students will produce a unique art project each week and will progressively learn skills which will be applied throughout the courses. All art supplies will be provided.

I04192-06

Grades: K-6th

Days/Dates: Tues, Feb 8-Mar 1

Time: 5:30-6:30 pm

Fee: \$36 R / \$45 NR / 4 sessions

Location: Mary Drew Room 104

Be Mine, Valentine - NEW!

Love is in the air! Let's celebrate this lovely holiday together! You'll get to stuff your very own animal, hear a sweet story, make a heart craft, and end with a grand finale march! Spend some quality time with your cupid babies in this special class!

I00041-02

Ages: All (Children under the age of 10 must be accompanied by an adult)

Day/Date: Thurs, Feb 10

Time: 6:00-7:00 pm

Fee: \$30 R / \$37.50 NR

Location: Mary Drew Room 104

Magic Class

Children will have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. New tricks are always taught each session!

Ages: 5-12

Fee: \$22 R / \$27.50 NR

Location: Frankfort Founders Center
140 Oak Street

Time: 5:00-5:55 pm

I04120-00 Day/Date: Tues, Feb 22

I04120-01 Day/Date: Wed, May 11

Character Creations

In this class our artists will learn the basics of cartooning and create their own characters! In each class, students will learn techniques used in cartooning, such as how to show characteristics, features, exaggerations, action, and more. We will apply new skills in every class to create our own original cartoon.

100043-00

Grades: K-6th
 Days/Dates: Thurs, Mar 3-24
 Time: 5:30-6:30 pm
 Fee: \$36 R / \$45 NR / 4 sessions
 Location: Mary Drew Room 104

Easter Babies

Spring has sprung! What better way to celebrate than by making your very own Easter baby! Participants will get to stuff their very own fluffy bunny, listen to a story, play a game, make a craft, and end with a grand finale march of the bunnies! Hop on over for some Egg-celent FUN!

100041-03

Ages: All (Children under the age of 10 must be accompanied by an adult)
 Day/Date: Thurs, Mar 10
 Time: 6:00-7:00 pm
 Fee: \$25 R / \$31.25 NR
 Location: Mary Drew Room 104

Safe at Home

This course will teach children who are home alone the importance of behaving responsibly and how to handle themselves when confronted with a challenge, such as answering the telephone or the door when parents are away. Topics covered include safety in the home, proper use of keys, what to do in case of an emergency, how to respond to strangers and general house rules. Fee includes workbook. (Disclaimer: This course does NOT endorse children being home alone; that responsibility lies with the parents. This course simply prepares children to be safe and careful when parents are not immediately available.)

104014-02

Ages: 6-10
 Day/Date: Mon, March 14
 Time: 4:30-6:00 pm
 Fee: \$35 R / \$43.75 NR
 Location: Frankfort Founders Center
 140 Oak Street

It's Raining Cats and Dogs

When it rains, it pours! But we don't mind, because it's raining cats and dogs in this class! Participants will get to stuff their very own cat or dog buddy, listen to a rainy day story, play a game, make a craft, and end with a grand finale march of the animals! Stay dry inside and join us for a downpour of FUN!

100041-04

Ages: All (Children under the age of 10 must be accompanied by an adult)
 Day/Date: Thurs, Apr 7
 Time: 6:00-7:00 pm
 Fee: \$30 R / \$37.50 NR
 Location: Mary Drew Room 104

Somewhere Over the Rainbow - NEW!

Have you ever wondered what lies beyond the rainbow? Join this fun class where dreams really do come true! You'll get to stuff your very own animal, hear about rainbows in a story, make a colorful craft, and end with our grand finale march!

100041-05

Ages: All (children under the age of 10 must be accompanied by an adult)
 Day/Date: Thurs, May 12
 Time: 6:00-7:00 pm
 Fee: \$25 R / \$31.25 NR
 Location: Mary Drew Room 104

Summer Camp and Early Childhood Camp registration begins Monday, April 11. More information regarding camp will be in the Summer 2022 Brochure

Valentine's Day Ride and Dinner

Grab your special someone and join us for a riding lesson followed by a delicious Italian dinner. The menu will consist of an Italian entrée, salad, rolls and a beverage. Let Nova be that special place you take your sweetie this Valentine's Day! Must call or come in to register.

600005-07

Ages: 18 & Up
 Day/Date: Fri, Feb. 11
 Time: 6:00-8:00 pm
 Fee: \$100 **R** / \$125 **NR** per couple
 \$40 **R** / \$50 **NR** additional rider
 Location: Nova Quarter Horses, Inc.
 10129 W. 187th St., Mokena
 (708) 479-3696

600005-08

Ages: 7 & Up
 Day/Date: Sat, Feb. 12
 Time: 4:00-6:00 pm
 Fee: \$100 **R** / \$125 **NR** per couple
 \$40 **R** / \$50 **NR** additional rider
 Location: Nova Quarter Horses, Inc.
 10129 W. 187th St., Mokena
 (708) 479-3696

Mommy & Me Mother's Day Horseback Ride

Mother's Day is an occasion to celebrate- why not let Nova Quarter Horses give you a Mother's Day you won't forget? Come join us with your little ones for a fun filled day of riding and crafting! This event includes a riding lesson, a tour of our barn as well as the opportunity to learn how to groom a horse! Once you're done horsing around, every child is provided the materials to make mom a special keepsake to remember this special day. Come out and join us for this very unique Mother's Day experience! Child riders must be 7+. Must call or come in to register.

Ages: Adults and Children 7 & Up
 Fee: \$85 **R** / \$106.25 **NR** per couple
 \$30 **R** / \$37.50 **NR** additional rider
 Location: Nova Quarter Horses, Inc.
 10129 W. 187th St., Mokena
 (708) 479-3696

600006-07 Day/Date: Fri, May 6

Time: 6:00-8:00 pm

600006-08 Day/Date: Sat, May 7

Time: 4:00-6:00 pm



Horseback Riding Lessons

Get up and go! It's time to ride at Nova Quarter Horses! Fun for all ages at any riding level, no previous experience is needed. Come out to learn both Western and English disciplines taught by our highly qualified trainers and instructors. We offer both an indoor and outdoor arena, so Nova is able to offer lessons year round. A 5-lesson card includes 5 individual one hour group lessons. Helmets are available at parent's request. Once your lesson card is purchased, call Nova to schedule your lessons at (708) 479-3696. There is a limit of one 5-lesson card per family. Jeans and boots or hard soled shoes are required. Riders must be age 7+.

600000-08

Ages: 7 & Up
 Fee: \$190 **R** / \$237.50 **NR** per couple
 Location: Nova Quarter Horses, Inc.
 10129 W. 187th St., Mokena
 Phone: (708) 479-3696

Private Piano Lessons - NEW!

Learn or advance your piano skills by taking private piano lessons. One hour and half hour lessons available. Purchase at the Park District offices.

Ages: All
 Day/Date: Varies. Contact instructor.
 Fee: \$25 **R** / \$27 **NR** half hour
 \$50 **R** / \$62.50 **NR** 1 hour
 Location: Park District Administration Building

Adult Chess Scholars

Chess Scholars adult chess programs are designed for a wide range of players, from teenagers to seniors, and from absolute beginners through an intermediate level ready for tournament play. Chess stimulates cognitive, metacognitive, and social and emotional development in people of all ages! Our chess coaches will be covering such topics as how the pieces move, the concepts of check and checkmate, the relative value of the pieces, and an introduction to strategy, tactics and basic endgames. Each class will begin with an instructional period, and then we will play in-class games. A social and fun chess tournament will be held at the end of the session.

Ages: 18 & Up
 Time: 5:45-6:45 pm
 Fee: \$125 **R** / \$130 **NR** per person
 Location: Frankfort Founders Center
 140 Oak St.

