

# Frankfort Square Park District



Fall 2022



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## Park Board Meetings

Day/Dates:	Third Thursday of each month
Time:	7:00 pm
Location:	Park District Administration Building 7540 W. Braemar Lane, Frankfort

## Administrative Staff

Audrey Marcquenski, Executive Director  
Linda Mitchell, Assistant to the Executive Director  
Nicolette Jerik, Superintendent of Office Administration  
and Technology  
Julie Hein, Assistant, Office Manager  
Alyssa Calzaretta, Receptionist  
Lisa Foshinbaur, Receptionist  
Lauri Schutzzius, Receptionist  
Loraine Torres, Receptionist  
Arliss Bouton, Safety Coordinator  
Susan Baker, Bookkeeper

## Recreation Staff

John Keenan, Superintendent of Recreation  
Erin Kertson, Recreation Supervisor  
Dan Coughlin, Athletic Supervisor

## Maintenance Staff

Ed Reidy, Superintendent of Parks  
Bill O'Shea, Assistant Superintendent of Parks  
Al Grzyb, Assistant Superintendent of Parks

## Park Board of Commissioners

Ken Blackburn, President  
Dave Macek, Vice President  
Craig Maksymiak, Treasurer  
Phil Cherry, Commissioner  
Frank Florentine, Commissioner  
Denis Moore, Commissioner  
Joe Vlosak, Commissioner

# Join Our Team!

Currently accepting applications  
for the following position:

Before and After School Program  
F.A.N. Program



Apply online at [www.fspd.org](http://www.fspd.org)





**Frankfort Square  
Park District  
Administration Building**

7540 W. Braemar Lane  
Frankfort, IL 60423

Phone: (815) 469-3524  
Fax: (815) 469-8657  
Email: [info@fspd.org](mailto:info@fspd.org)

Visit us at our website at: [www.fspd.org](http://www.fspd.org)

**Office Hours:**

Monday 9:00 am-7:00 pm  
Tuesday, Thursday, Friday 9:00 am-4:00 pm  
Wednesday 9:00 am-Noon

### Mission Statement

It is the mission of the Frankfort Square Park District to provide accessible, non-discriminatory recreational services, facilities, and open space in an environmentally conscious, fiscally responsible manner.

### Free Mulch Provided to Frankfort Square Park District Residents

Thanks to a cooperative effort between the Frankfort Township Road District and the Frankfort Square Park District, residents have access to free wood mulch for their personal landscaping needs. The mulch is available in the parking lot of the ballfields on St. Francis Road, located adjacent to Kiwanis Park.

- Mulch is provided in "as-is condition" with no warranty, written or implied.
- No dumping of any material is permitted.
- No landscape contractors, front loaders, or dump trucks permitted.

Free home delivery is offered by the Frankfort Township Road District by simply calling (708) 479-9673.

### Fall 2022 Registration

Resident online registration begins Monday, July 25, at 9:00 am. When registering, you need to enter your Username and Password that was provided by the park district. If you have any problems registering online, please contact our office staff during business hours, and we will be happy to assist you.

When logging out of our online registration system, please always use the SIGN OUT option instead of "Xing-out" of the page. Your household will lock out registration until you log in and log back out again.

Reminder: Online registration will close one day prior to the program start date.

### Registration Dates:

Resident Online Registration  
Begins Monday, July 25, 2022 at 9:00 am.

Non-Resident Registration  
Begins Thursday, July 28, 2022 at 9:00 am.

The Frankfort Square Park District program waiver and release is located on page 35. For complete registration information, please see page 34.

Be sure to register early, programs fill quickly.

Any Questions?

Please contact the park office at:

Phone (815) 469-3524

Fax (815) 469-8657

Website: [www.fspd.org](http://www.fspd.org)

### Program Scholarships

The Frankfort Square Park District offers financial assistance in the form of program scholarships to qualifying residents. If you would like to apply for a scholarship, applications are available online at [www.fspd.org](http://www.fspd.org) and at the park district office during business hours.

### College Scholarship Program

The Frankfort Square Park District College Scholarship Program was founded in 2006 by the Park Board of Commissioners, seeking to provide funds for college-bound seniors that reside within the borders of the FSPD. Since its inception, the FSPD has provided \$139,000 in \$1,000 individual awards, thanks to area businesses, local organizations, and participants that support the Park District's fundraising efforts during the annual \$5 Day of Golf, held at Square Links Golf Course in the fall.

### 2022 College Scholarship Recipients

The achievements of the 2022 scholarship recipients were found to be exemplary among a field of outstanding applicants. The Board Members and staff of the Frankfort Square Park District congratulate the following individuals and wish them much success with their college careers: Allison Bader, Victoria Janda, Rachel Logan, Mia Marron, Brianna Meehan, Meghan Philbin, Rebecca Trlak, Alexa Wols, and Jenna Wols.

**Dear Frankfort Square Park District Residents:**

I appreciate all the support I have been given over my 23 year career at the Frankfort Square Park District, and the encouragement for my transition to Executive Director. It's not easy to follow in the footsteps of Jim Randall's 40 years of growth and development of the FSPD. I am honored that both he and the Board are comfortable passing the baton to me, and I will do my very best to continue the level of service and care that the community is used to seeing from Your Frankfort Square Park District.

The strength and enthusiasm of the residents in this community has kept me here and always excited for the future. In the beginning, you answered my calls when I needed a volunteer coach and gave my new program ideas a try. When I moved into a more administrative role, you brought your great ideas to me for bringing the community together and developing new opportunities. Working together and seeing ideas evolve are some of the most rewarding moments of my career.

Speaking of answering my calls, when we needed a volunteer coach, our Park Board of Commissioners is a group who have each tirelessly given their time to coach hundreds of children, lead our community organizations, and continue their dedication to the community by serving on the Park Board.

Thank you to Brian Mulheran for his 16 years of service on the Park Board of Commissioners. During his tenure, Brian provided leadership and insight on what was needed, but also how to get it done. In addition to his service on the Park Board, he was one of the residents who made the tremendous decision to start Frankfort Square Wildcats Football & Cheer, which has supported and developed thousands of talented young athletes. Our community has benefited from Brian's knowledge and leadership over the years, and we are thankful for his efforts!

We welcome Phil Cherry to the Park Board. He is a lifelong resident of Frankfort Square, who played for FSBL and Wildcats Football. Phil also made time to work for both the park district maintenance and recreation departments. His love and support for the community continues as he and his wife raise their family here and seek additional leadership roles.

Over the past few months we have been meeting with individuals from various community groups, local police, fire, and school districts, contractors, and dozens of others who work tirelessly to make this the special community it is because of the level of cooperation and effort it takes to "say yes."

I am grateful to the individuals who make up the FSPD team. It has been fun watching it develop over the years. You can't find a more caring and talented staff anywhere. It is my pleasure to work beside them, because they genuinely want to help others each and every day.

We are developing ideas and plans for all areas of the park district, and will begin the process of completing a master plan and strategic plan to guide us in our next chapter. Please share your ideas via telephone, email, Board Meetings, and future surveys.

I began this, my first brochure letter, by mentioning that Jim Randall, our longtime Executive Director, along with the Park Board, have entrusted me to lead the park district, following his retirement this past June. Please check out the insert in the center of this brochure, thanking Jim for all the time, effort, talent, and dedication he has shown the park district during his 40 year career.

Thank you!

**Audrey Marcquenski**

Executive Director

**Early Learning Center-Preschool  
2022-2023 School Year**

Registration is currently full for both 3 & 4 year old preschool morning classes, but we highly encourage you to be added to the waitlist as an opening may occur.

Tuition payments can be made monthly, beginning in September and ending in April.

Note: All participants must be toilet trained and ready for the preschool setting. Birth certificates will be asked to be provided before the start of the school year.

**3 Year Old Preschool Program**

The emphasis for our 3 year olds is socialization imbedded in a learning environment. Children will be read stories every day that relate to a daily theme. In addition, they will spend time discussing the story so they can practice their comprehension and speaking/listening skills. Along with the story, children sing songs, move to music, assemble puzzles, play games, and have some free time to explore other areas of interest. We will work on color, shape, number, and letter recognition along with learning to write our names. Finally, we will focus on many things, people, and places in the world around us as we learn and grow.

Age: 3 years old on or before Sept 1, 2022  
 Days/Dates: Tues & Thurs, Sept 2022-May 2023  
 Fee: \$875 R / \$1,095.00 NR  
 Location: Park District Administration Building  
 Time: 9:15-11:15 am



**4 year Old Preschool Program**

Our 4 year old program will focus on preparing students for kindergarten in a socially-based preschool setting. We will work on number and letter recognition, as well as pre-reading skills such as rhyming and letter sounds. Mathematical skills such as sorting, sequencing, counting, recognizing numbers, and comparing numbers/quantities will be introduced. Finally, we will discuss and explore seasons, holidays, and weather. Through learning centers, songs, movement activities, craft projects, science experiments, and hands-on activities, your child will have fun while learning in a comfortable atmosphere.

Age: 4 years old on or before Sept 1, 2022  
 Days/Dates: Mon, Wed, Fri, Sept 2022-May 2023  
 Fee: \$1,545 R / \$1,931 NR  
 Location: Park District Administration Building  
 Time: 9:00-11:30 am



**Before and After School Program (BAS)**

The Before and After School (BAS) program provides students of Summit Hill School District 161, in grades kindergarten through six, a structured, safe place to be cared for immediately before and after school. Working parents have the assurance that their children are in a quality program in an ideal environment, knowing that they are being well supervised. Our program is staffed by certified teachers as well as other trained, experienced leaders, all employed by the park district. Hours are from 6:30 am until school begins and immediately after school until 6:30 pm, including all half days. Transportation will be provided by existing school buses at all participating Summit Hill District 161 schools.

Students have access to a full size gymnasium for games and active play, along with a full playground. A baseball field, pickle ball courts and a playground are directly outside the building for the children to use as well.

Initial registration must be completed at the park district to ensure parents/guardians receive all the necessary paperwork. Registration for the specific days may be completed by the parent/guardian, either online or at the park district office. **Each participant must be registered by Wednesday at noon, ten days prior to the week needed, to allow for staffing and roster completion.**

**Open to the following schools: Arbury Hills, Indian Trail, Frankfort Square, Julian Rogus, and Hilda Walker. Lincoln-Way 210 school buses will transport child(ren) from their school to Mary Drew.**

*Snow day info: Care will also be offered on days that Summit Hill School District 161 closes for snow or other weather related emergencies. All BAS participants already registered for that day are welcome to attend at no additional charge. Care will be provided from 6:30 am-6:30 pm.*

Grades: K-6th

Dates: August 17-June 5

**Note: The BAS program will follow the Summit Hill 161 school calendar.**

Location: Mary Drew



**Save the date!**  
**BAS Open House**  
**Monday, July 25<sup>th</sup> from 5:00-6:00 pm at Mary Drew**  
**Tour the facility, ask questions, meet some of our team and pick up informational flyers.**  
**\*FYI: THE DEADLINE FOR THE FIRST WEEK OF SCHOOL WILL BE WEDNESDAY, AUGUST 3<sup>rd</sup> AT NOON.**  
**PLEASE REGISTER IN PERSON FOR THE FIRST WEEK.**

BAS registration in this program is available only to students of Summit Hill School District 161.

**Fees 2022-2023 school year:**

Before School: \$13 per day per child

After School: \$15 per day per child

There will be a one time supply kit cost of \$30. At the conclusion of BAS, your child will take the kit home. Due to Covid 19, each child will have their own supply kit to use for crafts and activities.

**Prices are subject to change in the event Will County goes down a tier level due to COVID-19.**

**In the event your child is dropped off and not on our roster, a \$25 drop-in fee will be automatically added to your household account, in addition to the regular single day fee. The drop-in fee will increase by \$10 per drop-in.**



## Escapades

Days off from school can be inconvenient and boring...or they can be exciting and adventurous with day off school Escapades! There will be plenty of games, crafts, activities, and field trips each day to ensure plenty of fun and entertainment for your little ones. Please send your children with a sack lunch, a water bottle, and tennis shoes. Students are required to wear an Escapades t-shirt each day. Escapade t-shirts can be purchased and picked up at the main office for \$12/per shirt. **A minimum of 8 participants must be met in order for Escapades to run.**

Grades: K-6th  
 Time: 6:30 am-6:30 pm  
 Fee: \$55 per Escapade. Price includes field trip and travel.  
 Location: Mary Drew

Days/Dates:

**Back to School Backyard Games**-Each day will consist of plenty of activities played outside such as a water balloon toss, egg on a spoon, bucket brigade, and much more!

