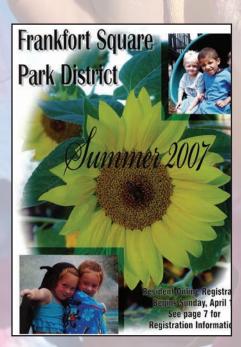
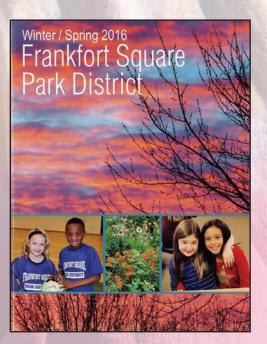


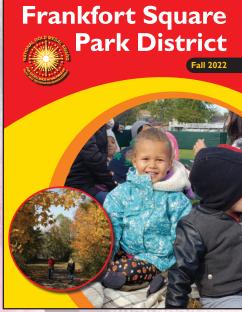
# **Celebrating** 50 Years!



# BROCHURES THROUGH THE DECADES







#### Dear Frankfort Square Park District Residents:

#### Happy 50th Anniversary!

On behalf of the current Frankfort Square Park District Board of Commissioners and staff, we are honored to share this special occasion with you! In an effort to provide a real connection to our pioneering FSPD residents, I spent some time with a 1970s FSPD scrapbook carefully assembled by individuals who put the same care and effort into starting the FSPD to meet the recreational needs of their families, friends, and neighbors.

Members of the Frankfort Square Homeowners Association saw a need and an opportunity, so they formed the Park District Fact-Finding Committee. After surveying neighbors and completing a review of all available options, they started the Park District Formation Committee. On March 18, 1974, a petition was filed in Will County Circuit Court containing more than the minimum 100 signatures needed. Most of those Frankfort Square residents listed home addresses on Laurel Drive and Greenfield Lane.

On April 13, 1974, the referendum question was asked and 87% voted yes to establish the 73-acre Frankfort Square Park District. The ballot also contained candidates and the following individuals were elected as the first FSPD Board Members: Robert Garrett, Russell Lundquist, Robert Maloney, Robert Denton, and David Martyn. Board Meeting Minutes dating back to the first meeting held on April 22, 1974, are available on our website, fspd.org.

A press release dated November 21, 1974, titled "Unique Park District Created at Frankfort Square" shares some fascinating insights into the formation of the Frankfort Square Park District.

It is believed that the FSPD was the first Illinois park district, located in an unincorporated area, to be formed through the cooperation of homeowners and Hoffman Rosner, the original developer of our planned community. It was also the first of its kind in which homeowners took on the responsibility for operating a park district as up until this time, other park districts had been under the jurisdiction of a municipality.

The first five parks, 21 acres, were donated by Hofman Rosner with a promise to donate another 57 acres over an 8-10-year period. The developer also provided a \$1,000 cash gift to get the project underway and another \$1,000 cash gift to purchase maintenance equipment.

The five park sites were graded and seeded, trees were planted, and tot lots with swings, slides, and climbing toys were installed along with barbeque grills, back-stops for baseball diamonds, a retention pond for use as a lake that would be stocked with fish.

The Frankfort Square population in 1974 was 1,000 and the long range plan was to build 3,200 homes that included townhomes and single family homes to eventually house 10,000 residents on a 600 acre site. The FSPD has grown and developed because of the countless people who have given their time and talents throughout the years. Our memories and the FSPD archives are filled with their stories. They have enriched our lives in so many ways and we are so grateful.

Over the past 50 years, trends have changed, but the same level of care for the recreational needs of our families, friends, and neighbors continues. Resident support for the FSPD has provided for the expansion to 31 parks, 629 acres, 650+ annual programs, and 10 miles of walking paths. This growth and support resulted in the FSPD being recognized nationally as a finalist for the prestigious National Recreation and Park Association Gold Medal Award for the first time in 2004. Multiple finalist recognitions followed and the FSPD received the Grand Award for Park District Excellence in 2007 and 2017.

We couldn't have done it without you! We encourage you to reminisce and to share your memories with us. Did you vote in the election that included the referendum question to establish the FSPD in 1974? How have you enjoyed the programs and facilities provided by your FSPD? Did you or your children attend preschool, teen dances at the Community Center, summer day camp, BAS, or a holiday party? Do you golf at Square Links, workout at F.A.N., enjoy the Splash Park, Community Gardens, and walking paths? FSPD programs and facilities start with resident input and are made possible through resident support.

It's time to celebrate! Let's travel back to 1974 and enjoy District-wide 1970s-themed activities. Our Early Learning Center preschool students started us off with a tie-dye activity and Square Links Golf Course and Practice Center now features a retro golf cart and a promotion for golfers to win a free bucket of balls when a special anniversary golf ball is found in a range bucket. To learn more about all the fun 50th Anniversary details we have planned, please stay connected with the FSPD staff, website, and social media.

As we look towards the future, we are thrilled to announce that we have been awarded a \$600,000 OSLAD grant for the redevelopment of one of the FSPD's original parks, Hunter Prairie! Many thanks to the residents who shared their time and input through our community meetings and wrote letters of support. Once the Illinois Department of Natural Resources agreement is finalized, work on the two-year project can begin.

If you have any suggestions to improve our service, please stop by our office, send us an email, or attend our monthly Board Meetings that are held on the third Thursday of each month.