107004-00 Day/Dates: Wed, Jan 19-Feb 23

107004-01 Day/Dates: Wed, Apr 6-May 11

Social Ballroom Dance

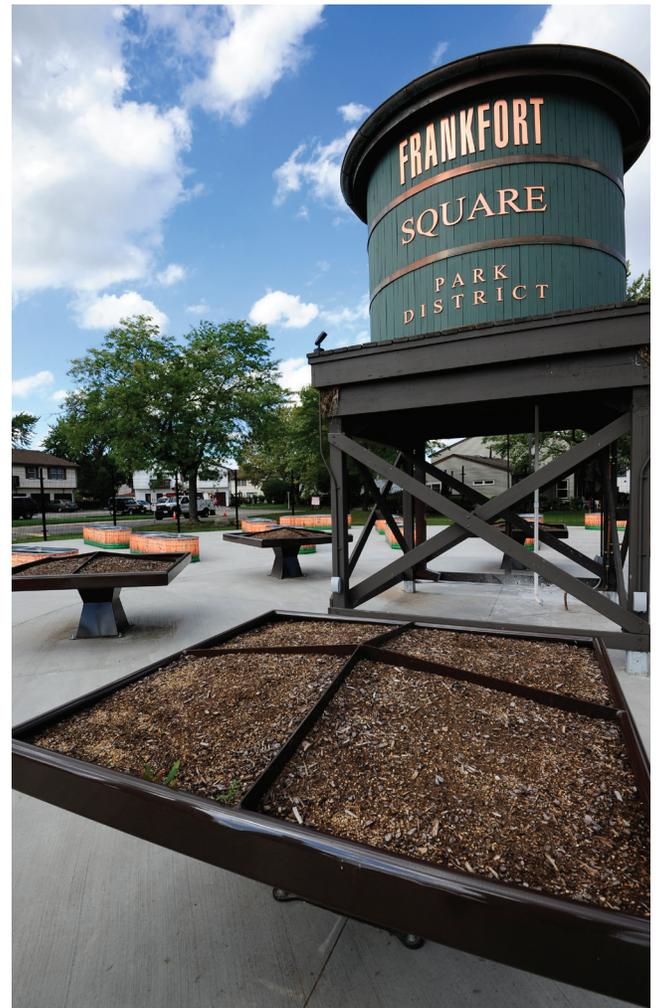
Grab your partner and put on your dancing shoes! In no time at all you'll learn the basic steps of the waltz, foxtrot, rumba, and jitterbug. This class emphasizes fun, ease of movement, and music recognition. This class is a great way to get ready for all those upcoming events, such as weddings, reunions and parties. Our instructor combines the joy of movement with the romance of ballroom dancing. Instruction will be taught in a friendly and relaxed atmosphere. **You will need to register with a partner.**

Ages: 18 & Up
 Time: 7:00-8:00 pm
 Fee: \$42 **R** / \$52.50 **NR** per person
 Location: Frankfort Founders Center
 140 Oak St.

110139-06 Day/Dates: Thurs Jan 20-Feb 10

110139-07 Day/Dates: Thurs Mar 3-24

110139-08 Day/Dates: Thurs May 5-26



Upholstery Class

Do you have an upholstered chair, ottoman, or dining room chair that you cannot part with because it belonged to a relative, is an antique, or you thought someday you would have it redone? This class is for you! Learn how to up-cycle old furniture back to usable again. This is a hands-on class, so while you work on your piece, you will learn how to take apart, repair, refurbish, and reupholster furniture. There is storage available for furniture projects during the class term.

Ages: 18 & Up
 Fee: \$160 R / \$165 NR per person / 8 sessions
 Location: Lincoln-Way North Wood Shop
 Please enter through the back door by door #21

110140-00 Day/Dates: Tues, Jan 25-Mar 22
 (no class Mar 15)

Time: 11:00 am-2:00 pm

110140-01 Day/Dates: Wed, Jan 26-Mar 23
 (no class Mar 16)

Time: 6:15-9:15 pm

AARP Driver Safety

This program is designed to give adults the tools needed to drive defensively and be better aware while behind the wheel. Completion of this AARP course may qualify you for an auto insurance discount. Pre-registration is required, but you will make payment the day of. Make checks payable to AARP. There will be time given for breaks. Feel free to bring a lunch or snack.

107000-02

Ages: 50 & Up
 Time: 9:30 am-1:30 pm
 Fee: \$0 AARP Members / \$15 Non-AARP Members
 Location: Park District Administration Building Board Room
 Days/Dates: Thurs, Mar 3 & Fri, Mar 4

Self-Corded Cushion Making Class

Have a chair cushion, outdoor cushion, or couch cushion that needs to be recovered but you don't know where to start? Learn how to make a customized cushion to replace those worn out cushions or update an out of style cushion. You will learn how to make a self-corded box cushion in this class.

107103-02

Ages: 18 & Up
 Day/Dates: Wed, Apr 6-13
 Time: 7:00-8:00 pm
 Fee: \$60 R / \$65 NR per person
 Location: Lincoln-Way North Wood Shop
 Please enter through the back door by door #21

Swing Dance

Swing Dance remains one of the most popular dance styles in modern dance clubs. Dance to the big bands, the Beach Boys, Lady Gaga and more! You will learn the single time swing (jitterbug) and the triple time swing. The basic dance steps of each style are relatively easy to learn. As you gain more confidence you can layer on different moves as the mood – and the song rhythm – strikes you. Couples are recommended but not necessary. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

110139-09

Ages: 18 & Up
 Day/Dates: Thurs, Apr 7-28
 Time: 7:00-8:00 pm
 Fee: \$40 R / \$45 NR per person
 Location: Frankfort Founders Center
 140 Oak St.



Braemar Dance Center

Below is a general description for each dance style. Difficulty level is increased with each grade level.

Dance classes are closed to viewing unless invited in by the instructor.

PLEASE NOTE: Dancers that were registered for the fall session must stay in the same class they originally registered for unless they would like to add an additional class. Dance instructors keep the same group for the year to maintain consistency.

INCLEMENT WEATHER: When Summit Hill School District 161 closes due to the weather, dance classes will be cancelled.

With each age and level, the difficulty and pacing of class will increase. Should any questions arise as to which level a dancer should be in, please contact Donnette at dcannonie@fspd.org. Teachers will also evaluate dancer levels the first week of class and make any individual recommendations, if needed.

Refer to the Braemar Winter/Spring 2022 Quick Glance Dance Calendar on page 22.

OFFERING INSTALLMENT BILLING THROUGH ONLINE REGISTRATION OR IN-PERSON!

In order to secure your dancer's spot in class, a \$25 deposit is due at the time of registration for each class. Tuition will be split into two, charging half of the class fees on February 1 and the other half of the class fees on March 1. The deposit is not an additional fee but comes off the total tuition. Upon check out, you will select if you want to pay in full or utilize the installment billing payment plan set up in the system.

If you choose to utilize installment billing, any household credits will be used first if you have a credit available. If your dancer needs to transfer into another class for any reason, you must do so by February 1. Any transfers needed after the first installment bill date of February 1, cannot be completed unless you pay in full.

Acro

Acro-Gymnastics teaches strength, flexibility, and tumbling. Gymnastics skills include the list next to each level but are not limited to the list. All classes will start with stretching, warm ups, tumbling skills, drills and conditioning. All tumbling takes place on mats with the goal to complete skills on the dance floor. The skills learned in Acro are geared towards the dancer's choreography.

Ballet

Students will learn classical ballet techniques and terminology for the style that is the building block of dance. Each class includes barre exercises, center floor work, and across-the-floor combinations while focusing on grace, balance, and precision of movement.

Contemporary

This class will work on concepts of contemporary dance, combining technique of jazz, ballet, and modern through more advanced combinations. Students will develop a physical and conceptual awareness of movement and performance skills while building coordination, strength and flexibility.

Hip Hop

This class will introduce basic hip hop movement while developing coordination, rhythm, and musicality through combinations set to upbeat music.

Jazz

Jazz dance combines techniques of classical ballet and modern dance with the current forms of popular dance. Jazz also has its own movement vocabulary ranging from the isolation of certain body parts to the movement of the entire body with the accents of musical rhythms. Emphasis is on the importance of energy, rhythmical accuracy, and style.

Musical Theatre

Dancers will learn fun and energetic movements set to classic Broadway music and iconic show tunes. Class will be loaded with lots of personality and mix jazz dance, with theatre-style dance and performance.



Pointe

Pointe class will build on ballet technique by advancing to hard - toe shoes (do not purchase shoes until notified by instructor). It will include exercises to strengthen calf muscles, ankles and arches of the feet. Exercises will begin at the barre for safety and stability. Students will progress to exercises in the center to practice their balance and increase their strength.