Mon, Aug 15 Enchanted Castle  
 Tues, Aug 16 Lincoln Park Zoo

**Halloween Spirit**-On Friday we will be painting mini pumpkins and on Monday we will be painting gourds.

Fri, Oct 7 Odyssey Fun Farm  
 Mon, Oct 10 TBD

**Give Thanks for Days off!**-Give thanks for pilgrims, Native Americans, and turkey!

Mon, Nov 21 Sky Zone  
 Tues, Nov 22 Dupage Children's Museum  
 Wed, Nov 23 TBD

**Holiday Fun**- Continue the holiday spirit by playing holiday trivia, watching holiday movies, and making holiday crafts!

Tues, Dec 27  
 Wed, Dec 28  
 Thurs, Dec 29  
 Fri, Dec 30

**Ring in the New Year!**- During this Escapade, we will prepare to ring in the New Year as we look forward to new things to come!

Tues, Jan 3  
 Wed, Jan 4  
 Thurs, Jan 5  
 Fri, Jan 6

**Martin Luther King Day**- Enjoy this day off by staying warm with friends while making s'mores.

Mon, Jan 16

**Presidents Day Challenge**- Students will enjoy different challenges/obstacles to play in the gym. After they compete in the courses they will head off site on a trip.

Mon, Feb 20

**Pulaski Day Patriots**- Students will celebrate the holiday with some trivia, a scavenger hunt, a craft, and a special trip.

Mon, Mar 6

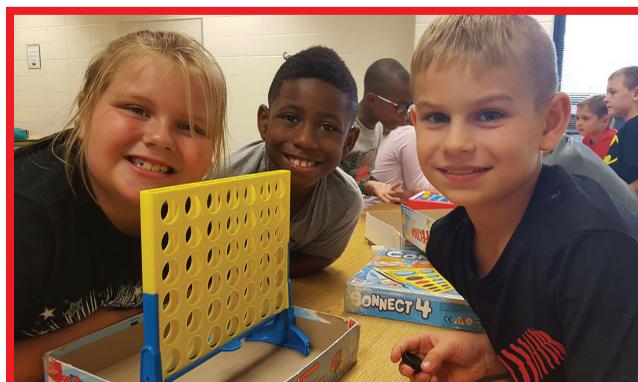
**Spring Break Getaway**- Who knew there could be a beach vacation in Frankfort? The whole week will consist of beach games and activities...it'll almost feel like a tropical vacation!

Mon, Apr 3  
 Tues, Apr 4  
 Wed, Apr 5  
 Thurs, Apr 6

**Easter Games**- Hop around Mary Drew playing carnival style games both inside and outside pending weather.

Mon, Apr 10

**Day Off Escapades are available to all students in grades K-6<sup>th</sup>, regardless of the school district they attend.**



**Letters from Santa**

Parents & Guardians: Surprise your child(ren) by getting mail from Santa! Stop by the Park District Administration Building to pick up the questionnaire. Fill out the form and return it to the main office to pay the fee. Forms will be available Monday, November 7. Deadline to turn in the questionnaire is Thursday, December 8, so Santa has plenty of time to reply during his busiest time of the year. Don't forget to include your address so Santa can write back!

**301170-00**

Fee: \$5 R / \$6.50 NR

**Polar Express**

We will read the Polar Express story on the train while the conductor punches your ticket. Cookies and a beverage will be served. When the train reaches the North Pole (Joliet), Santa joins the group. All children will go home with a train whistle and silver bell. Bring your camera! **Beginning Monday, October 3 through Friday, October 14. Polar Express registration forms will be accepted at the Park District Administration Building front desk. All forms are due by Friday, October 14 at 4:00pm. The Polar Express registration form will be available on our website beginning Monday, October 3. All registration forms must be returned in person. A lottery registration will be chosen. You will be notified the week of October 17 and all forms will be processed. All sales are final. Limit 6 tickets per household. Tickets must be purchased for everyone including infants. Tickets will be handed out the day of the event. A letter will be available online with additional details on what to expect at the event.**

Ages: All  
 Day/Date: Sat, Nov 19  
 Fee: \$20 R per family member  
**50008-01** Time: 11:18 am depart Tinley 80th Ave  
**50008-02** Time: 1:18 pm depart Tinley 80th Ave

**Santa's Craft Corner**

It's that time, Christmas is here! Come on out and get in the holiday spirit at this memorable event. We will eat cupcakes, create a craft and visit with Santa. Don't delay in reserving your spot. **Sorry, no refunds can be given for this event. Pre-registration is required, no tickets will be sold at the door.**

**301171-01**

Ages: All (Children under the age of 10 must be accompanied by an older sibling or adult age 18 or older.)  
 Day/Dates: Fri, Dec 9  
 Time: 6:30-7:00 pm  
 Fee: \$6 R / \$7.50 NR  
 Location: Mary Drew Gymnasium



### Babysitter Training

This is a two day class which focuses on providing youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly provide care for children and infants in the absence of parents. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care and basic first aid. Certification for this class includes participant workbook and other training supplies as well as an American Red Cross Babysitters Training Certificate. Attendance is required for the entire two days to receive certificate. Any exceptions need to be approved in advance by the instructor.

Ages: 11-15  
**304019-01** Days/Dates: Mon, Sept 12 & Wed, Sept 14  
**304019-02** Days/Dates: Mon, Nov 14 & Wed, Nov 16  
 Time: 4:30-8:00 pm  
 Location: Frankfort Founders Center  
 140 Oak Street  
 Fee: \$75 R / \$80 NR

### Character Creation Drawing

In this class, our artists will learn the basics of cartooning and create their own characters! Students will learn techniques used in cartooning, such as how to show characteristics, features, exaggeration, action, and more. We will apply new skills in every class to create our own original cartoon characters.

**304021-04**  
 Grades: K-6th  
 Day/Dates: Tues, Sept 13-Oct 4  
 Time: 5:30-6:30 pm  
 Fee: \$40 R / \$50 NR / 4 sessions  
 Location: Mary Drew Room 104

### Preschool Prep

Join us for an hour of fun! Activities will help promote language, positive social interaction, and large and small motor development through the use of age-appropriate materials and equipment. The philosophy is play based and each class will include coloring and/or painting, play, story time, and snack. Each student will have a supply kit made for all craft supplies used. Please provide your own snack and drink.

Ages: 2½-3  
 Time: 9:30-10:30 am  
 Fee: \$126 R / \$157.50 NR / 14 sessions  
 Location: Park District Administration Building  
**301052-00** Day/Dates: Tues, Thurs, Sept 13-Oct 27  
**301052-01** Day/Dates: Tues, Thurs, Nov 1-Dec 22  
 (no class Nov 24)

### Back to School Stufforama... ABC... 123... Who's ready for a back to school party?!?

Let's celebrate the new school year together! You'll get to stuff your very own animal, hear a fun school story, make a back to school craft, dance around, play a game, and end with a grand finale march! It's a brand new year full of new teachers, new friends, and new memories! Join this class to commence all the fun you're about to have this year!

**300027-00**  
 Ages: 5 & Up  
 Day/Date: Thurs, Sept 15  
 Time: 6:00-7:00 pm  
 Fee: \$40 R / \$50 NR  
 Location: Mary Drew Room 104

### Wiggles & Giggles

Preschoolers will wiggle and giggle their way through this fun filled class while stretching their muscles and marching to music. Age appropriate activities will vary each week using balls, balloons and bubbles! Fingerplays, rhymes and rhythm movements, hoops and parachutes are also included.

Ages: 2 -3 (with parent)  
 Time: 9:15-10:00 am  
 Location: Frankfort Founders Center  
 140 Oak Street  
**301060-02** Tues, Sept 13-Oct 11  
 Fee: \$35 R / \$40 NR / 5 sessions  
**301060-03** Tues, Nov 8-Dec 6  
 Fee: \$35 R / \$40 NR / 5 sessions

### Tot Time

Are you ready to meet new people and spend some play-time with your little one in a non-structured environment? This is the class for you! We will explore large and fine motor activities through play (lots of toys), circle time (we sing songs and do fingerplays), and special time (different each week, examples are: playing with the parachute, musical instruments, crafts, etc.). So take some time and have fun with us!

Ages: Walking-3 (with adult)  
 Time: 10:30-11:15 am  
 Location: Frankfort Founders Center  
 140 Oak Street  
**301051-02** Tues, Sept 13-Oct 11  
 Fee: \$35 R / \$40 NR / 5 sessions  
**301051-03** Tues, Nov 8-Dec 6  
 Fee: \$35 R / \$40 NR / 5 sessions

### Safe At Home

This class is for the child who stays by himself/herself occasionally, cares for siblings, babysits, or is just ready to accept responsibility. Topics covered include: safety in the home, use of keys, what to do in case of an emergency, strangers, and house rules.

#### 304007-02

Ages: 6-10  
 Day/Date: Mon, Oct 17  
 Time: 4:30-6:00 pm  
 Fee: \$35 R / \$40 NR  
 Location: Frankfort Founders Center  
 140 Oak Street

### First Aid for Kids

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons, and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received.

#### 304013-00

Ages: 6-10  
 Day/Date: Mon, Oct 17  
 Time: 6:30-8:00 pm  
 Fee: \$35 R / \$40 NR  
 Location: Frankfort Founders Center  
 140 Oak Street

### Halloween Pumpkin Face Cookie Decorating

Each participant will be given 6 plain cookies to decorate spooky pumpkin faces. They will then be provided with their own container of orange frosting and separate bags of candy to make spooky Halloween pumpkin faces. All ingredients are peanut and tree nut free.

#### 300024-00

Ages: 4-10  
 Day/Date: Mon, Oct 17  
 Time: 4:30-5:15 pm  
 Fee: \$14 R / \$17.50 NR  
 Location: Mary Drew Room 104



### Mixed Media Art

The Mixed Media Art classes offer a blend of the use of different art mediums such as pencil, paint, pastels, and paper as an introduction to various styles and elements. Students will produce a unique art project each week, and will progressively learn skills which will be applied throughout the courses. All art supplies will be provided.

#### 304003-04

Grades: K-6th  
 Day/Dates: Thurs, Oct 20-Nov 10  
 Time: 5:30-6:30 pm  
 Fee: \$40 R / \$50 NR / 4 sessions  
 Location: Mary Drew Room 104

### Magic Class

Children will have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. New tricks are always taught each session!

Ages: 5-12  
 Fee: \$22 R / \$27 NR  
 Location: Frankfort Founders Center  
 140 Oak Street

**304120-03** Day/Date: Tues, Oct 25  
 Time: 5:00-5:55 pm

**304120-04** Day/Date: Thurs, Dec 15  
 Time: 5:00-5:55 pm

### Spooktacular Halloween

No tricks, this class is such a treat! Get your little monsters ready for some Halloween fun. Mummies, bats, & pumpkins galore...that's what this celebration is for! You'll get to stuff your very own animal, hear a spooky story, make a creepy craft, dance around, play a game and end with a grand finale march! Don't be a scaredy cat, this class is fun for everyone!

#### 300027-01

Ages: 5 & Up  
 Day/Date: Thurs, Oct 27  
 Time: 6:00-7:00 pm  
 Fee: \$40 R / \$50 NR  
 Location: Mary Drew Room 104

**Give Thanks!**

There is so much to be thankful for! Gather your little pilgrims and Indians for this fun class! You'll get to stuff your very own animal, hear a story, make a craft, dance around, play a game, and end with a grand finale march! We will embark on an imaginary journey with new lands, new friends, a feast, and thankful hearts!!

**300027-02**

Ages: 5 & Up  
 Day/Date: Thurs, Nov 3  
 Time: 6:00-7:00 pm  
 Fee: \$40 R / \$50 NR  
 Location: Mary Drew Room 104

**Dino-Riffic Fun**

Calling all Paleontologists! Our little dinosaurs will dive into the fascinating world of reptiles that lived long ago. They will do a craft, create their own fossil to "oven bake" at home, and share fun stories.

**300026-00**

Ages: 4-10  
 Day/Date: Mon, Nov 7  
 Time: 4:30-5:30 pm  
 Fee: \$23 R / \$29 NR  
 Location: Mary Drew Room 104

**Create Your Own Gingerbread House**

We are all decorating our homes for the holidays. How about decorating a gingerbread house with someone you love? All supplies will be provided to design a one of a kind gingerbread house. All gingerbread houses will already be put together. Milk and cookies will be provided for snack.