Tap

This class is designed to increase rhythm, style and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun.

Company/Competition Team

Company class students will learn dances, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Class requirements are within each company's description. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD.

Pre-Professional

This program is open for 11th and 12th graders who are looking to pursue a career in dance or enter a college level dance program. Dancers must be registered for at least 4 High School Advanced level classes, one of which must be ballet. This course will include movement classes in specific styles, but also mock auditions, choreography development, teaching techniques and guest presenters!

Mark your calendars!

Sun, April 24- Picture Day @ Mary Drew (Times TBD)

Fri, May 6- Dress Rehearsal @ Lincoln Way West (Times TBD)

Sat, May 7- Recital 2:00pm and 6:00pm at Lincoln Way West

Sun, May 8- Company Showcase 2:00pm and 6:00pm at Lincoln Way West

*Class fees include costumes for each class. Hip Hop and Acro do not include a costume fee, accessories are purchased for these classes. Adult classes do not include a costume fee as these classes do not participate in recital.

Please refer to the breakdown below for class options that are offered by grade in school.

Preschool Dancers**Pre-Ballet**

Students are introduced to ballet technique including ballet positions of the feet and arms and creative movement through play.

I05007-00

Grades: Preschool

Day/Dates: Sat, Jan 8-April 30
(no class March 26, April 16)

Time: 9:00-9:45 am

Fee: \$244 R / \$293 NR

Pre-Ballet

Students are introduced to ballet technique including ballet positions of the feet and arms and creative movement through play.

I05007-01

Grades: Preschool

Day/Dates: Mon, Jan 10-May 2
(no class March 28, April 11)

Time: 4:00-4:45pm

Fee: \$244 R / \$293 NR

Preschool-K Acro

Introduction to basic tumbling skills. Class level will work on forward roll, handstand, cartwheel and bridge on the floor.

I05007-02

Ages/Grade: 3 & 4 years old / Kindergarten

Day/Dates: Wed, Jan 12-May 4
(no class March 30, April 13)

Time: 4:00-4:45 pm

Fee: \$206 R / \$258 NR

Kindergarten-1st Grade Dancers**Ballet K-1st****I05008-00**

Grades: Kindergarten-1st

Day/Dates: Thurs, Jan 13-May 5
(no class March 31, April 14)

Time: 5:00-5:55 pm

Fee: \$261 R / \$313 NR



Ballet/Tap K- 1st (Saturday)

This class explores ballet fundamentals in greater depth, along with the rhythm and coordination of tap dance. Dancers will enjoy this interactive class that builds on basic movements learned in the pre-ballet but is still appropriate for first-time dancers.

105008-01

Ages: Kindergarten-1st
 Day/Dates: Sat, Jan 8-April 30
 (no class March 26, April 16)
 Time: 10:00-10:55 am
 Fee: \$261 R / \$313 NR

Ballet/Tap K- 1st (Tuesday)

This class explores ballet fundamentals in greater depth, along with the rhythm and coordination of tap dance. Dancers will enjoy this interactive class that builds on basic movements learned in the pre-ballet but is still appropriate for first-time dancers.

105008-02

Grades: Kindergarten-1st
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 5:00-5:55 pm
 Fee: \$261 R / \$313 NR

Contemporary K-1st**105008-03**

Grades: Kindergarten and 1st
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 6:00-6:55 pm
 Fee: \$261 R / \$313 NR

Hip Hop K-1st**105008-04**

Grades: Kindergarten and 1st
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 4:00-4:55 pm
 Fee: \$206 R / \$258 NR

Preschool-K Acro

Introduction to basic tumbling skills. Class level will work on forward roll, handstand, cartwheel and bridge on the floor.

105007-02

Ages/Grade: 3 & 4 years old / Kindergarten
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 4:00-4:55 pm
 Fee: \$206 R / \$258 NR

Acro I

Class level will work on forward roll, handstand, cartwheel, round-off and standing back bend into a kick over.

105008-05

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

2nd-3rd Dancers**Ballet 2nd-3rd****105009-01**

Grades: 2nd-3rd
 Day/Dates: Tues, Jan 11-May 3 (no class March 29, April 12)
 Time: 4:00-4:55 pm
 Fee: \$261 R / \$313 NR

Contemporary 2nd-3rd**105009-02**

Grades: 2nd-3rd
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 5:00-5:55 pm
 Fee: \$261 R / \$313 NR

Hip Hop 2nd-3rd**105009-03**

Grades: 2nd-3rd
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 4:00-4:55 pm
 Fee: \$206 R / \$258 NR

Jazz 2nd-3rd**105009-04**

Grades: 2nd-3rd
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 4:00-4:55 pm
 Fee: \$261 R / \$313 NR



Musical Theatre 2nd-3rd
I05009-05

Grades: 2nd-3rd
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 5:00 – 5:55 pm
 Fee: \$261 R / \$313 NR

Tap 2nd-3rd
I05009-06

Grades: 2nd-3rd
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 6:00-6:55 pm
 Fee: \$261 R / \$313 NR

Acro 1

Class level will work on forward roll, handstand, cart-wheel, round-off, and standing back bend into a kick over.

I05008-05

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

Acro 2

Class level will work on back & front limber, back walk-over & front walkover, and introduction to flip flops/aerials. We will also combine skills into passes for tumbling combinations.

I05009-07

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 5:00-5:55 pm
 Fee: \$206 R / \$258 NR

4th-6th Grade Dancers**Ballet 4th-6th****I05010-01**

Grades: 4th-6th
 Day/Dates: Tues, Jan 11-May 4
 (no class March 29, April 12)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Contemporary 4th-6th**I05010-02**

Grades: 4th-6th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 4:00-4:55 pm
 Fee: \$266 R / \$318 NR

Hip Hop 4th-6th**I05010-03**

Grades: 4th-6th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 5:00-5:55 pm
 Fee: \$206 R / \$258 NR

Jazz 4th-6th**I05010-04**

Grades: 4th-6th
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Musical Theatre 4th-6th**I05010-05**

Grades: 4th-6th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Tap 4th-6th**I05010-06**

Grades: 4th-6th
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Strength/Conditioning/Technique-NEW!**I05010-07**

Grades: 4th-6th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR



Acro 1

Class level will work on forward roll, handstand, cart-wheel, round-off and standing back bend into a kick over.

105008-05

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

Acro 2

Class level will work on back & front limber, back walk-over & front walkover, and introduction to flip flops/aerials. We will also combine skills into passes for tumbling combinations.

105009-07

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 5:00-5:55 pm
 Fee: \$206 R / \$258 NR

Acro 3

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

105011-00

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

7th-8th Grade Dancers

Ballet 7th-8th

105011-01

Grades: 7th-8th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 4:00-4:55 pm
 Fee: \$266 R / \$318 NR



Jazz 7th-8th

105011-02

Grades: 7th-8th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Contemporary 7th-8th

105011-03

Grades: 7th-8th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Hip Hop 7th-8th

105011-04

Grades: 7th-8th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 4:00-4:55 pm
 Fee: \$206 R / \$258 NR

Pre-Pointe 7th-12th

105011-05

Grades: 7th-12th
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 7:00-7:55 pm
 Fee: \$266 R / \$318 NR

Tap 7th-8th

105011-06

Grades: 7th-8th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Strength/Conditioning/Technique-NEW!

105011-07

Grades: 7th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

Strength/Conditioning/Technique-NEW!

105011-08

Grades: 7th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR



Acro 2

Class level will work on back & front limber, back walkover & front walkover, and introduction to flip flops, aerials, and handsprings. We will also combine skills into passes for tumbling combinations.

105009-07

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 5:00-5:55 pm
 Fee: \$206 R / \$258 NR

Acro 3

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

105011-00

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

Freshmen in High School

Jazz Fr

105012-00

Grade: 9th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Hip Hop Fr

105012-01

Grade: 9th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

Contemporary Fr

105012-02

Grade: 9th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Ballet Fr

105012-03

Grade: 9th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Ballet High School

105012-04

Grades: 9th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Musical Theatre Fr

105012-05

Grade: 9th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Pre-Pointe 7th-12th

105011-05

Grades: 7th-12th
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 7:00-7:55 pm
 Fee: \$266 R / \$318 NR

Strength/Conditioning/Technique-NEW!

105011-07

Grades: 7th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

Strength/Conditioning/Technique-NEW!**105011-08**

Grades: 7th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

Acro 3

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

105011-00

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

Acro 4

Running and standing tumbling with new combinations introduced.

105012-06

Grades: 9th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 8:00-8:30 pm
 Fee: \$103 R / \$129 NR

Sophomore through Senior in High School**Ballet So-Sr****105013-00**

Grades: 10th-12th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 7:00-7:55 pm
 Fee: \$266 R / \$318 NR

Jazz So-Sr**105013-01**

Grades: 10th-12th
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 6:00-6:55 pm
 Fee: \$266 R / \$318 NR

Hip Hop So-Sr**105013-02**

Grades: 10th-12th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

**Contemporary So-Sr****105013-03**

Grades: 10th-12th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 Time: 7:00-7:55 pm
 Fee: \$266 R / \$318 NR

Pre-Pointe 7th-12th**105011-05**

Grades: 7th-12th
 Day/Dates: Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 7:00-7:55 pm
 Fee: \$266 R / \$318 NR

Pointe So-Sr**105013-04**

Grades: 10th-12th
 Day/Dates: Thurs, Jan 13-May 5 (no class March 31, April 14)
 Time: 7:00-7:55 pm
 Fee: \$266 R / \$318 NR

Strength/Conditioning/Technique-NEW!**105011-07**

Grades: 7th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

Strength/Conditioning/Technique-NEW!**105011-08**

Grades: 7th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:50 pm
 Fee: \$206 R / \$258 NR

Acro 3

Class level will work on handspring, flip flops, round-off flip flops, aerial, and tucks. Standing tumbling includes tucks and pikes.

I05011-00

Grades: Varies, based on skill level
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

Acro 4

Running and standing tumbling with new combinations introduced.

I05012-06

Grades: 9th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 8:00-8:30 pm
 Fee: \$103 R / \$129 NR

Pre-Pro**I05013-05**

Grades: 11th-12th
 Day/Dates: Mon, Jan 10-May 2
 (no class March 28, April 11)
 & Thurs, Jan 13-May 5
 (no class March 31, April 14)
 Time: 8:00-8:30 pm
 Fee: \$266 R / \$318 NR

Musical Theatre So-Sr**I05013-06**

Grades: 10th-12th
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 5:00-5:55 pm
 Fee: \$266 R / \$318 NR

Adult Classes**Adult Tap****I05014-00**

Ages: 16 and Up
 Day/Dates: Tues, Jan 11-May 3
 (no class March 29, April 12)
 Time: 7:00-7:55 pm
 Fee: \$206 R / \$258 NR

Adult Open Dance -NEW!**I05014-01**

Ages: 16 and Up
 Day/Dates: Wed, Jan 12-May 4
 (no class March 30, April 13)
 Time: 6:00-6:55 pm
 Fee: \$206 R / \$258 NR

Customized Private Lessons for Dancers

Accelerate your dance training by taking private lessons in your dance style of choice. Customized hour or half hour lessons can provide your dancer with focused instruction that can assist dancers who are looking to make greater strides in ability, receive extra help with class choreography or deepen his or her understanding of a particular style. One, three, five or ten private lesson punch cards are available at the Park District office and sessions can be scheduled through Donnette or Kari.

Ages: All
 Day/Dates: Varies- contact instructors
 Fees: \$25 R / \$27 NR 30 min. per lesson
 (Purchase a 1, 3, 5, or 10 punch card at park district)
 (see email notes)

Customized Group Lessons

Looking to make your wedding more exciting and surprising for your guests? Or maybe need an idea for team-building, birthday or bridesmaids party? Let us choreograph a routine for either a group or a couple to add that extra level of fun and surprise to your event! Customized options for this one-of-a-kind lesson are available through the Braemar Dance Center. Please contact the office to speak to the teacher or choreographer who can personalize a dance or lessons just for you!

Code:
 Ages: All
 Time: Varies
 Fee: Contact Kari directly to schedule private lessons
 Location: Mary Drew Dance Studio

Dress Code Requirements

Any additional questions regarding dance attire can be discussed with the teacher.

Ballet Classes

Girls: Ballet leotard, pink tights, pink leather ballet shoes. May wear ballet skirts. Hair must be neatly tied up.
 Boys: T-shirt and athletic shorts, white socks, and black leather ballet shoes.

Ballet/Tap Classes

Girls: Ballet leotard, pink tights, pink leather ballet shoes and black tap shoes. May wear ballet skirts. Hair must be neatly tied up.
 Boys: T-shirt and athletic shorts, white socks, black leather ballet shoes and black tap shoes.

Tap Classes Comfortable clothes that allow easy movement and black tap shoes; no jeans.

Jazz

Girls: Leotard or tank top, jazz pants/leggings/athletic shorts, nude jazz shoes
 Boys: T-shirt and athletic shorts, black jazz shoes

Hip-Hop Comfortable clothes that allow easy movement and gym shoes; no jeans.

Contemporary Comfortable clothes that allow easy movement; no jeans; no shoes.

Musical Theatre- Comfortable clothes that allow easy movement and nude jazz shoes.

Braemar Dance Center Weekly Class Schedule Winter/Spring 2022

Monday	Tuesday	Wednesday	Thursday	Saturday
4:00pm Hip Hop 7 th -8 th Preschool Ballet Hip Hop 2 nd -3 rd	4:00pm Company 3 (6 th) Ballet 2 nd -3 rd Hip Hop K-1 st Ballet 7 th -8 th	4:00pm Contemporary 4 th -6 th Acro Preschool-K (45 min) Jazz 2 nd -3 rd	4:00pm	9:00am Preschool Ballet (45 min) 10:00am Ballet/Tap K-1 st
5:00pm Contemporary 7 th -8 th Musical Theatre Fr Contemporary 2 nd -3 rd Hip Hop 4 th -6 th	5:00pm Ballet 4 th -6 th Ballet/Tap K-1 st Company 1 (2 nd -3 rd) Jazz 7 th -8 th	5:00pm Company 4 (7 th -8 th) Acro 2 Jazz Fr Musical Theatre So- Sr	5:00pm Musical Theatre 2 nd -3 rd Tap 4 th -6 th Ballet K-1 st	
6:00pm Hip Hop So-Sr Musical Theatre 4 th -6 th Contemporary K-1 st Contemporary Fr	6:00pm Jazz So-Sr Company 2 (4 th -5 th) Tap 7 th -8 th Ballet Fr	6:00pm S/C/T* 7 th -HS Acro 1 Ballet HS (Opt 2) Company 6 (So) Adult Open Dance	6:00pm Tap 2 nd -3 rd Jazz 4 th -6 th	
7:00pm Contemporary So-Sr Hip Hop Fr	7:00pm Company 5 (Fr) S/C/T* 4 th -6 th Adult Tap Ballet So-Sr (Opt I)	7:00pm Company 7 (Jr -Sr) Acro 3 S/C/T* 7 th -HS	7:00pm Pointe So-Sr Pre-Pointe 7 th -HS	
8:00pm Pre-Pro Jr-Sr (30 min)		8:00pm Acro 4 (30 min)	8:00 Pre-Pro Jr- Sr (30 min)	
*S/C/T- Strength/ Conditioning/Tech- nique				

All classes are 55 minutes unless the time has been listed below the class. All classes are subject to change.

Pee-Wee Sports

This program will introduce your little athlete to the world of sports! Pee-Wee Sports is designed to create an interest in a variety of sports, while developing listening and motor skills. These skills will be taught in a fun, non-competitive learning environment. A different sport will be played each week including basketball, soccer, t-ball, football, and more. Appropriately-sized equipment will be used.

Ages: 4-6

103020-04 Day/Dates: Tues, Feb 1-Mar 8

103020-05 Day/Dates: Tues, April 5-May 10

Time: 5:15-6:00 pm

Fee: \$47 R / \$59 NR / 6 Sessions

Location: Mary Drew

Little Bulls

Go Bulls! Dribbling, passing, shooting, and teamwork will be taught in this instructional basketball program. All skills will be taught in a fun and easy to learn environment. Non-competitive games will be played during each class, allowing all participants to get involved. Smaller basketballs and lowered baskets will be used to help skill development.