**300020-03**

Ages: 4-10  
 Day/Date: Thurs, Dec 8  
 Time: 4:30-5:30 pm  
 Fee: \$23 R / \$29 NR  
 Location: Mary Drew Room 104



**Winter Stuffing Party!**

Brrrr, it's cold outside! Let's stay warm and make a snow-friend inside instead! Don't worry, this special stuffy won't melt!! After we stuff them, they can join us for songs, a story, craft, game, sign language, and a grand finale march!! Join us for some winter stuffing fun!

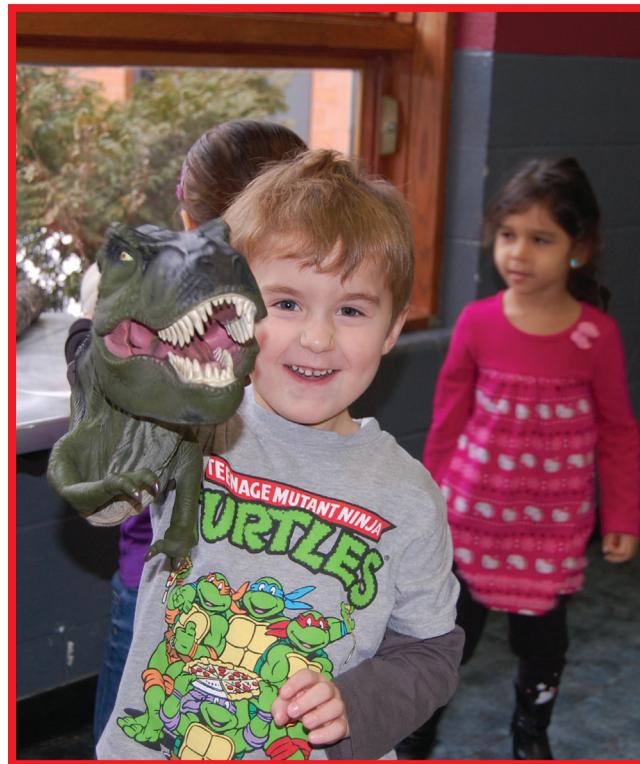
**300027-03**

Ages: 5 & Up  
 Day/Date: Thurs, Dec 15  
 Time: 6:00-7:00 pm  
 Fee: \$30 R / \$37.50 NR  
 Location: Mary Drew Room 104

**Private Piano Lessons**

Learn or advance your piano skills by taking private piano lessons. One hour and half hour lessons available. Purchase at the Park District office.

Ages: All  
 Day/Date: Varies. Contact Park District.  
 Fee: \$25 R / \$27 NR half hour  
 Location: Park District Administration Building





**Square Links Golf Course & Driving Range**

7861 W. Saint Francis Road  
 Frankfort, IL 60423  
 (815) 469-1600

Watch for our season opening, approximately, March 6, 2023. Square Links, a 1,749 yard, par 32 course owned by the Frankfort Square Park District, is open daily spring through fall. You are able to book a tee time online at [www.fspd.org](http://www.fspd.org). The driving range covers over 400,000 square feet and includes both manicured grass tees and synthetic stations. Also featured is an 18-hole natural grass putting course and a practice sand bunker.

Toptracer delivers the same ball-tracking technology that traces the shots of the games best players on TV. Driving ranges equipped with Toptracer Range technology offer a fun, engaging, tech-driven experience that appeals to seasoned players, range rivals, friends, family members, and even first-time golfers.

- Practice like the Pros-Toptracer Range Mobile sends shot traces and detailed data directly to your phone/iPad. Hit a shot and get instant stats like ball speed, launch angle, carry, curve, and more. The app then stores all that data so you can track progress and measure improvement.
- Get the App-How to download and set up Toptracer Range App on your mobile device.



**TOPTRACER  
 RANGE™**

- Toptracer Range Game Guide-Spice up your practice session with these skilled based games on the App.
- Go to our website to learn more [www.fspd.org](http://www.fspd.org)

**Private Lessons**

Private lessons can be scheduled at Square Links by directly contacting PGA Golf Professional Ken Buss. Ken has been a PGA Member for 50 years, and was awarded the Midwest Teacher of the Year in 1993. Contact Ken directly at (708) 567-3667 to schedule private lessons.

**Square Links Gift Cards**

Square Links gift cards can be purchased in any amount and make great gift ideas for holidays, birthdays, or any other time you would like to give the gift of golf! Please stop by the golf course to purchase.

**2022 College Scholarship Classic**

**Saturday, September 24, 2022 from 9:00 am to dusk.**

Join your family, friends, and neighbors for a fun event in support of your area youth on Saturday, September 24 from 7:30 am to dusk.

Green Fees \$5 all day (includes riding cart/if available).

All proceeds are donated to the Frankfort Square Park District College Scholarship program.

See page 3 for more information on the College Scholarship Program.

**Teen/Adult Group Lessons  
 (Ages 14 and Older)**

This program will emphasize the fundamentals of grip, stance, alignment, and swing techniques. Please bring your golf clubs to each class. Sign up with a friend or family member and enjoy these evenings of fun and learning together!

The program fee includes range balls for each class.

Ages: 14-Adult  
 Time: 6:00-7:00 pm  
 Fee: \$60 / 4 sessions  
 Day/Dates: Tues, Sept. 6-27

**840014-05**



### Youth and Junior Group Lessons (Ages 7-13)

This introductory golf program features driving range instruction, as well as supervised play on the course to learn golf rules, safety, and etiquette. The fundamentals of the swing (stance, alignment, grip, and posture) are introduced and practiced each week. Once they are comfortable on the driving range, participants will advance to a few holes of course play. Completing this class does not guarantee a passing score on the test. Please bring the following to the first class: a wood, a mid-iron (e.g. 5 iron), and a putter. The program fee includes range balls for each class.

Ages: 7-13  
 Time: 5:00-6:00 pm  
 Fee: \$44 / 4 sessions  
 Day/Dates: Tues, Sept. 6-27  
 Code:

### Free Adult Golf Clinics

Join us for these free golf instructional clinics to shore up your game or learn something new. Three clinics will be held throughout the summer and fall. Each clinic will touch on grip, stance, alignment, and swing techniques. Please make sure to bring your own clubs.

Ages: 14 & Up  
 Time: 5:30-6:30 pm  
 Fee: FREE  
 Day/Date: Thurs, Aug. 4  
 Day/Date: Thurs, Sept. 1  
 Day/Date: Thurs, Oct. 6

### Errant Golf Ball Policy

Kindly understand that Square Links Golf Course and the Frankfort Square Park District are not responsible or liable for property damage or personal injuries arising from errant golf balls. The park district is committed to safety, good sportsmanship, and cooperation with our golfers and residents, and has developed the following guidelines to minimize errant shots and to assist injured parties in identifying the golfer responsible for hitting the errant shot.

- Golfers are expected to exercise the highest degree of sportsmanship, etiquette, caution, and consideration of others-refraining from horseplay, carelessness, and reckless or offensive behavior. Golfers are responsible for their own conduct and play, including errant shots that may result in property damage or personal injuries.

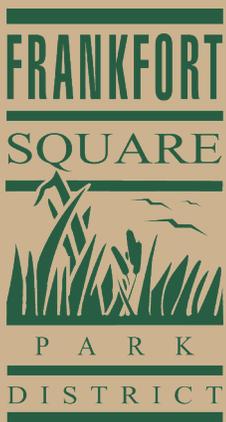
- In the event of property damage or personal injury, Square Links employees will assist the damaged property owner or injured party in trying to identify the golfer who struck the shot. However, the property owner or injured party cannot be disruptive or discourteous to facility patrons or staff.
- Square Links Golf Course and Frankfort Square Park District staff are not responsible for identifying the golfer who hit the errant ball, or for ensuring that the parties will exchange contact and/or insurance information when the responsible golfer is identified. When the responsible golfer is known, Square Links staff will attempt to facilitate polite interaction and cooperation between the responsible golfer and injured party.

### Integrated Pest Management

Application of herbicides to park land is necessary to maintain and improve park properties within our district. These applications are done by qualified personnel with proper equipment, and in compliance with all appropriate state and local regulations. Integrated Pest Management (I.P.M.) is employed by the Frankfort Square Park District to manage and control pests with chemical, physical, and biological methods. Components of I.P.M. include fertilization, maintaining mowing equipment, aerating, overseeding, and chemical application of herbicides. If you would like additional information relating to I.P.M., or be notified when chemical applications will be done, please contact the park office at (815) 469-3524.



# Thank You Jim Randall



**For 40 Years of Excellence!**

### **Jim Randall's 1st Brochure Letter, Fall 1983**

Notes from the Director...

It's hard to believe it has been six months since I left the cornfields and college life of Iowa to assume my new position in Frankfort Square. A lot has happened, and I'm at a loss when I try to summarize all that has occurred over the past few months.

During the summer, men, women, boys and girls played softball. Without a question, this was the most popular activity. Residents had their choice of watching a game every night of the week on any of the Square's eight diamonds. I take my hat off to all coaches who donated their time and effort to make all these activities a success.

Being responsible for 120 acres of parkland seemed an awesome responsibility. It still does. A major step towards improving our existing strand of grass and controlling weeds was taken when our parkland received its very first application of fertilizer and weed killer.

I've enjoyed meeting and discussing accomplishments and problems with many of you. I'm lucky to have a Board of Commissioners that really roll up their sleeves and work to improve the Park District.

I also need your support as residents. I need your support in policing yourself and your neighbors when on parkland. Please abide by the "pooper-scooper" law and clean up after your pets.

Although our office hours are only three hours a day, I need your input to be kept aware of and work to solve new and existing problems. So leave a message on the recorder, wave me down when I'm on the tractor or working in the parks, or tell a Commissioner. Our job is trying to improve your Park District, and we can't do that without your help.

Sincerely,

J.J. Randall

### **Jim Randall's Final Facebook Message, June 4, 2022**

It's been a couple years now since I initially started providing bi-weekly, and now, weekly posts to the Park District's Facebook page. I've thoroughly enjoyed revisiting the District's history and actions. Less fun, but equally important, was information related to the pandemic and actions that kept our District safe and moving forward.

This is my last post, as yesterday, June 3, was my last day of employment at the Frankfort Square Park District. Like the day I started, the time has flown since my announcement of retirement, Audrey Marcquenski's appointment to Executive Director, and several months of transition.

The transition process included meeting with numerous stakeholders, community groups, and contractors that work with and for the District. It's these valued resources that make things happen, along with tremendous community support.

I'm passing along my phone and all my contacts developed over the past forty years. I frequently repeated that I don't know everything, I just know everyone, and those are the folks that make what the District does possible.

There's lots on the summer schedule, and I'll look forward to the plans materializing throughout the District. There are numerous professional planning processes that are currently underway or will soon be underway. I look forward to the results of community input that will set the direction for the District.

My daughter was visiting with coworkers about her dad's retirement, and she compared me to the most well-known park person, Leslie Knope, who was the fictional park employee in the popular TV sitcom, Parks and Recreation.

As an employee of the Parks and Recreation Department of Pawnee, Leslie left us with pearls of wisdom like the following:

"Why would anybody ever eat anything besides breakfast food?" – Leslie Knope

"I have the most valuable currency in America: A blind, stubborn belief that what I'm doing is 100% right." – Leslie Knope

I would like to think I combine a little bit of Leslie with a little bit of Ron Swanson:

"I Regret Nothing. The End." – Ron Swanson

That's funny, but not true. We've faced challenges and no one is 100% right all the time, thus the regrets on the mistakes made are inevitable.

Through the transition we reviewed parks and facilities, talked about plans for the future, but most importantly, we talked community.

A community that determined a need built a Park District and continue to support the lands and facilities, but also the people who do all the necessary actions to keep things moving.