Ages: 5-7

103140-03 Day/Dates: Tues, Feb 1-Mar 8

103140-04 Day/Dates: Tues, April 5-May 10

Time: 6:15-7:00 pm

Fee: \$47 R / \$59 NR / 6 sessions

Location: Mary Drew

Little Kickers

Little Kickers is designed for someone who has little or no knowledge of soccer. This program introduces the basic fundamentals of soccer. The emphasis is on instruction rather than competition, as players learn the necessary skills of soccer. Participants should dress in comfortable clothes and gym shoes. Shin guards are required for this program.

Ages: 3-6

Day/Dates: Sat, Apr 30-June 11 (no class May 28)

103100-01 9:00-9:35 am

103100-02 9:40-10:15 am

Fee: \$37 R / \$46.25 NR / 6 sessions

Location: Lincoln-Way North

Intermediate Soccer

Intermediate Soccer is an extension of the Little Kickers program. Players continue to learn the fundamentals while improving their skills and confidence. Participants must have taken Little Kickers to be eligible. Participants should dress in comfortable clothes and gym shoes. Shin guards are required for this program.

103001-01

Ages: 4-7

Day/Dates: Sat, Apr 30-June 11 (no class May 28)

Time: 10:20-11:15 am

Fee: \$47 R / \$59 NR / 6 sessions

Location: Lincoln-Way North

Saturday Co-Ed Indoor Soccer League

Come join our Saturday recreational soccer league for fun and fast action! This program is designed to give players the opportunity to practice their skills and have fun during the winter and spring months. Players will be divided into age groups and teams after registration. Shin guards are required.

Day/Dates: Sat, Apr 2-June 11 (no class May 28)

Times: TBD (afternoon)

Fee: \$47 R / \$59 NR / 6 sessions

Location: Lincoln Way North

Grades:

800060-00 K

800060-01 1st

800060-02 2nd

800060-03 3rd

800060-04 4th

800060-05 5th

800060-06 6th

800060-07 7th

800060-08 8th

Family Twosome Bowling League

Join the Adult/Youth Scholarship Bowling League. The League will bowl every other week for 8 weeks. The fee includes shoe rental, use of the bowling balls, and practice 10 minutes before league play. Pre-bowling is allowed. The last week will include a pizza party and award certificates. The great news is all kids receive a scholarship award for future participation in bowling.

800004-01

Ages: 1 Child/1 Adult

Days/Dates: Jan 9-Apr 10

Time: Practise: 2:05 pm Start: 2:15 pm

Fee: Bumpers - \$128

Non-Bumpers - \$176

Location: Tinley Bowl

7601 W. 183rd St.

Tinley Park, IL

Annual Memberships

Membership in the F.A.N. (Frankfort Square Park District Activities at North) program includes all open activities that are offered at the Lincoln-Way North campus, including open gyms, fitness center, and weight room.

Family Membership	\$289
Couple Membership	\$184
Single Membership	\$131
Senior Pass (62 and older)	\$53

Memberships can only be purchased at the park district office, located at 7540 W. Braemar Lane, Frankfort. Membership is provided on an annual basis. Your membership is valid for 1 year from the date of purchase. No Refunds, if for some reason we have to close FAN for a length of time we will add the time onto the end of your membership.

Any resident of the Frankfort Square Park District (FSPD) and Lincoln-Way Community High School District 210 (LWCHSD) is eligible to purchase an annual membership. It is required at the time of registration that three forms of ID be available to ensure residency.

A photo ID will be provided for all members. ID's must be carried whenever attending F.A.N. programming at the LWN campus.

Lost or stolen ID's can be replaced at the park district office for a fee of \$10.

Membership is not available to non-residents.

Children under 16 must be directly supervised by an adult and participating in an activity.

Children under 14 not permitted in weight room.
(8th grade and younger)

Participants ages 14-17 must be directly supervised by an adult in the weight room or fitness room.

Any **upgrade** to a pass must be completed within two weeks of the original pass purchase date.

Proof of Residency

Three separate forms of identification for proof of residency must have three addresses that match on all three forms of proof of residency, and at least one must include photo identification.

Definition of valid forms of ID, as recognized by the State of Illinois or Federal Government include the following:

- Valid drivers license
- Valid State of Illinois ID card
- Voters registration card
- Vehicle registration card
- Utility bills - can have two utility bills, but must be different utility providers
- Property tax bill
- FOID card (Firearms Owner Identification)
- Police/Fireman Commissions card (photograph and thumbprint will be on this card)
- Valid Illinois fishing licesnse

Bank statements, personal checks, credit card statements or other mail addressed to a P.O Box will NOT be considered acceptable forms of identification.

F.A.N. for All

The Frankfort Square Park District has received many requests for usage from a variety of community, private non-profit, and for profit organizations. At this time, exclusive use of the Lincoln-Way North field house, gymnasiums, and athletic fields, is not available. The purpose of F.A.N. is not to host tournaments or special events, no matter what revenue the event may generate.

Providing space for these events would limit resident access and usage for F.A.N. members and local groups and organizations that schedule practices and games.

Secondly, F.A.N and the North campus cannot accommodate every group and organization at all the facilities and fields for the Lincoln-Way area. Local high schools, East, Central, and West are still available for resident usage, and should be considered as able to meet group and/or organization needs. Lincoln-Way North facility usage request forms are available on the FSPD website under the Parks & Facilities tab

College Student Winter Break Pass

This is designed for students who are home for the holiday season and want an affordable way to work out and have fun. Passes will be available for purchase at the park district office. This pass will be valid December 1-January 31.

Must show a valid College/University ID

Fee: \$25 per student

Hatha Yoga

Discover the unique way to shape your body and your mind. This beginning yoga class introduces asanas (yoga postures), breathing, meditation, and relaxation. Please bring a water bottle, mat, and towel to class.

Age: 16 & Up

107021-01 Days/Dates: Tues, Jan 11 - Feb 15, 7:00-8:00 pm

107021-02 Days/Dates: Tues, Mar 1 - Apr. 5, 7:00-8:00 pm

Fee: \$35 **R** / \$44 **NR** / 6 sessions

Location: Lincoln-Way North Dance Studio

Please use the Fieldhouse Entrance

Chair Yoga

If you have limited mobility or physical pain, lowering yourself up and down onto a mat can be difficult. This class is designed for you. It will increase your flexibility, strength, and reduce stiffness. Regardless of your age, weight, or fitness level – you can experience the benefits of yoga all while sitting in a chair. Please bring a water bottle to each class.

Age: 16 & Up

107011-03 Days/Dates: Wed Jan 12-Feb 16, 6:30-7:30pm

107011-04 Days/Dates: Wed Mar. 2-Apr 6, 6:30-7:30pm

Fee: \$35 **R** / \$44 **NR** / 6 sessions

Location: Lincoln-Way North Dance Studio

Please use the Fieldhouse Entrance



Square Links Golf
Square Links Golf Course & Driving Range
7861 W. Saint Francis Road
Frankfort, IL 60423
(815) 469-1600

Watch for our season opening, approximately, April 1, 2022. Square Links, a 1,749 yard, par 32 course owned by the Frankfort Square Park District, is open daily spring through fall. You are able to book a tee time on line at www.fspd.org. The driving range covers over 400,000 square feet and includes both manicured grass tees and synthetic stations. Also featured is an 18-hole natural grass putting course and a practice sand bunker.

Toptracer delivers the same ball-tracking technology that traces the shots of the games best players on TV. Driving ranges equipped with Toptracer Range technology offer a fun, engaging, tech-driven experience that appeals to seasoned players, range rivals, friends, family members, and even first-time golfers.

Practice like the Pros-Toptracer Range Mobile sends shot traces and detailed data directly to your phone. Hit a shot and get instant stats like ball speed, launch angle, carry, curve, and more. The app then stores all that data so you can track progress and measure improvement.

Get the App-How to download and set up Toptracer Range App on your mobile device.

Toptracer Range Game Guide-Spice up your practice session with these skilled bases games on the App.