Thanks for all the support over all the years. I am eternally grateful for the opportunity. You're in good hands, and like another favored, character:

"What's next" – Josiah Bartlet President the West Wing

Jim Randall

Executive Director

Frankfort Township Road District  
Bill Carlson  
Highway Commissioner

Office  
(708) 479-9673

9434 West LaPorte Road  
Mokena, Illinois 60448

Fax  
(708) 479-0690

## PROCLAMATION OF FRANKFORT TOWNSHIP ROAD DISTRICT AND FRANKFORT TOWNSHIP HONORING JAMES RANDALL UPON HIS RETIREMENT

WHEREAS: James J. Randall has served in his position as Director, then Executive Director of the Frankfort Square Park District with distinction for 39 years; and

WHEREAS: James J. Randall has supervised the acquisition, design, and development of 650 acres of park facilities, including the restoration and development of 250 acres of Illinois prairie;

WHEREAS: James J. Randall has long been an advocate for education, and has overseen the foundation of the Frankfort Square Park District College Scholarship Program, benefitting hundreds of high school graduates seeking higher education; and

WHEREAS: James J. Randall has been a strong advocate for the special needs population of the Frankfort Square Park District and was a founding member of the Lincolnway Special Recreation Association; and

WHEREAS: James J. Randall secured necessary funding and support to purchase and renovate Square Links Golf Course and Driving Range, ensuring the public had access to a family-friendly affordable lifetime sport; and

WHEREAS: James J. Randall implemented successful referenda that raised funds for park and recreation improvements exceeding \$6.4 million; and

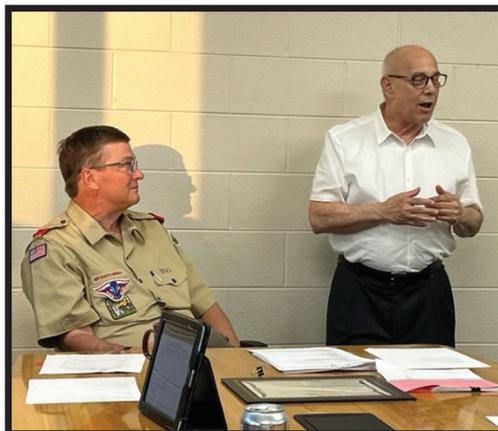
WHEREAS: James J. Randall served as Executive Director when the Park District was nominated as a Gold Medal finalist seven times, and awarded the prestigious NRPA Gold Medal Grand Plaque Award in 2007 and 2016; and

WHEREAS: James J. Randall is a proven leader, capable of working with elected officials in strategic planning and decision making that benefits mutually served communities of Frankfort Square, and the Villages of Frankfort, Tinley Park, and Matteson;

Now therefore, I, William R. Carlson, Highway Commissioner of Frankfort Township, on behalf of James G. Moustis, the Supervisor, and the Frankfort Township Board of Trustees, do hereby join the residents in expressing appreciation to James J. Randall for his loyal and dedicated service and extend my personal best wishes upon his retirement and for continued success in all future endeavors.

Proclaimed this 19th Day of May, 2022

William R. Carlson, Frankfort Township Highway Commissioner



May 19, 2022 marked Jim Randall's final Board Meeting. In attendance were the following dignitaries who expressed appreciation to Mr. Randall for his 40-year commitment to his Park District and community: Jim Moustis, Anthony Granata, David Smith, and Anthony Dituri. On behalf of William R. Carlson, Highway Commissioner and the Frankfort Township Board of Trustees, Mr. Dituri read the above Proclamation, and presented Mr. Randall with honorary street signs, naming a section of Braemar Lane, bordering the FSPD's Community Center as "James J. Randall Lane".

As Jim Randall, our longtime Executive Director, began a new chapter in his life following his retirement on June 3, 2022, we wish to share a few of his achievements over the years, and fully acknowledge that we would need an entire brochure to appropriately reflect upon all Jim has done for his Park District, his staff, and his community. Thank you Jim for making the Frankfort Square Park District community a great place in which to live, work, and play!



**Brookside Bayou Park**



**Plank Trail Park**



**Square Links Golf Course & Driving Range**



**Community Park Gardens**



**Walking/Bike Path**



**Braemar Dance Center**



**Natural Areas**



**ELC Preschool Tot Lot**



**Simba & Nala's Dog Park**



**Splash Park**



**Island Prairie Park Lakeside Bandshell**

# Braemar Dance Center

## Installment Billing Information

In order to secure your dancer's spot in class, a \$25 deposit is due at time of registration for each class. Tuition will be split in two, charging half of the class fee on October 5 and half on November 5. The deposit is not an additional fee but comes off the total tuition. Upon check out, you will select if you want to pay in full or utilize the payment plan set up in the system

All dance classes will be held at the Mary Drew Studios located at 20130 S. Rosewood Drive. Studios will be assigned and posted the week classes start.

With each age and level, the difficulty and pacing of class will increase. Should any questions arise as to which level a dancer should be in, please contact Donnette at [dcannonie@fspd.org](mailto:dcannonie@fspd.org). Teachers will also evaluate dancer levels the first week of class and make any individual recommendations, if needed. Refer to the Braemar Fall 2022 Quick Glance Dance Calendar on page 22

## Acro

Acro-Gymnastics teaches strength, flexibility, and tumbling. Gymnastics skills include the list next to each level but are not limited to the list. All classes will start with stretching, warm ups, tumbling skills, drills and conditioning. All tumbling takes place on mats with the goal to complete skills on the dance floor. The skills learned in Acro are geared towards the dancer's choreography.

## Ballet

Students will learn classical ballet techniques and terminology for the style that is the building block of dance. Each class includes barre exercises, center floor work, and across-the-floor combinations while focusing on grace, balance and precision of movement.

## Contemporary

This class will work on concepts of contemporary dance, combining technique of jazz, ballet, and modern through more advanced combinations. Students will develop a physical and conceptual awareness of movement and performance skills while building coordination, strength and flexibility.

## Hip Hop

This class will introduce basic hip hop movement while developing coordination, rhythm, and musicality through combinations set to upbeat music.

## Jazz

Jazz dance combines techniques of classical ballet and modern dance with the current forms of popular dance. Jazz also has its own movement vocabulary ranging from the isolation of certain body parts to the movement of the entire body with the accents of musical rhythms. Emphasis is on the importance of energy, rhythmical accuracy, and style.

## Musical Theater

Dancers will learn fun and energetic movements set to classic Broadway music and iconic show tunes. Class will be loaded with lots of personality and mix jazz dance, with theatre-style dance and performance.

## Pointe

Pointe class will build on ballet technique by advancing to hard - toe shoes (do not purchase shoes until notified by instructor). It will include exercises to strengthen calf muscles, ankles and arches of the feet. Exercises will begin at the barre for safety and stability. Students will progress to exercises in the center to practice their balance and increase their strength.

## Tap

This class is designed to increase rhythm, style and sound. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun.

## Company/Competition Team

Company class students will learn dances, and will be given performance opportunities, including competition. This class is great for dancers looking to take their training to the next level. Class requirements are within each company's description. Enrollment for fall and winter/spring sessions is required. Performance and costume fees not included. Competition and additional rehearsal dates TBD. \*New this year: there are two different levels of Company based on required hours/time commitment per week.

Join us! Open House & Shoe Fitting Day at Mary Drew  
 Wed, Sept 7th & Thurs, Sept 8th from 5-7 pm  
 Meet the instructors, tour the dance studios, ask questions, and get your shoe fittings before classes begin.

Mandatory Company Level 2 Parent Meeting  
 Wed, July 27th  
 Mandatory Company Level 1 Parent Meeting  
 Wed, Sept 7th

## Recreational Dance Classes

Please refer to the breakdown below for class options that are offered by grade in school.

### Preschool Dancers

#### Pre-Ballet

Students are introduced to ballet technique including ballet positions of the feet and arms and creative movement through play.

#### 305030-04

Grades: Preschool  
 Day/Dates: Sat, Sept 10-Dec 3 (no class Nov 26)  
 Time: 9:00-9:55 am  
 Fee: \$134 R / \$167.50 NR

### Kindergarten-1st Grade Dancers

#### Ballet/Tap K-1st

#### 305030-05

Grades: Kindergarten-1st  
 Day/Dates: Sat, Sept 10-Dec 3 (no class Nov 26)  
 Time: 10:00-10:55 am  
 Fee: \$134 R / \$167.50 NR

#### Hip Hop K-1st

#### 305030-06

Grades: Kindergarten and 1st  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 4:00-4:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Acro K-1st

#### 305030-07

Grades: K-1st  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 4:00-4:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Jazz K-1st

#### 305030-08

Grades: K-1st  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Musical Theater 1st-4th

#### 305030-09

Grades: 1st-4th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Ballet K-1st

#### 305030-10

Grades: K-1st  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Company Level 1 Mini Company

Dancers enrolled in Company Level 1 Mini Company must be registered for Company as well as any 2 additional recreational classes per week.

#### 305030-11

Grades: K-1st  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions + rehearsals \*competitions and costumes and winter/spring tuition will be paid separately.



## 2nd-4th Dancers

### Ballet 2nd-4th

#### 305031-00

Grades: 2nd-4th  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 4:00-4:55 pm  
 Fee: \$134 R / \$167.50 NR

### Contemporary 2nd-4th

#### 305031-01

Grades: 2nd-4th  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

### Company Level I 2nd-4th

Dancers enrolled in Company Level I 2nd-4th must be registered for Company as well as any 2 additional recreational classes per week.

#### 305031-02

Grades: 2nd-4th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions +  
 rehearsals \*competitions and costumes  
 will be paid separately.

### Musical Theater 1st-4th

#### 305030-09

Grades: 1st-4th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

### Jazz 2nd-4th

#### 305031-03

Grades: 2nd-4th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 4:00-4:55 pm  
 Fee: \$134 R / \$167.50 NR

### Hip Hop 2nd-4th

#### 305031-04

Grades: 2nd-4th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

### Acro 2nd-4th

#### 305031-05

Grades: 2nd-4th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 4:00-4:55 pm  
 Fee: \$134 R / \$167.50 NR

### Tap 2nd-4th

#### 305031-06

Grades: 2nd-4th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$134 R / \$167.50 NR

## 5th-7th Dancers

### Jazz 5th-7th

#### 305032-00

Grades: 5th-7th  
 Day/Dates: Mon, Sept 12-Dec 12 (no class Nov 21)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

### Contemporary 5th-7th

#### 305032-01

Grades: 5th-7th  
 Day/Dates: Mon, Sept 12-Dec 12 (no class Nov 21)  
 Time: 7:00-7:55 pm  
 Fee: \$134 R / \$167.50 NR

### Company Level I 5th-7th

Dancers enrolled in Company Level I 5th-7th must be registered for Company as well as any 3 additional recreational classes per week.

#### 305032-02

Grades: 5th-7th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions +  
 rehearsals \*competitions and costumes and  
 winter/spring tuition will be paid separately.

### Acro 5th-7th

#### 305032-03

Grades: 5th-7th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR



### Hip Hop 5th-7th

**305032-04**

Grades: 5th-7th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Ballet 5th-7th

**305032-05**

Grades: 5th-7th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 4:00-4:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Strength 5th-7th

**305032-06**

Grades: 5th-7th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Tap 5th-7th

**305032-07**

Grades: 5th-7th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Musical Theater 5th-7th

**305032-08**

Grades: 5th-7th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 7:00-7:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

## 8th-H.S. Dancers

### Contemporary 8th-H.S.

**305033-00**

Grades: 8th-H.S.  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 7:00-7:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Jazz 8th-H.S.

**305033-01**

Grades: 8th-H.S.  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 5:00-5:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Company Level I 8th-H.S.

Dancers enrolled in Company Level I 8th-H.S. must be registered for Company as well as any 3 additional recreational classes per week.

**305033-02**

Grades: 8th-H.S.  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Spring session dates to be announced  
 Time: 6:00-6:55 pm  
 Fee: \$158 **R** / \$198 **NR** / 12 sessions + rehearsals \*competitions and costumes and winter/spring tuition will be paid separately.

### Acro 8th-H.S.

**305033-03**

Grades: 8th-H.S.  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 7:00-7:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

### Hip Hop 8th-H.S.

**305033-04**

Grades: 8th-H.S.  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 7:00-7:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

**Tap 8th-H.S.**

**305033-05**

Grades: 8th-H.S.  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

**Musical Theater 8th-H.S.**

**305033-06**

Grades: 8th-H.S.  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

**Ballet 8th-H.S.**

**305033-07**

Grades: 8th-H.S. (7th grade dancers may be added by placement only)  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$134 R / \$167.50 NR

**Pointe 8th-H.S.**

**305033-08**

Grades: 8th-H.S. (7th grade dancers may be added by placement only)  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 8:00-8:30 pm  
 Fee: \$67 R / \$83.75 NR

\*Dancers who take pointe must be enrolled in a weekly ballet class and are strongly encouraged to take the prior Ballet 8th-H.S. at 7pm on Thursdays.