Go to our website to learn more www.fspd.org

Free Adult Golf Clinics

Join us for these free golf instructional clinics to shore up your game or learn something new. Clinics will be held throughout the spring, summer, and fall. Each clinic will touch on grip, stance, alignment, and swing techniques. Please make sure to bring your own clubs.

Ages: 14 & Up
 Fee: FREE
 Time: 5:30-6:30 pm
 Day/Date: Thurs, Apr 7
 Day/Date: Thurs, May 5
 Day/Date: Thurs, Jun 2
 Day/Date: Thurs, Jul 7
 Day/Date: Thurs, Aug 4
 Day/Date: Thurs, Sept 1
 Day/Date: Thurs, Oct 6



Youth and Junior Group Lessons
(Ages 7-13)

This introductory golf program features driving range instruction, as well as supervised play on the course to learn golf rules, safety, and etiquette. The fundamentals of the swing (stance, alignment, grip, and posture) are introduced and practiced each week. Once they are comfortable on the driving range, participants will advance to a few holes of course play. Please bring the following to the first class: a wood, a mid-iron (e.g. 5 iron), and a putter.

The program fee includes range balls for each class.

Ages: 7-13
 Time: 5:00-6:00 pm
 Fee: \$44 / 4 sessions
840000-04 Day/Dates: Tues, May 10-May 31



Teen/Adult Group Lessons

(Ages 14 and Older)

This program will emphasize the fundamentals of grip, stance, alignment, and swing techniques. Please bring your golf clubs to each class. Sign up with a friend or family member and enjoy these evenings of fun and learning together!

The program fee includes range balls.

Ages: 14-Adult

Time: 6:00-7:00 pm

Fee: \$60 / 4 sessions

840000-03 Day/Dates: Tues, May 10-May 31

Square Links On Course Lessons - NEW

Need to overcome the intimidation of the course, play better, and make your practice time more productive? Apply what you learn to “real time” on the golf course instruction with PGA Professional Ken Buss for great tips to lower your score. Have a great time and learn more about your golf game each week.

1st Class Fundamentals; grip, posture, ball position, and basic swing

2nd Class Putting – Rules & etiquette

3rd Class Full swing irons

4th Class Sand play & short game

5th Class Woods – Fairway & driver

The program fee includes

Weekly 1 hour golf lesson

Range balls with lesson

Weekly 10 holes of golf – scramble format (on course instruction during round)

Weekly prizes for closest to the pin, longest drive, and straightest drive

Weekly putting contest

Ages: 14 & Up

Fee: \$250 per person

Location: Square Links Golf Course

840003-05 Day/Dates: Sat, May 7-June 4

Time: 10:00 am-1:00 pm

Private Lessons

Private lessons can be scheduled at Square Links by directly contacting PGA Golf Professional Ken Buss. Ken has been a PGA Member for 50 years, and was awarded the Midwest Teacher of the Year in 1993. Contact Ken directly at (708) 567-3667 to schedule private lessons.

Super Bowl Sunday Golf

Bring your friends and family to Square Links Golf Course to enjoy a round of golf before the big game! Rain, snow, sleet, or hail, we will be open for anyone who wants to brave the elements.

NOTE: Walking only, riding carts will not be available.

Day/Date: Sun, Feb 13

Time: 9:00 am-2:00 pm

Fee: \$5

Location: Square Links Golf Course

Errant Golf Ball Policy

Kindly understand that Square Links Golf Course and the Frankfort Square Park District are not responsible or liable for property damage or personal injuries arising from errant golf balls. The park district is committed to safety, good sportsmanship, and cooperation with our golfers and residents, and has developed the following guidelines to minimize errant shots and to assist injured parties in identifying the golfer responsible for hitting the errant shot.

- Golfers are expected to exercise the highest degree of sportsmanship, etiquette, caution, and consideration of others – refraining from horseplay, carelessness, and reckless or offensive behavior. Golfers are responsible for their own conduct and play, including errant shots that may result in property damage or personal injuries.
- In the event of property damage or personal injury, Square Links employees will assist the damaged property owner or injured party in trying to identify the golfer who struck the shot. However, the property owner or injured party cannot be disruptive or discourteous to facility patrons or staff.
- Square Links Golf Course and Frankfort Square Park District staff are not responsible for identifying the golfer who hit the errant ball, or for ensuring that the parties will exchange contact and/or insurance information when the responsible golfer is identified. When the responsible golfer is known, Square Links staff will attempt to facilitate polite interaction and cooperation between the responsible golfer and injured party.

Integrated Pest Management

Application of herbicides to park land is necessary to maintain and improve park properties within our district. These applications are done by qualified personnel with proper equipment, and in compliance with all appropriate state and local regulations. Integrated Pest Management (I.P.M.) is employed by the Frankfort Square Park District to manage and control pests with chemical, physical, and biological methods. Components of I.P.M. include fertilization, maintaining mowing equipment, aerating, over-seeding, and chemical application of herbicides. If you would like additional information relating to I.P.M., or be notified when chemical applications will be done, please contact the park office at (815) 469-3524.



Lincolnway

SPECIAL RECREATION ASSOCIATION

About Us

Since 1976, the Lincolnway Special Recreation Association (LWSRA) has provided recreation services for individuals with disabilities through a cooperative agreement with its seven member park districts: Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Island Park Districts. Participants enjoy active, healthy and more independent lifestyles through a variety of recreational and social opportunities.

 1900 Heather Glen Drive
New Lenox, IL 60451

 (815) 320-3500
support@lwsra.org



Social Programs

Engage with similar-aged peers in a structured but fun-filled social environment. Staff create opportunities to develop skills and try new experiences. Popular programs include dances, bingo, trivia, community trips, adult day program, summer camps and Saturday youth groups.



Interest-based Programs

Find programs centered around fitness or cultural arts. Try competitive Special Olympics and adapted sports or fitness outlets such as strength & conditioning and introductory sports skills. Enjoy creative arts through cooking, drawing & painting, dancing and more!



Inclusion

Park Districts welcome participation in all programs by individuals with disabilities and special needs. The district works cooperatively with LWSRA to facilitate successful participation for individuals who request an inclusion aide. Inclusion services give participants the needed

Thor Guard Lightning Prediction System

The Frankfort Square Park District has a lightning prediction system that consists of sensors measuring electrostatic charges at ground level and in the atmosphere. These electrostatic charges, invisible to the naked eye, build prior to lightning occurrences. Square Links Golf Course houses the main detection system. When conditions indicate that a lightning occurrence is probable, a signal is sent to alarm horns and strobe lights located at the Community Center, Summit Hill Jr. High, Lincoln-Way North, as well as Champions, Hunter Prairie, and Union Creek Parks.

The following procedures are to be followed when potentially dangerous weather exists:

Warning Signal

A Warning Signal (one long 15 second horn blast) will sound and strobe lights will activate when a potentially dangerous weather situation is approaching. If the strobe lights are activated, a potentially dangerous weather situation exists.

Procedures

All activities in the park will end immediately and patrons must leave the park. It is recommended that park patrons seek shelter in their cars or a building. Patrons should avoid areas that are higher than the surrounding landscape, they should not use a tree for shelter, and they should keep away from metal objects such as bicycles, golf clubs, umbrellas, etc. All park patrons must wait until the Lightning Prediction System performs an All Clear Signal before returning to the park.

All Clear Signal

The All Clear Signal (three short horn blasts, two seconds apart) will sound, and the strobe lights will deactivate. After the All Clear Signal sounds and the strobe lights deactivate, park patrons may resume their activities.

Caution

The Thor Guard System helps assess the conditions. Neither the signal nor the system is intended to guarantee that conditions are safe. If the weather is threatening and no warning signal is heard or seen, use good judgment and clear the area. Do not wait for the warning signal to activate, as the system can malfunction.

The Thor Guard Lightning Prediction System is tested on the first Tuesday of every month at 10:00 am during non-winter months.

AED - Automated External Defibrillators

The Frankfort Square Park District has purchased and placed into service numerous automated external defibrillators (AED's). These AED's are located at the Community Center, Square Links Golf Course, Champions Park concession stand, and both Union Creek concession stands. In addition, Summit Hill School District 161 and Lincoln-Way Community High School District 210 have AED's located at all school facilities utilized by the park district for programming.