**Adult Dancers**

**Adult Dance**

**305034-00**

Ages: 18 & Up  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 7:00-7:55 pm  
 Fee: \$134 R / \$167.50 NR

**BDC Dance Company Requirements**

BDC Dance Company is comprised of a dedicated group of dancers that have the opportunity to compete throughout the year. Two levels of Company will be offered this year, based on time commitment. Each of those company levels has a list of requirements which allows dancers to maximize their training. Please refer to the classes below to see the requirements for each level and age group.

**Company Level I**

This Company level is for the dancer who wants to be involved in competition and take their training to the next level but with a lower level of time commitment throughout each week. Good for younger dancers or dancers who would like to try Company for the first time.

**Company Level I Mini Company**

Dancers enrolled in Company Level I Mini Company must be registered for Company as well as any 2 additional recreational classes per week.

**305030-11**

Grades: K-1st  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions + rehearsals \*competitions costumes, and winter/spring tuition will be paid separately.

**Company Level I 2nd-4th**

Dancers enrolled in Company Level I 2nd-4th must be registered for Company as well as any 2 additional recreational classes per week.

**305031-02**

Grades: 2nd-4th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions + rehearsals \*competitions costumes, and winter/spring tuition will be paid separately.

### Company Level 1 5th-7th

Dancers enrolled in Company Level 1 5th-7th must be registered for Company as well as any 3 additional recreational classes per week.

#### 305032-02

Grades: 5th-7th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions + rehearsals \*competitions costumes, and winter/spring tuition will be paid separately.

### Company Level 1 8th-H.S.

Dancers enrolled in Company Level 1 8th-H.S. must be registered for Company as well as any 3 additional recreational classes per week.

#### 305033-02

Grades: 8th-H.S.  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Spring session dates to be announced  
 Time: 6:00-6:55 pm  
 Fee: \$158 R / \$198 NR / 12 sessions + rehearsals \*competitions and costumes will be paid separately.

## Company Level 2

Company Level 2 is a higher level of competition, performance opportunity and time commitment. Dancers enrolled in Level 2 must be signed up for the full curriculum each week based on age level below. Classes include Company (2x a week), Ballet, Contemporary, Technique, Hip Hop, Jazz, and Strength. (Dancers in the 2nd-4th grade level 2 will not be required to take technique or strength classes. Their curriculum commitment is 6 hours a week of classes. Dancers at the 5th-7th and above age group are exempt from the required Strength class IF they are in any other cross training sport outside of dance. Their time curriculum commitment is 7-8 hours per week. ) Dancers have the option to take additional classes if desired. (Musical Theater, Tap, Pointe, Acro etc) Please refer to the required classes times below.

### Company Level 2 2nd-4th

#### 305035-18

Grades: 2nd-4th  
 Day/Dates: Tues, Aug 2-Aug 23  
 Time: 4:00-5:00 pm  
 Fee: \$53 R / \$66 NR / 4 sessions  
 Registration July 11

### Company Level 2 5th-7th

#### 305035-19

Grades: 5th-7th  
 Day/Dates: Mon, Aug 1-Aug 22  
 Time: 6:00-8:00 pm  
 Fee: \$105 R / \$131 NR / 12 sessions + rehearsals \*competitions costumes, and winter/spring tuition will be paid separately.  
 Registration July 11

### Company Level 2 8th-H.S.

#### 305035-20

Grades: 8th-H.S.  
 Day/Dates: Mon, Aug 1-Aug 22  
 Time: 4:00-6:00 pm  
 Fee: \$105 R / \$131 NR / 12 sessions + rehearsals \*competitions costumes, and winter/spring tuition will be paid separately.  
 Registration July 11

### Company Level 2 2nd-4th required classes:

#### Company Level 2 2nd-4th

#### 305036-00

Grades: 2nd-4th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Spring session dates to be announced  
 Time: 5:00-5:55 pm  
 Fee: \$316 R / \$395 NR / 12 sessions + rehearsals \*competitions costumes, and winter/spring tuition will be paid separately.

#### Company Level 2 Contemporary 2nd-4th

#### 305036-01

Grades: 2nd-4th  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 4:00-4:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Hip Hop 2nd-4th

#### 305031-04

Grades: 2nd-4th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

#### Company Level 2 Jazz 2nd-4th

#### 305036-03

Grades: 2nd-4th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

**Company Level 2 Ballet 2nd-4th**

**305036-04**  
 Grades: 2nd-4th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

**Company Level 2 5th-7th required classes:**

Company Level 2 5th-7th  
**305037-00**  
 Grades: 5th-7th  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Wed, Sept 14-Dec 7 (no class Nov 23)  
 Spring session dates to be announced  
 Time: 4:00-4:55 pm  
 Fee: \$316 R / \$395 NR / 12 sessions +  
 rehearsals \*competitions and costumes  
 will be paid separately.

**Company Level 2 Ballet 5th-7th**

**305037-01**  
 Grades: 5th-7th  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

**Company Level 2 Contemporary 5th-7th**

**305037-02**  
 Grades: 5th-7th  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR



**Company Level 2 Technique 5th-7th**

**305037-03**  
 Grades: 5th-7th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

**Hip Hop 5th-7th**

**305037-04**  
 Grades: 5th-7th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

**Company Level 2 Jazz 5th-7th**

**305037-05**  
 Grades: 5th-7th  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 7:00-7:55 pm  
 Fee: \$134 R / \$167.50 NR

**Strength 5th-7th**

(This class is exempt/optional if the dancer is in any other cross training sport)

**305032-06**  
 Grades: 5th-7th  
 Day/Dates: Thurs, Sept 15-Dec 8 (no class Nov 24)  
 Time: 5:00-5:55 pm  
 Fee: \$134 R / \$167.50 NR

**Company Level 2 8th-H.S. required classes:**

**Company Level 2 8th-H.S.**

**305038-00**  
 Grades: 8th-H.S.  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Wed, Sept 14-Dec 7 (no class Nov 23)  
 Spring session dates to be announced  
 Time: 5:00-5:55 pm  
 Fee: \$316 R / \$395 NR / 12 sessions +  
 rehearsals \*competitions costumes, and  
 winter/spring tuition will be paid separately.

**Company Level 2 Ballet 8th-H.S.**

**305038-01**  
 Grades: 8th-H.S.  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 6:00-6:55 pm  
 Fee: \$134 R / \$167.50 NR

**Company Level 2 Contemporary 8th-H.S.****305038-02**

Grades: 8th-H.S.  
 Day/Dates: Mon, Sept 12-Dec 12  
 (no class Nov 21 or Oct 31)  
 Time: 7:00-7:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

**Strength 8th-H.S.**

(This class is exempt/optional if the dancer is in any other cross training sport)

**305038-03**

Grades: 8th-H.S.  
 Day/Dates: Tues, Sept 13-Dec 6 (no class Nov 22)  
 Time: 6:00-6:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

**Company Level 2 Hip Hop 8th-H.S.****305038-04**

Grades: 8th-H.S.  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 4:00-4:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

**Company Level 2 Jazz 8th-H.S.****305038-05**

Grades: 8th-H.S.  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 6:00-6:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

**Company Level 2 Technique 8th-H.S.****305038-06**

Grades: 8th-H.S.  
 Day/Dates: Wed, Sept 14-Dec 7 (no class Nov 23)  
 Time: 7:00-7:55 pm  
 Fee: \$134 **R** / \$167.50 **NR**

**Customized Private Lessons for Dancers**

Accelerate your dance training by taking private lessons in your dance style of choice. Customized hour or half hour lessons can provide your dancer with focused instruction that can assist dancers who are looking to make greater strides in ability, receive extra help with class choreography or deepen his or her understanding of a particular style. One, three, five or ten private lesson punch cards are available at the Park District office and sessions can be scheduled through Donnette or Kari.

Ages: All  
 Days/Dates/Times: Varies- contact instructors  
 Fees: \$25 **R** / \$27 **NR** 30 min. per lesson

(Purchase a 1, 3, 5, or 10 punch card at Park District)

**Customized Group Lessons**

Looking to make your wedding more exciting and surprising for your guests? Or maybe need an idea for team-building, birthday or bridesmaids party? Let us choreograph a routine for either a group or a couple to add that extra level of fun and surprise to your event! Customized options for this one-of-a-kind lesson are available through the Braemar Dance Center. Please contact the office to speak to the teacher or choreographer who can personalize a dance or lessons just for you!

Ages: All  
 Time: Varies  
 Fee: Contact Kari directly to schedule private lessons  
 Location: Mary Drew Dance Studio

**Dress Code Requirements**

Any additional questions regarding dance attire can be discussed with the teacher.

**Ballet Classes**

**Girls:** Ballet leotard, tights, ballet shoes. May wear ballet skirts. Hair must be neatly tied up.

**Boys:** T-shirt and athletic shorts, socks, and black ballet shoes.

**Ballet/Tap Classes**

Girls: Ballet leotard, tights, ballet shoes and black tap shoes. May wear ballet skirts. Hair must be neatly tied up.

Boys: T-shirt and athletic shorts, socks, black ballet shoes and black tap shoes.

**Tap Classes** Comfortable clothes that allow easy movement and black tap shoes; no jeans.

**Jazz**

Girls: Leotard or tank top, jazz pants/leggings/athletic shorts, skin colored jazz shoes

Boys: T-shirt and athletic shorts, black jazz shoes

**Hip-Hop** Comfortable clothes that allow easy movement and gym shoes; no jeans.

**Contemporary** Comfortable clothes that allow easy movement; no jeans; no shoes.

**Musical Theater-** Comfortable clothes that allow easy movement and skin colored jazz shoes.

## Braemar Dance Center Weekly Class Schedule Fall 2022

Monday	Tuesday	Wednesday	Thursday	Saturday
<p><b>4:00pm</b> Company Level 2 5th-7th</p> <p>Ballet 2nd-4th</p> <p>Hip Hop K-1st</p> <p><b>5:00pm</b> Company Level 2 8th-High School</p> <p>Company Level 2 Ballet 5th-7th</p> <p>Contemporary 2nd-4th</p> <p><b>6:00pm</b> Company Level 2 Contemporary 5th-7th</p> <p>Jazz 5th-7th</p> <p>Company Level 2 Ballet 8th-High School</p> <p><b>7:00pm</b> Company Level 2 Contemporary 8th-High School</p> <p>Contemporary 8th-High School</p> <p>Contemporary 5th-7th</p>	<p><b>4:00pm</b> Company Level 1 2nd-4th</p> <p>Acro K-1st</p> <p>Company Level 2 Contemporary 2nd-4th</p> <p>Company Level 1 5th-7th</p> <p><b>5:00pm</b> Company Level 2 2nd-4th</p> <p>Acro 5-7th</p> <p>Jazz K-1st</p> <p>Jazz 8th-High School</p> <p><b>6:00pm</b> Company Level 1 8th-High School</p> <p>Strength 8th- High School</p> <p>Musical Theater 1st-4th</p> <p><b>7:00pm</b> Musical Theater 5th-7th</p> <p>Acro 8th-High School</p>	<p><b>4:00pm</b> Company Level 2 5th-7th</p> <p>Company Level 2 Hip Hop 8th-High School</p> <p>Jazz 2nd-4th</p> <p><b>5:00pm</b> Company Level 2 8th-High School</p> <p>Hip Hop 2nd-4th</p> <p>Company Level 2 Technique 5th-7th</p> <p><b>6:00pm</b> Company Level 2 Jazz 8th-High School</p> <p>Company Level 2 Jazz 2nd-4th</p> <p>Hip Hop 5th-7th</p> <p><b>7:00pm</b> Comp Level 2 Jazz 5th-7th</p> <p>Company Level 2 Technique 8th-High School</p> <p>Hip Hop 8th-High School</p>	<p><b>4:00pm</b> Acro 2nd-4th</p> <p>Ballet 5th-7th</p> <p>Company Level 1 Mini K-1st</p> <p><b>5:00pm</b> Company Level 2 2nd-4th</p> <p>Strength 5th-7th</p> <p>Ballet K-1st</p> <p>Tap 8th-High School</p> <p><b>6:00pm</b> Musical Theater 8th-High School</p> <p>Tap 5th-7th</p> <p>Company Level 2 Ballet 2nd-4th</p> <p><b>7:00pm</b> Ballet 8th-High School</p> <p>Tap 2nd-4th</p> <p>Adult Dance 18 and UP</p> <p><b>8:00pm</b> Pointe 7th-HS (30 minutes) *7pm Ballet Class is strongly recommended</p>	<p><b>9:00am</b> Preschool Ballet 3/4 yr olds</p> <p><b>10:00 am</b> Ballet/Tap Kindergarten</p> <p>Key:</p> <p><b>REQUIRED</b> Company Level 2 2nd-4th</p> <p><b>REQUIRED</b> Company Level 2 5th-7th</p> <p><b>REQUIRED</b> Company Level 2 8th- High School</p> <p>*Strength Class is optional if dancer is in any other cross-training sport.</p> <p>*Additional classes are optional.</p> <p>Level 1 Company Classes</p> <p>*K-1st &amp; 2nd-4th (Any 2 additional unhighlighted classes required)</p> <p>*5th-7th &amp; 8th-HS (Any 3 additional unhighlighted classes required)</p>

### AARP Driver Safety

This program is designed to give adults the tools needed to drive defensively and be better aware while behind the wheel. Completion of this AARP course may qualify you for an auto insurance discount. Pre-registration is required, but you will make payment the day of. Make checks payable to AARP. Please remember to bring your AARP membership card, if you are a member. Feel free to bring a lunch or snack.