Boy Scouts of America Scouts, BSA Ages 11-18

A leadership program that is designed to challenge and inspire it's members.

With our advancement and merit badge opportunities youth have the opportunity to grow and explore, via camping, hiking, and service projects.

<https://www.facebook.com/scoutsbsaFS>

For Boys: Troop 237

Contact Earl Bonovich at 708-638-2195 or earl.bonovich@tkdtrio.com

For Girls: Troop 732 Contact Dave Geekie at 708-902-2295 or dgeekie63@gmail.com

Cub Pack 237, Grades: K - 5th

Contacts: Keith Brown (708) 525-1075

FSPDPack237@gmail.com

Cub Pack 101, Grades K - 5th

Cub Scout Pack 101 is a Family Pack that welcomes boys and girls in kindergarten through 5th grade to join at any time during the year. Our Pack offers a fun and exciting Cub Scout program that includes events such as the annual Pinewood Derby, and also provides camping and hiking opportunities. Visit us on Facebook - www.facebook.com/FSPack101/ - to learn more, or look us up at www.beascout.org to apply. For more information, contact Justin Pariseau at (708) 921-3083 or justinapariseau@gmail.com.

Girl Scouts USA

Are you looking to become a Girl Scout? We have troop leaders ready to accept new girls (ages 5-18) into their troops which meet on a variety of days and times. For more information, please contact the individual leaders below or by email at:

serviceunit742@gmail.com or Amywhite11@comcast.net

District 161 and Lincoln-Way 210 - Amy Nordsell (630) 661-1001



Union Creek Skate Park

The Union Creek Skate Park and hockey rink are provided for open use by individuals.

Hours: Dawn to dusk

Warning of Risk and Danger

Skateboarding and in-line skating are high risk activities with inherent risks of serious injury.

The skate park area is **unsupervised** and participants and all other persons are voluntarily participating and entering at their own risk.

Skate parks are prone to flying objects and bodies. Know your abilities and skate within them. The park district is not responsible for accidents. When wet, the skating surface can be dangerous. **Enter at your own risk!**

Please review the rules posted at Union Creek Park.

NHL-Style In-Line Hockey Rink

Come out and play just like the pros. Shoot at the same goals, get checked into the same boards, and try to stay out of the same penalty boxes as the pros. The hockey rink, located at Union Creek, is open daily from 8:00 am until 10:00 pm for in-line skating and hockey.



Frisbee Golf Course

Visit the 9-hole, par 32 Frisbee Golf Course, located at Indian Boundary South Park. The course is open for play every day, from dawn to dusk. Bring your own discs and have fun!

Frisbee Golf is played like regular golf, but uses flying discs instead of golf balls. One stroke is counted for each throw or when a penalty is incurred. A hole is completed when the disc rests in the basket. The winner is the player with the lowest score.

Please review the disc golf course rules posted at Indian Boundary South Park.

Community Park Gardens - FREE!
Elevated community gardens are available at Community Park, located at the corner of St. Francis and Frankfort Square Roads. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

Brookside Bayou Park – FREE!
Garden plots located at 191st and Brookside Glen Drive. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

Frankfort Square Baseball League (FSBL)

FSBL is an all-volunteer baseball organization that seeks to instill ideals of good sportsmanship, teamwork, honesty, courage, and leadership in every player at every age level. Online registration for the spring 2021 season opens in late November. The season is expected to begin in April. We offer t-ball through collegiate divisions and travel baseball. Please visit us on the web at fsbl.net or like us on Facebook at facebook.com/thefsbl to stay informed regarding all league activities.

Simba and Nala's Dog Park

Simba and Nala's Dog Park is located at Union Creek Park and features two main areas. One is for small dogs (less than 30 pounds), and the other is for large dogs (larger than 31 pounds). The park also includes a dog rinsing station, dog waste bags, and receptacles.

Registration for Simba and Nala's Dog Park is accepted at the Park District Administration Building for residents and non-residents. The annual membership fee is FREE per resident dog and \$60.00 per non-resident dog. Our calendar year is May 1 - April 30.

In order to register, individuals must bring a copy of each dog's immunization records (Rabies - certificate from the county, Distemper, and Bordetella) to the park district. Special registration forms are available at the park office. Also, please bring us a 4 x 6 photo of your furry friend.

At the time of registration, participants will receive a membership packet, which includes rules and emergency contact information. Other items include a membership card, key fob, and lanyard. An electronic locking gate promotes safety and security, as well as operational efficiency at the park. The key fob, which can be attached to your dog park lanyard or your keychain, must be presented in close proximity to the gate lock in order to gain access to the park. Key fobs will be activated within 24 hours of registration.

If you misplace your key fob, please notify the Frankfort Square Park District immediately. Your old key fob will be deactivated and a new one will be issued to you and activated for a \$25.00 replacement fee.

In the event that your key fob is deactivated, there will be a \$5.00 reactivation fee.

Integrated Pest Management

Application of herbicides to park land is necessary to maintain and improve park properties within our district. These applications are done by qualified personnel with proper equipment and in compliance with all appropriate state and local regulations. Integrated Pest Management (I.P.M.) is employed by the Frankfort Square Park District to manage and control pests with chemical, physical, and biological methods. Components of I.P.M. include fertilization, maintaining mowing equipment, aerating, over-seeding, and chemical application of herbicides. If you would like additional information relating to I.P.M. or would like to be notified when chemical applications will be done on park property, please contact the park office at (815) 469-3524.



Memorial Opportunities Available.
Please Contact the Administrative Office:
815.469.3524

Picnic Shelter Rental

The Frankfort Square Park District has two picnic shelters available on a rental basis. The Union Creek Picnic Shelter, located at the Hilda Walker School site, and the 80th Avenue shelter, located next to the South Suburban Special Recreation Association building, are available for family picnics, birthdays, etc. Please call the park district office for availability.

Picnic Shelter Rental Rates

Security deposit - \$100.00
 Rental rate - \$100.00
 Non-resident rental rate - \$250.00

- * Deposit required
- * No alcohol allowed
- * First-come, first-serve basis
- * Must be 25 years or older to reserve the pavilion
- * Security deposits are non-refundable in the event of a cancellation

Additional smaller shelters are available at Indian Trail School, Hunter Prairie Park, Community Park, Frankfort Square School, and Dr. Julian Rogus School at no cost. Usage is available on a first-come, first-served basis for these pavilions.

Frankfort Square Park District Program Waiver & Release

Important Information

The Frankfort Square Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Frankfort Square Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury, or impairment, to consult a physician before undertaking any physical activity.

Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Frankfort Square Park District to guarantee absolute safety.

Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Frankfort Square Park District, including its officials, agents, volunteers and employees.

Photo/Video Policy

I understand that photos and videos are periodically taken of people participating in Frankfort Square Park District programs and activities, and I agree that any photograph or video taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes, including its electronic media, videos, brochures, flyers, and other publications without additional prior notice, permission, or compensation to the participant.

I have read and fully understand the registration policies, the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Please Print

Participant's Name _____ Date _____

Participant's Signature _____ (18 years or older or Parent/Guardian)

Participation Will Be Denied

If the signature of adult participant or parent/guardian and date are not on this waiver.

In accordance with the Americans with Disabilities Act, please describe any accommodation needed for your enjoyment of this program. If special accommodations are needed, allow 2 weeks prior to the start of the program. A staff member will contact you for more information. If you do not hear from us prior to the start date of the program, please call to confirm your accommodations.

Please read information carefully before registering:

Registration Policy

1. Programs will be filled on a first-come, first-served basis.
2. All programs will have a minimum and a maximum enrollment.
3. Waiting lists may be formed after a particular class is filled.
4. The park district works hard to schedule programs at your convenience, but under extreme conditions, reserves the right to change facilities, times, dates, and instructors. You will be notified prior to change.
5. If a park district program is scheduled at a school facility, school programs have priority.
6. Registrations must be made by online, mail, fax, or in person during regular office hours. We also have an after-hours drop box located at the front door of the Community Center.
7. Mail-in registrations (with payment and registration form included), unless notified otherwise by park district personnel, are automatically registered for the classes indicated. If not admitted, individuals will be notified and receive a full refund. To register by mail, please complete a registration form and enclose a check made payable to the Frankfort Square Park District and mail to:
 Frankfort Square Park District
 7540 W. Braemar Lane
 Frankfort, Illinois 60423
8. All payments must be paid in-full at time of registration.
9. Non-residents will pay an additional 25% for programs.
10. The park district reserves the right to adjust any incorrect program fees that were due to printing errors.
11. A \$5.00 fee will be assessed to each participant wishing to change programs or sessions. Program changes will not be processed until transfer fee is rendered.
12. A \$25.00 fee will be assessed for any returned check and any future registrations will need to be paid in cash.