Ages: 50 & Up  
**307003-02** Day/Dates: Thurs, Sept 15 & Fri, Sept 16  
**307003-03** Day/Dates: Thurs, Oct 6 & Fri, Oct 7  
 Time: 9:30 am-1:30 pm  
 Fee: \$20 AARP Members / \$25 Non-AARP Members  
 (Free to sign up online or at the park office. Pay by check day of)  
 Location: Park District Board Room

### Social Ballroom Dance

Grab your partner and put on your dancing shoes! In no time at all you'll learn the basic steps of the waltz, foxtrot, rumba, and jitterbug. This class emphasizes fun, ease of movement, and music recognition. This class is a great way to get ready for all those upcoming events, such as weddings, reunions and parties. Our instructor combines the joy of movement with the romance of ballroom dancing. Instruction will be taught in a friendly and relaxed atmosphere. Please register with a partner.

Ages: 18 & Up  
 Fee: \$42 **R** / \$47 **NR** / 4 sessions  
 Location: Frankfort Founders Center  
 140 Oak Street  
**307006-00** Day/Dates: Thurs, Sept 15-Oct 6  
 Time: 7:00-8:00 pm  
**307006-01** Day/Dates: Thurs, Nov 17-Dec 15 (no class Nov 24)  
 Time: 7:00-8:00 pm

### R.E.C.E.S.S.

Remember when recess use to be fun? Come join us for adult R.E.C.E.S.S.

R. Resist-a-ball  
 E. Education  
 C. Core Strengthening  
 E. Exercising  
 S. Strength Training  
 S. Stretching

Bring a towel, 2lb hand weights and get ready for some fun while working out with a yoga ball.

**\*\*Balls will be provided\*\***

Ages: 16 & Up  
 Fee: \$35 **R** / \$44 **NR** / 6 sessions  
 Location: Lincoln-Way North Dance Studio (use the Fieldhouse Entrance)

#### 307010-00

Days/Dates: Tues, Sept 13-Oct 18  
 Time: 5:45-6:45 pm

#### 307010-02

Days/Dates: Tues, Oct 25-Nov 29  
 Time: 5:45-6:45pm

### Hatha Yoga

Discover the unique way to shape your body and your mind. This beginning yoga class introduces asanas (yoga postures), breathing, meditation, and relaxation. Please bring a water bottle, mat, and towel to class.

Age: 16 & Up  
 Fee: \$35 **R** / \$44 **NR** / 6 sessions  
 Location: Lincoln-Way North Dance Studio (use the Fieldhouse Entrance)

#### 307201-03

Days/Dates: Tues, Sept 13 – Oct 18  
 Time: 7:00-8:00 pm

#### 307201-04

Days/Dates: Tues, Oct 25 – Nov 29  
 Time: 7:00-8:00 pm

### Chair Yoga

If you have limited mobility or physical pain, lowering yourself up and down onto a mat can be difficult. This class is designed for you. It will increase your flexibility, strength, and reduce stiffness. Regardless of your age, weight, or fitness level – you can experience the benefits of yoga all while sitting in a chair. Please bring a water bottle to each class.

Age: 16 & Up  
 Fee: \$35 R / \$44 NR / 6 sessions  
 Location: Lincoln-Way North Dance Studio (use the Fieldhouse Entrance)

#### 307011-01

Days/Dates: Sept 14-19  
 Time: 6:30-7:30 pm

#### 307011-02

Days/Dates: Wed, Oct 26 – Nov 30  
 Time: 6:30-7:30 pm

### Upholstery Class

Do you have an upholstered chair, ottoman, or dining room chair that you cannot part with because it belonged to a relative, is an antique, or you thought someday you would have it redone? This class is for you! Learn how to up-cycle old furniture back to usable again. This is a hands-on class, so while you work on your piece, you will learn how to take apart, repair, refurbish, and reupholster furniture. There is storage available for furniture projects during the class term.

Ages: 18 & Up  
 Fee: \$160 R / \$165 NR / 8 sessions  
 Location: Lincoln-Way North Wood Shop  
 Please use Field House Entrance

307102-00 Day/Dates: Tues, Sept 27-Nov 15  
 Time: 11:00 am-2:00 pm

307102-01 Day/Dates: Wed, Sept 28-Nov 16  
 Time: 6:15-9:15 pm



### Swing Dance

Swing Dance remains one of the most popular dance styles in modern dance clubs. Dance to the big bands, the Beach Boys, Lady Gaga, and more! You will learn the single time swing (jitterbug) and the triple time swing. The basic dance steps of each style are relatively easy to learn. As you gain more confidence you can layer on different moves as the mood and the song rhythm strikes you. Couples are recommended, but not necessary. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

#### 307006-05

Ages: 18 & Up  
 Day/Dates: Thurs, Oct 20-Nov 10  
 Time: 7:00-8:00 pm  
 Fee: \$42 R / \$47 NR per person  
 Location: Frankfort Founders Center  
 140 Oak St.



### Little Kickers

Buckle up! These kids are eager for action and ready to learn. With a curriculum chock full of imaginative games and adventures, these players are going to have a blast and won't even realize just how much they're learning. Coaches will guide them towards great soccer skills (specifically passing, trapping, shooting, attacking and defending) and introduce them to scrimmaging. Look a little closer and you'll also notice improved communication, listening, sharing, perseverance and resilience. Shin guards are required for this program.

**Ages:** 3-6  
**Day/Dates:** Sat, Oct 1-Nov 19  
 (no class TBD)  
**Fee:** \$50 R / \$62.50 NR / 7 sessions  
**Location:** Lincoln-Way North Main Gym /  
 Outside (weather permitting)  
**303208-02** Time: 9:00-9:35 am  
**303208-03** Time: 9:40-10:15 am

### Intermediate Soccer

Does your child always have a ball at their feet? Constantly talk about soccer? Or are they simply driven to get better? Created for kids who are motivated soccer players, Micro classes kick it up a notch. While coaching remains child-centered and fun this curriculum is fundamentals focused and provides game-like situations each week that help solidify learning. Players enjoy 30 minutes of age-appropriate instruction and 30 minutes of small-sided scrimmaging. Shin guards are required for this program.

**303001-01**  
**Ages:** 4-7  
**Day/Dates:** Sat, Oct 1-Nov 19  
 (no class TBD)  
**Time:** 10:20-11:20 am  
**Fee:** \$65 R / \$81.25 NR / 7 sessions  
**Location:** Lincoln-Way North Main Gym /  
 Outside (weather permitting)



### Saturday Co-Ed Indoor/Outdoor Soccer League

This league is designed to provide fun, recreational soccer practice and play during which participants learn basic skills and rules of the game in a structured environment. We're here to have fun and give every child, no matter their level of skill, a chance to experience soccer. Players will be divided into age groups/teams after registration. Shin guards are required for this program.

**Day/Dates:** Sat, Oct 1-Nov 19  
 (no class TBD)  
**Time:** 1 hour / same time each week  
**Fee:** \$65 R / \$81.25 NR / 7 sessions  
**Location:** Lincoln-Way North Main Gym /  
 Outside (weather permitting)

- 800050-00** K
- 800050-01** 1st
- 800050-02** 2nd
- 800050-03** 3rd
- 800050-04** 4th
- 800050-05** 5th
- 800050-06** 6th
- 800050-07** 7th
- 800050-08** 8th

### Pee Wee Sports Mix

At Pee Wee Sports Mix, children are introduced to the fundamentals of soccer, basketball, t-ball, exercises, and other great games in a structured and free-play setting. This is a great way to get your child excited about sports while building self-esteem and improving coordination and motor skills. These skills will be taught in a fun, non-competitive learning environment. Appropriately-sized equipment will be used. Parents are encouraged to participate with their children.

**303020-03**  
**Ages:** 4-6  
**Day/Dates:** Mon, Oct 3-Nov 14  
 (no class Oct 10)  
**Time:** 5:15-6:00 pm  
**Fee:** \$50 R / 62.50 NR / 6 sessions  
**Location:** Mary Drew

### Floor Hockey

In this program, kids will meet weekly to develop their skills through a variety of age appropriate skill, drills, and team building exercises. All players will learn how to pass, shoot, defend, and work as a team. Pickup games will be played with boys and girls being divided into teams by age. Shin guards are required. All other equipment is provided.

#### 303150-05

Ages: 6-11  
 Day/Dates: Wed, Oct 5-Nov 9  
 Fee: \$65 **R** / \$81.25 **NR** / 6 sessions  
 Location: Mary Drew  
 Time: 6:00-7:30 pm

### Instructional Co-Ed Junior Basketball

This is a five week instructional class where children will be taught the fundamentals of basketball in a fun, challenging environment without an emphasis on competition. Children will learn skills such as dribbling, passing, and shooting.

#### 303216-03

Ages: 4-7  
 Day/Dates: Tues, Sept 13-Oct 11  
 Time: 6:00-6:45 pm  
 Fee: \$45 **R** / \$56.25 **NR** / 5 sessions  
 Location: Lincoln-Way North

### Fall Basketball Co-Ed Skills & Drills Clinic

Spend time each week working on a different aspect of basketball. This clinic is for players that want to get ready for the basketball season or keep their skills sharp doing more intensive drills. We will focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing fundamentals. Each week we will focus on a specific skill and workouts will be directed more for the individual player to get as much work and reps in as they can. You will walk away motivated and inspired to elevate your game!

#### 303216-04

Ages: 8-15  
 Day/Dates: Tues, Sept 13-Oct 11  
 Time: 7:00-8:00 pm  
 Fee: \$60 **R** / \$75 **NR** / 5 sessions  
 Location: Lincoln-Way North

### Winter Break Co-Ed Basketball Camp

Increase your confidence and improve your skills over the holidays this winter break! Stay on top of your game by working on your shooting, passing, dribbling, rebounding and defensive skills. You're guaranteed to finish camp with increased self-esteem, new friends, and more passion for the game.

#### 303216-05

Ages: 8-15  
 Days/Dates: Mon, Dec 26-Wed, Dec 28  
 Time: 10:00-11:30 am  
 Fee: \$50 **R** / \$62.50 **NR** / 3 sessions  
 Location: Lincoln-Way North

### Columbus Day Recreation Co-Ed Soccer Camp-NEW

This camp is targeted for any player at the recreational level looking for development of their individual skills. Camp will focus on individual skills, small-sided games, and sportsmanship in a fun learning environment, and will provide an opportunity for the campers to be challenged through technical exercises and fun games.

#### 303012-00

Ages: 6-12  
 Day/Date: Mon, Oct 10  
 Time: 9:00-noon  
 Fee: \$30 **R** / \$37.50 **NR**  
 Location: Lincoln-Way North Stadium  
 (Rain location in gymnasium)

### Winter Break Co-Ed Basketball Shooting Camp

This is strictly a shooting camp, and will give players the opportunity to focus on improving their shooting skills. Emphasis is placed on technique, footwork, shooting drills, shooting off the dribble, shooting off the pass, shooting games, free throw shooting, and post/perimeter shooting.

#### 303216-06

Ages: 8-15  
 Days/Dates: Thurs & Fri, Dec 29 & 30  
 Time: 10:00-11:30 am  
 Fee: \$30 **R** / \$37.50 **NR** / 2 sessions  
 Location: Lincoln-Way North

## Annual Memberships

Membership in the F.A.N. (Frankfort Square Park District Activities at North) program includes all open activities that are offered at the Lincoln-Way North campus, including open gyms, fitness center, and weight room.

Family Membership	\$289
Couple Membership	\$184
Single Membership	\$131
Senior Pass (62 and older)	\$53
Drop in daily fee Resident	\$5
Drop in daily fee Non-Resident	\$10

Memberships can only be purchased at the park district office, located at 7540 W. Braemar Lane, Frankfort. Membership is provided on an annual basis. Your membership is valid for one year from the date of purchase. No refunds, if for some reason we have to close FAN for a length of time, we will add the time on to the end of your membership.

Any resident of the Frankfort Square Park District (FSPD) or Lincoln-Way Community High School District 210 (LWCHSD) is eligible to purchase an annual membership. It is required at the time of registration that three forms of ID be available to ensure residency.

## Proof of Residency

Three separate forms of identification for proof of residency must have three addresses that match on all three forms of proof of residency, and at least one must include photo identification.

Definition of valid forms of ID, as recognized by the State of Illinois or Federal Government include the following:

- Valid driver's license
- Valid State of Illinois ID card
- Voters registration card
- Vehicle registration card
- Utility bills-can have two utility bills, but must be different utility providers
- Property tax bill
- FOID card (Firearms Owner Identification)
- Police/Fireman Commissions card (photograph and thumbprint will be on this card)
- Valid Illinois fishing license

Bank statements, personal checks, credit card statements or other mail addressed to a P.O Box will NOT be considered acceptable forms of identification.

A photo ID will be provided for all members. ID's must be carried whenever attending F.A.N. programming at the LVN campus.

Lost or stolen ID's can be replaced at the park district office for a fee of \$10.

Membership is not available to non-residents.

Children under 14 must be directly supervised by an adult and participating in an activity.

Children under 14 (8th grade and younger) are not permitted in weight room or fitness room.

Participants ages 14-17(high school) must be directly supervised by an adult in the weight room or fitness room.

Drop-In participants under the age of 18 must have a signed parental Registration form

## Indoor Track Information

Approximately 8-9 laps in lanes 5 or 6 equal one mile  
**No strollers or any wheeled mechanisms**  
**Slower moving users shall stay on the inner side of the track.**

**No food or beverages other than water are allowed in the Field House**

**Due to circumstances beyond our control, additional skip days may be added. These dates will be posted as we are notified**

## F.A.N. for All

The Frankfort Square Park District has received many requests for usage from a variety of community, private non-profit, and for profit organizations. At this time, exclusive use of the Lincoln-Way North field house, gymnasiums, and athletic fields, is not available. The purpose of F.A.N. is not to host tournaments or special events, no matter what revenue the event may generate.

Providing space for these events would limit resident access and usage for F.A.N. members and local groups and organizations that schedule practices and games.

Secondly, F.A.N and the North campus cannot accommodate every group and organization at all the facilities and fields for the Lincoln-Way area. Local high schools, East, Central, and West are still available for resident usage, and should be considered as able to meet group and/or organization needs. Lincoln-Way North facility usage request forms are available on the FSPD website under the Parks & Facilities tab.

## College Student Winter Break Pass

**This is designed for students who are home for the summer and want an affordable way to work out and have fun. Passes will be available for purchase at the park district office. This pass will be valid December 1-January 31.**

## Thor Guard Lightning Prediction System

The Frankfort Square Park District has a lightning prediction system that consists of sensors measuring electrostatic charges at ground level and in the atmosphere. These electrostatic charges, invisible to the naked eye, build prior to lightning occurrences. Square Links Golf Course houses the main detection system. When conditions indicate that a lightning occurrence is probable, a signal is sent to alarm horns and strobe lights located at the Community Center, Summit Hill Jr. High, Lincoln-Way North, as well as Champions, Hunter Prairie, and Union Creek Parks.

The following procedures are to be followed when potentially dangerous weather exists:

### Warning Signal

A Warning Signal (one long 15 second horn blast) will sound and strobe lights will activate when a potentially dangerous weather situation is approaching. If the strobe lights are activated, a potentially dangerous weather situation exists.

### Procedures

All activities in the park will end immediately and patrons must leave the park. It is recommended that park patrons seek shelter in their cars or a building. Patrons should avoid areas that are higher than the surrounding landscape, they should not use a tree for shelter, and they should keep away from metal objects such as bicycles, golf clubs, umbrellas, etc. All park patrons must wait until the Lightning Prediction System performs an All Clear Signal before returning to the park.

### All Clear Signal

The All Clear Signal (three short horn blasts, two seconds apart) will sound, and the strobe lights will deactivate. After the All Clear Signal sounds and the strobe lights deactivate, park patrons may resume their activities.

### Caution

The Thor Guard System helps assess the conditions. Neither the signal nor the system is intended to guarantee that conditions are safe. If the weather is threatening and no warning signal is heard or seen, use good judgment and clear the area. Do not wait for the warning signal to activate, as the system can malfunction.

**The Thor Guard Lightning Prediction System is tested on the first Tuesday of every month at 10:00 am during non-winter months.**

## AED-Automated External Defibrillators

The Frankfort Square Park District has purchased and placed into service numerous automated external defibrillators (AED's). These AED's are located at the Community Center, Square Links Golf Course, Champions Park concession stand, and both Union Creek concession stands. In addition, Summit Hill School District 161 and Lincoln-Way Community High School District 210 have AED's located at all school facilities utilized by the park district for programming.

### Boy Scouts of America

#### Boy Scout Troop 237

#### Scouts, BSA Ages 11-18

A leadership program that is designed to challenge and inspire it's members.

With our advancement and merit badge opportunities youth have the opportunity to grow and explore, via camping, hiking, and service projects.

<https://www.facebook.com/scoutsbsaFS>

#### For Boys: Troop 237

Contact Earl Bonovich at 708-638-2195 or [earl.bonovich@tkdtrio.com](mailto:earl.bonovich@tkdtrio.com)

#### For Girls: Troop 732 Contact Dave Geekie at

708-902-2295 or [dgeekie63@gmail.com](mailto:dgeekie63@gmail.com)

### Cub Pack 101, Grades K-5th

Cub Scout Pack 101 is a Family Pack that welcomes boys and girls in kindergarten through 5th grade to join at any time during the year. Our Pack offers a fun and exciting Cub Scout program that includes events such as the annual Pinewood Derby, and also provides camping and hiking opportunities. Visit us on Facebook-[www.facebook.com/FSPack101/](http://www.facebook.com/FSPack101/)-to learn more, or look us up at [www.beascout.org](http://www.beascout.org) to apply. For more information, contact membership chair Justin Pariseau at (708) 921-3083 or [justinaparseau@gmail.com](mailto:justinaparseau@gmail.com).

### Girl Scouts USA

Are you looking to become a Girl Scout? We have troop leaders ready to accept new girls (ages 5-18) into their troops which meet on a variety of days and times. For more information, please contact the individual leaders below or by email at:

[serviceunit742@gmail.com](mailto:serviceunit742@gmail.com)

Arbury Hills-Amy Nordsell (630) 661-1001

Daisy (K-1st)-Amy Nordsell (630) 661-1001

Frankfort Square-Amy Nordsell (630) 661-1001

Indian Trail-Amy Nordsell (630) 661-1001

Rogus-Amy Nordsell (630) 661-1001

Hilda Walker-Amy Nordsell (630) 661-1001

Summit Hill-Pat Huntoon (708) 651-1389

Lincoln-Way School District 210-Pat Huntoon (708) 651-1389



### Union Creek Skate Park

Hours: Dawn to dusk

#### Warning of Risk and Danger

Skateboarding and in-line skating are high risk activities with inherent risks of serious injury.

The skate park area is **unsupervised** and participants and all other persons are voluntarily participating and entering at their own risk.

Skate parks are prone to flying objects and bodies. Know your abilities and skate within them. The park district is not responsible for accidents. When wet, the skating surface can be dangerous. **Enter at your own risk!**

Please review the rules posted at Union Creek Park.

### NHL-Style In-Line Hockey Rink

Come out and play just like the pros. Shoot at the same goals, get checked into the same boards, and try to stay out of the same penalty boxes as the pros. The hockey rink, located at Union Creek, is open daily from 8:00 am until 10:00 pm for in-line skating and hockey.

#### Group Usage

The Union Creek Skate Park and hockey rink are provided for open use by individuals. Supervised organizations/private groups who are interested in renting facilities must register with the Frankfort Square Park District. These groups may include, but are not limited to scouts, private athletic teams, and child care/recreation agencies. Prior to usage, groups must provide the park district with signed waivers and a Certificate of Insurance naming the Frankfort Square Park District as an additional insured. For more information, please contact the park district office at (815) 469-3524.



### Frisbee Golf Course

Visit the 9-hole, par 32 Frisbee Golf Course, located at Indian Boundary South Park. The course is open for play every day, from dawn to dusk. Bring your own discs and have fun!

Frisbee Golf is played like regular golf, but uses flying discs instead of golf balls. One stroke is counted for each throw or when a penalty is incurred. A hole is completed when the disc rests in the basket. The winner is the player with the lowest score.

Please review the disc golf course rules posted at Indian Boundary South Park.

#### Community Park Gardens-FREE!

Elevated community gardens are available at Community Park, located at the corner of St. Francis and Frankfort Square Roads. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

#### Brookside Bayou Park-FREE!

Garden plots located at 191st and Brookside Glen Drive. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

### Frankfort Square Baseball League (FSBL)

FSBL is an all-volunteer baseball organization that seeks to instill ideals of good sportsmanship, teamwork, honesty, courage, and leadership in every player at every age level. Online registration for the spring 2023 season opens in late November. The season is expected to begin in April. We offer t-ball through collegiate divisions and travel baseball.

Please visit us on the web at fsbl.net or like us on Facebook at facebook.com/thefsbll to stay informed regarding all league activities.

### Simba and Nala's Dog Park

Simba and Nala's Dog Park is located at Union Creek Park and features two main areas. One is for small dogs (less than 30 pounds), and the other is for large dogs (larger than 31 pounds). The park also includes a dog rinsing station, dog waste bags, and receptacles.

Registration for Simba and Nala's Dog Park is accepted at the Park District Administration Building for residents and non-residents. The annual membership fee is FREE per resident dog and \$60.00 per non-resident dog. Our calendar year is May 1 - April 30.

In order to register, individuals must bring a copy of each dog's immunization records (Rabies-certificate from the county, Distemper, and Bordetella) to the park district. Special registration forms are available at the park office. Also, please bring us a 4 x 6 photo of your furry friend.

At the time of registration, participants will receive a membership packet, which includes rules and emergency contact information. Other items include a membership card, key fob, and lanyard. An electronic locking gate promotes safety and security, as well as operational efficiency at the park. The key fob, which can be attached to your dog park lanyard or your keychain, must be presented in close proximity to the gate lock in order to gain access to the park. Key fobs will be activated within 24 hours of registration.

If you misplace your key fob, please notify the Frankfort Square Park District immediately. Your old key fob will be deactivated and a new one will be issued to you and activated for a \$25.00 replacement fee.

In the event that your key fob is deactivated, there will be a \$5.00 reactivation fee.

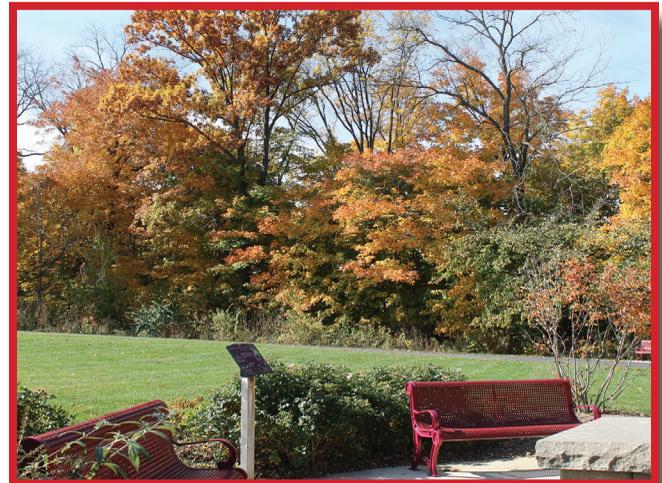
### Integrated Pest Management

Application of herbicides to park land is necessary to maintain and improve park properties within our district. These applications are done by qualified personnel with proper equipment and in compliance with all appropriate state and local regulations. Integrated Pest Management (I.P.M.) is employed by the Frankfort Square Park District to manage and control pests with chemical, physical, and biological methods. Components of I.P.M. include fertilization, maintaining mowing equipment, aerating, over-seeding, and chemical application of herbicides. If you would like additional information relating to I.P.M. or would like to be notified when chemical applications will be done on park property, please contact the park office at (815) 469-3524.