Resident Status

Please call the park office to see if you are a resident and within park district boundaries.

Registration Refund Policy

1. Refunds will be mailed approximately two weeks from the time of submission.
2. 100% refund will be given whenever the park district cancels a program or activity due to insufficient program registration.
3. A full refund, less a \$5.00 service charge (per program) will be granted if the request is submitted prior to three business days before the start of the program or activity. All refunds for programs must be requested in-person at the park district office.
4. No refunds will be given after the start of the program.
5. One week notice of cancellation is necessary in order to obtain a full refund on any park district trip. (Less a \$5.00 service charge.)
6. No refunds for certain special events. (i.e.; Breakfast with the Bunny, one-day parties, or trips)

The Frankfort Square Park District is not responsible for lost or late mail.

Mail-in, drop-off, or fax your completed registration form along with your check or credit card number to:

Frankfort Square Park District
 7540 W. Braemar Lane
 Frankfort, IL 60423
 Fax: (815) 469-8657

Please place the appropriate registration form, check, or credit card number in a sealed envelope and drop off at the Frankfort Square Park District Administration Building, 7540 W. Braemar Lane. Be sure to include the program number and remember to sign the waiver. Please read all registration instructions carefully because some programs have special registration requirements or registration deadlines. Include the registration form with a check or credit card number for the correct total fee. Please include your phone number on the check and make your check payable to the Frankfort Square Park District.

Currently accepting applications for the following position:

Square Links Golf Course
 BAS (Before & After School)
 F.A.N. Program



APPLICATION FOR EMPLOYMENT

Today's date: _____
 Date available to start work: _____

Pre-employment questionnaire

An equal opportunity employer

PERSONAL INFORMATION

DATE: _____

Name: _____
Last First M.I.

Address: _____

City/State: _____ Zip Code: _____

Telephone Number: _____ Cell Phone Number: _____

E-mail: _____ Are you 18 years or older?: _____

The Age Discrimination in Employment Act of 1967 prohibits discrimination on the basis of age with respect to individuals who are at least 40 years of age, but less than 70 years of age.

POSITION

Position: _____ Salary desired: _____

Are you currently employed?: _____ If so, may we inquire of your present employer?: _____

EDUCATION

TYPE OF SCHOOL	NAME OF SCHOOL	ADDRESS	YEARS COMPLETED	COURSE OF STUDY
GRAMMAR SCHOOL				
HIGH SCHOOL				
COLLEGE				
BUSINESS OR TRADE SCHOOL				

SPECIAL SKILLS

Please list other special skills you may have, e.g., licenses, certifications, specialized training, etc.

WORK EXPERIENCE (List last three employers, beginning with the most recent.)

Employer/Phone	Dates Employed From: To:	Work Performed
Address	Supervisor	
Job Title	Reason for Leaving	

Employer/Phone	Dates Employed From: To:	Work Performed
Address	Supervisor	
Job Title	Reason for Leaving	

Employer/Phone	Dates Employed From: To:	Work Performed
Address	Supervisor	
Job Title	Reason for Leaving	

REFERENCES (List names of three persons not related to you, whom you have known at least one year.)

Name/Address	Business	Phone
	Years Acquainted	
Name/Address	Business	Phone
	Years Acquainted	
Name/Address	Business	Phone
	Years Acquainted	

I certify that the facts contained in this application are true and complete to the best of my knowledge and understand that if employed, falsified statements shall be grounds for dismissal.

I authorize investigation of all statements contained herein, and the references listed above to give you any and all information concerning my previous employment and any pertinent information they may have personal or otherwise, and release all parties from all liability for any damage that may result from furnishing same to you.

I understand and agree that, if hired, my employment is for no definite period and may, regardless of the date of payment of my wages and salary, be terminated at any time without any prior notice.

Signature: _____

Date: _____

Code Of Conduct

The Frankfort Square Park District is committed to providing a safe and fun environment for all participants and guests. By doing so, patrons are required to act appropriately, and are to be respectful of others at all times when using Frankfort Square Park District facilities.

Individuals using Frankfort Square Park District facilities are expected to behave in an appropriate and responsible manner. The Frankfort Square Park District Code of Conduct does not permit use of language or any action that may hurt or frighten another person or otherwise falls below a generally accepted standard of conduct. Directions issued by the park district staff must be followed at all times.

- Show respect for all participants, guests, spectators, staff, and volunteers.
- Follow program rules and direction from staff.
- Show respect for equipment, supplies, and facilities.
- Use of abusive or foul language, arguing, fighting, and any other form of harassment or intimidation is prohibited.
- Weapons, drugs, and alcohol are prohibited on school and park district property.
- Report incidents where park district policies are disregarded to staff.
- Report illegal activities to police/sheriff.

This Code of Conduct is in place to help make the Frankfort Square Park District's facilities and programs safe and enjoyable for everyone. If inappropriate behavior occurs, a prompt resolution will be sought specific to each situation. The Frankfort Square Park District reserves the right to remove anyone whose behavior endangers his or her own safety or the safety of others.

Program Policy

Due to the possibility of separation anxiety, the park district asks that parents of children who have not been in prior park district programs remain in the lobby for the first day of class.

With the child's best interest in mind, no parents or siblings are allowed in the classroom - only registered participants.

If your child is not toilet-trained, please make sure he or she has on a fresh diaper or pull-up. If your child is at risk to need an immediate diaper change, you should plan on remaining on the premises, or be immediately reachable by phone. Our instructors are not in the position to change soiled diapers or training pants.

As we are unable to offer refunds or credits for the Tiny Tot programs and Early Childhood Camp, parents are asked to be confident their child is ready for this program. A child is ready when he/she is willing to enter/stay in the classroom without crying. With the child's best interest in mind, **no** parents are allowed in the classroom. The park district will try to accommodate your child in a parent-tot program if deemed necessary.

Birth Certificate Policy

Birth certificates are required at the first registration for children 5 years and younger to validate age requirement for all programs. We do not retain copies of birth certificates.

Cancellations

The staff reserves the right to consolidate, postpone, re-schedule, or cancel any program due to change in day, dates, times, instructor, or insufficient enrollment.

For Your Safety

Please drop-off and pick-up your children promptly upon arrival or dismissal of class.

Preschool-age children enrolled in park district programs are not released from a class to anyone other than a parent or guardian, unless advance written notification is given to the instructor.

Age Limitations and Why

In order to provide your child with the best possible recreational and/or learning experience, all of our programs are planned according to the ages listed in our brochure. Our instructors are sensitive to the needs of the individual age levels. Children must be the age listed in the brochure for each program by the date the program begins, unless otherwise specified.

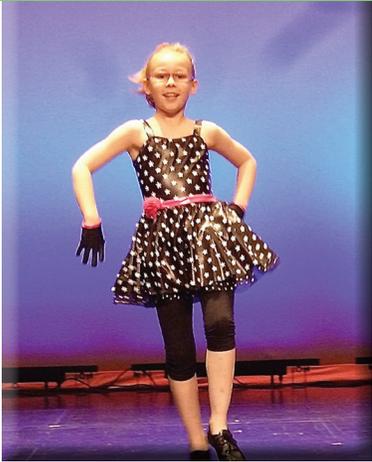
Participant Publicity Acknowledgement

The Frankfort Square Park District uses photographs of participants in our programs, special events, and parks to inform others of the many recreational opportunities available through our park district. Please be aware that these photos are for park district use only and may be used in the park district's publications, website, and social media. If you do not wish to have your picture taken, please inform our photographer. If the picture has already been taken, please call the park district office.

Frankfort Square Park District
7540 West Braemar Lane
Frankfort IL 60423

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Permit No 106
Frankfort IL

ECRWSS
Postal Customer



**In Loving Memory
of Jamie Jasper**