### Memorial Opportunity

The FSPD has created a way for pet owners to commemorate the love they shared with their special friends through the installation of plaques that can be located throughout its outdoor areas. Plaques can be purchased for \$250, which includes the brass plaque, mounting post, and installation. If interested in memorializing your pet, please contact the park district office.



The Frankfort Square Park District has five facilities available on a rental basis. These rooms can be used for a variety of celebrations, such as banquets, weddings, birthdays, showers, or family gatherings. Renters must be 25 years of age.

**Community Room-7540 W. Braemar Lane**

- Occupancy-seating for approximately 100 guests
- Tables and chairs
- Full kitchen with appliances
- Keurig coffee maker

**Board Room-7540 W. Braemar Lane**

- Occupancy-seating for approximately 35 guests
- Tables and chairs
- Full kitchen with appliances
- Commercial coffee maker

**Nature Center-7530 W. Braemar Lane**

- Occupancy-seating for approximately 20 guests
- Tables and chairs
- Outdoor picnic tables

**Rental Fees**

Facilities are available for a minimum of five hours. Additional hours are \$70 each. A \$150 security deposit (in addition to the rental fee) is required at the time of reservation, and will secure the date of the rental. In the event of a cancellation, the security deposit is forfeited. Rental fees must be paid in full one month prior to the rental date. Due to insurance requirements, rental applications requesting to serve alcoholic beverages will be required to provide host liquor and general liability insurance listing the Frankfort Square Park District as an additional insured.

- Frankfort Square Park District Residents \$350
- Non-Residents \$450
- Host Liquor/General Liability Insurance \$200
- Outdoor Bandshell \$75
- \* Must rent community room with Outdoor Bandshell.

**Date Availability**

- Facility rentals are reserved by appointment only during regular office hours. A tour of the space is available, rules and regulations are reviewed, and a security deposit is rendered.
- Beginning September 1, rentals are booked for January and February of the following year.
- Beginning January 1, rentals are booked for March-December of the current year.

**For more information, please call (815) 469-3524.**

**Picnic Shelter Rental**

The Frankfort Square Park District has two picnic shelters available on a rental basis. The Union Creek Picnic Shelter, located at the Hilda Walker School site, and the 80th Avenue shelter, located next to the South Suburban Special Recreation Association building, are available for family picnics, birthdays, etc. Please call the park district office for availability.

**Picnic Shelter Rental Rates**

- Security deposit-\$100.00
- Rental rate-\$100.00
- Non-resident rental rate-\$250.00

- \* Deposit required
- \* No alcohol allowed
- \* First-come, first-serve basis
- \* Must be 25 years or older to reserve the pavilion
- \* Security deposits are non-refundable in the event of a cancellation

Additional smaller shelters are available at Indian Trail School, Hunter Prairie Park, Community Park, Frankfort Square School, and Dr. Julian Rogus School at no cost. Usage is available on a first-come, first-served basis for these pavilions.





**About Us**

Since 1976, the Lincolnway Special Recreation Association (LWSRA) has provided recreation services for individuals with disabilities through a cooperative agreement with its seven member park districts: Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Island Park Districts. Participants enjoy active, healthy and more independent lifestyles through a variety of recreational and social opportunities.

1900 Heather Glen Drive  
 New Lenox, IL 60451  
 (815) 320-3500  
 support@lwsra.org



**Social Programs**

Engage with similar-aged peers in a structured but fun-filled social environment. Staff create opportunities to develop skills and try new experiences. Popular programs include dances, bingo, trivia, community trips, adult day program, summer camps and Saturday youth groups.



**Interest-based Programs**

Find programs centered around fitness or cultural arts. Try competitive Special Olympics and adapted sports or fitness outlets such as strength & conditioning and introductory sports skills. Enjoy creative arts through cooking, drawing & painting, dancing and more!



**Inclusion**

Park Districts welcome participation in all programs by individuals with disabilities and special needs. The district works cooperatively with LWSRA to facilitate successful participation for individuals who request an inclusion aide. Inclusion services give participants the needed

## Code Of Conduct

The Frankfort Square Park District is committed to providing a safe and fun environment for all participants and guests. By doing so, patrons are required to act appropriately, and are to be respectful of others at all times when using Frankfort Square Park District facilities.

Individuals using Frankfort Square Park District facilities are expected to behave in an appropriate and responsible manner. The Frankfort Square Park District Code of Conduct does not permit use of language or any action that may hurt or frighten another person or otherwise falls below a generally accepted standard of conduct. Directions issued by the park district staff must be followed at all times.

- Show respect for all participants, guests, spectators, staff, and volunteers.
- Follow program rules and direction from staff.
- Show respect for equipment, supplies, and facilities.
- Use of abusive or foul language, arguing, fighting, and any other form of harassment or intimidation is prohibited.
- Weapons, drugs, and alcohol are prohibited on school and park district property.
- Report incidents where park district policies are disregarded to staff.
- Report illegal activities to police/sheriff.

This Code of Conduct is in place to help make the Frankfort Square Park District's facilities and programs safe and enjoyable for everyone. If inappropriate behavior occurs, a prompt resolution will be sought specific to each situation. The Frankfort Square Park District reserves the right to remove anyone whose behavior endangers his or her own safety or the safety of others.

## Program Policy

Due to the possibility of separation anxiety, the park district asks that parents of children who have not been in prior park district programs remain in the lobby for the first day of class.

With the child's best interest in mind, no parents or siblings are allowed in the classroom-only registered participants.

If your child is not toilet-trained, please make sure he or she has on a fresh diaper or pull-up. If your child is at risk to need an immediate diaper change, you should plan on remaining on the premises, or be immediately reachable by phone. Our instructors are not in the position to change soiled diapers or training pants.

As we are unable to offer refunds or credits for the Tiny Tot programs and Early Childhood Camp, parents are asked to be confident their child is ready for this program. A child is ready when he/she is willing to enter/stay in the classroom without crying. With the child's best interest in mind, **no** parents are allowed in the classroom. The park district will try to accommodate your child in a parent-tot program if deemed necessary.

## Birth Certificate Policy

Birth certificates are required at the first registration for children 5 years and younger to validate age requirement for all programs. We do not retain copies of birth certificates.

## Cancellations

The staff reserves the right to consolidate, postpone, re-schedule, or cancel any program due to change in day, dates, times, instructor, or insufficient enrollment.

## For Your Safety

Please drop-off and pick-up your children promptly upon arrival or dismissal of class.

Preschool-age children enrolled in park district programs are not released from a class to anyone other than a parent or guardian, unless advance written notification is given to the instructor.

## Age Limitations and Why

In order to provide your child with the best possible recreational and/or learning experience, all of our programs are planned according to the ages listed in our brochure. Our instructors are sensitive to the needs of the individual age levels. Children must be the age listed in the brochure for each program by the date the program begins, unless otherwise specified.

## Participant Publicity Acknowledgement

The Frankfort Square Park District uses photographs of participants in our programs, special events, and parks to inform others of the many recreational opportunities available through our park district. Please be aware that these photos are for park district use only and may be used in the park district's publications, website, and social media. If you do not wish to have your picture taken, please inform our photographer. If the picture has already been taken, please call the park district office.

**Please read information carefully before registering:**

**Registration Policy**

1. Programs will be filled on a first-come, first-served basis.
2. All programs will have a minimum and a maximum enrollment.
3. Waiting lists may be formed after a particular class is filled.
4. The park district works hard to schedule programs at your convenience, but under extreme conditions, reserves the right to change facilities, times, dates, and instructors. You will be notified prior to change.
5. If a park district program is scheduled at a school facility, school programs have priority.
6. Registrations must be made by online, mail, fax, or in person during regular office hours. We also have an after-hours drop box located at the front door of the Community Center.
7. Mail-in registrations (with payment and registration form included), unless notified otherwise by park district personnel, are automatically registered for the classes indicated. If not admitted, individuals will be notified and receive a full refund. To register by mail, please complete a registration form and enclose a check made payable to the Frankfort Square Park District and mail to:  
 Frankfort Square Park District  
 7540 W. Braemar Lane  
 Frankfort, Illinois 60423
8. All payments must be paid in-full at time of registration.
9. Non-residents will pay an additional 25% for programs.
10. The park district reserves the right to adjust any incorrect program fees that were due to printing errors.
11. A \$5.00 fee will be assessed to each participant wishing to change programs or sessions. Program changes will not be processed until transfer fee is rendered.
12. A \$25.00 fee will be assessed for any returned check and any future registrations will need to be paid in cash.

**Resident Status**

Please call the park office to see if you are a resident and within park district boundaries.

**Registration Refund Policy**

1. Refunds will be mailed approximately two weeks from the time of submission.
2. 100% refund will be given whenever the park district cancels a program or activity due to insufficient program registration.
3. A full refund, less a \$5.00 service charge (per program) will be granted if the request is submitted prior to three business days before the start of the program or activity. All refunds for programs must be requested in-person at the park district office.
4. No refunds will be given after the start of the program.
5. One week notice of cancellation is necessary in order to obtain a full refund on any park district trip. (Less a \$5.00 service charge.)
6. No refunds for certain special events. (i.e.; Breakfast with the Bunny, one-day parties, or trips)

**The Frankfort Square Park District is not responsible for lost or late mail.**

Mail-in, drop-off, or fax your completed registration form along with your check or credit card number to:

Frankfort Square Park District  
 7540 W. Braemar Lane  
 Frankfort, IL 60423  
 Fax: (815) 469-8657

Please place the appropriate registration form, check, or credit card number in a sealed envelope and drop off at the Frankfort Square Park District Administration Building, 7540 W. Braemar Lane. Be sure to include the program number and remember to sign the waiver. Please read all registration instructions carefully because some programs have special registration requirements or registration deadlines. Include the registration form with a check or credit card number for the correct total fee. Please include your phone number on the check and make your check payable to the Frankfort Square Park District.

## Frankfort Square Park District Program Waiver & Release

### Important Information

The Frankfort Square Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Frankfort Square Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Frankfort Square Park District to guarantee absolute safety.

### Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Frankfort Square Park District, including its officials, agents, volunteers and employees.

### Photo/Video Policy

I understand that photos and videos are periodically taken of people participating in Frankfort Square Park District programs and activities, and I agree that any photograph or video taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes, including its electronic media, videos, brochures, flyers, and other publications without additional prior notice, permission, or compensation to the participant.

**I have read and fully understand the registration policies, the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.**

### Please Print

Participant's Name \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature \_\_\_\_\_ (18 years or older or Parent/Guardian)

### Participation Will Be Denied

If the signature of adult participant or parent/guardian and date are not on this waiver.

In accordance with the Americans with Disabilities Act, please describe any accommodation needed for your enjoyment of this program. If special accommodations are needed, allow 2 weeks prior to the start of the program. A staff member will contact you for more information. If you do not hear from us prior to the start date of the program, please call to confirm your accommodations.

**Frankfort Square Park District  
7540 West Braemar Lane  
Frankfort IL 60423**

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Frankfort IL**

**ECRWSS  
Postal Customer**

### **College Scholarship Golf Classic**

**Golf For a Cause on Saturday, September 24, 2022, from 7:00 am to dusk. Join your family, friends, and neighbors for a fun way to support our area youth. All proceeds are donated to the Frankfort Square Park District College Scholarship Program. Participants will have an opportunity to win Free golf, driving range, and riding cart for 5 years on hole #2.**

**Book your tee time online with Teesnap @[www.fspd.org](http://www.fspd.org). \$5 per golfer includes a riding cart (if available).**

**Free-will donations will be accepted, and ALL funds raised will benefit the FSPD's College**

### **College Scholarship Program**

**See page 12 for more information on Square Links Golf Course & Driving Range.**

**See page 3 for more information on the College Scholarship Program.**