#### Happy 50th Anniversary! Have a groovy summer!

Audrey Marcquenski Executive Director

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#### **Park Board Meetings**

Day/Date:	Third Thursday of each month
Time:	7:00 pm
Location:	Park District Administration Building 7540 W. Braemar Lane, Frankfort

#### **Administrative Staff**

5	Audrey Marcquenski, Executive Director Linda Mitchell, Assistant to the Executive Director Nicolette Jerik, Superintendent of Office Administration and Technology Julie Hein, Front Office Supervisor Irene Gama, Receptionist Lisa Foshinbaur, Receptionist Lauri Schutzius, Receptionist Loraine Torres, Receptionist Arliss Bouton, Safety Coordinator Susan Baker, Bookkeeper
}	<b>Recreation Staff</b> John Keenan, Superintendent of Recreation Erin Kertson, Recreation Supervisor Dan Coughlin, Athletic Supervisor
7 ) <u>-</u>	Maintenance Staff Ed Reidy, Superintendent of Parks Marlon Medina, Assistant Superintendent of Parks Alec Flamm, Full-Time Building and Grounds Maintenance
	Park Board of Commissioners Ken Blackburn, President Dave Macek,Vice President Craig Maksymiak, Treasurer Phil Cherry, Commissioner Frank Florentine, Commissioner

Denis Moore, Commissioner Ryan Holley, Commissioner

#### Thank You Ken Blackburn

Ken Blackburn was initially elected to the Park Board of Commissioners in 1989, and served faithfully, having been elected by FSPD residents a total of 9 consecutive times for a record 35 years not only as Commissioner, but also in positions of leadership, most recently as its Board President since 2011.

Visitors to Community Park can view a sign honoring Ken (pictured here with his wife Beth) and the Park District's

accomplishments during his time on the Park Board that included 33 grant projects totaling \$4,774,760 that enabled various park improvements.

Under Ken's leadership, the Park District was nationally recognized as a Gold Medal finalist seven times and was the recipient of the Grand Plaque award two times for its excellence in the field of park and recreation management. Ken proudly accepted these awards at National Recreation and Parks Association Congress events.

Ken and his wife Beth purchased their home in 1975 and raised their family in the Square. Whether Ken was volunteering for the Frankfort Square Baseball League as a coach, then President, or as an FSPD Commissioner, Ken always gave his best, always had a kind word for others, and will always be a shining example of selfless duty to his family and his community.

On behalf of the Park District Board, staff, and residents, we thank Ken for sharing his time and expertise through the years, and thank you also to the entire Blackburn family for sharing Ken with all of us.





Frankfort Square Park District Administration Building 7540 W. Braemar Lane Frankfort, IL 60423 Phone: (815) 469-3524 Fax: (815) 469-8657 Email:info@fspd.org

Visit us at our website at: www.fspd.org Office Hours: Monday Tuesday, Thursday, Friday Wednesday

9:00 am-7:00 pm 9:00 am-4:00 pm 9:00 am-noon

#### **Mission Statement**

It is the mission of the Frankfort Square Park District to provide accessible, non-discriminatory recreational services, facilities, and open space in an environmentally conscious, fiscally responsible manner.



#### Summer 2024 Registration

Resident online registration begins Thursday, May 2 at 9:00 am. When registering, you need to use your username and password that was provided by the park district. If you have any problems registering online, please contact our office staff during business hours, and we will be happy to assist you.

We strongly encourage online registration as it has priority over mail-in, drop-off, or in-person registration.

When logging out of our online registration system, please always use the SIGN OUT option instead of "Xingout" of the page. Your household will lock out registration until you log in and log back out again.

Reminder: Online registration will close one day prior to the program start date.

#### **Registration Dates:**

Resident Online Registration Begins Thursday, May 2 at 9:00 am.

Walk-In and Non-Resident Registration Begins on Tuesday, May 7 at 9:00 am.

The Frankfort Square Park District program waiver and release is located on page 38. For complete registration information, please see page 37.

Be sure to register early – programs fill quickly.

#### **Any Questions?**

Please contact the park office at: Phone (815) 469-3524 Fax (815) 469-8657 Website: www.fspd.org

#### **Program Scholarships**

The Frankfort Square Park District offers financial assistance in the form of program scholarships to qualifying individuals. If you would like to apply for a scholarship, applications are available online at www.fspd.org and at the park district office during regular business hours.

#### Free Mulch Provided to Frankfort Square Park District Residents

Thanks to a cooperative effort between the Frankfort Township Road District and the Frankfort Square Park District, residents have access to free wood mulch for their personal landscaping needs. The mulch is available in the parking lot of the ballfields on St. Francis Road, located adjacent to Kiwanis Park.

- Mulch is provided in "as-is condition" with no warranty or implied.
- No dumping of any material is permitted.
- No landscape contractors, front loaders, or dump trucks permitted.

Free home delivery is offered by the Frankfort Township Road District by simply calling (708) 479-9673.

#### Early Learning Center - Preschool 2024-2025 School Year

In person registration is ongoing at the Frankfort Square Park District Administration Building. A \$25 non-refundable deposit is required at the time of registration. Birth certificates are required at the time of registration.

#### **3-Year-Old Preschool Program**

The emphasis for our 3-year-olds is socialization imbedded in a learning environment. Children will be read stories every day that relate to a daily theme. In addition, they will spend time discussing the story so they can practice their comprehension and speaking/listening skills. Along with the story, children sing songs, move to music, assemble puzzles, play games, and have some free time to explore other areas of interest. We will work on color, shape, number, and letter recognition along with learning to write our names. Finally, we will focus on many things, people, and places in the world around us as we learn and grow.

Age:	3 years old on or before Sept. 1, 2024
Days/Dates:	Tues & Thurs, Sept 2024-May 2025
Fee:	\$950 <b>R</b> / \$1,187.50 <b>NR</b>
Location:	Park District Administration Building
Time:	9:15-11:15 am
	12:15-2:15 pm



#### 4-Year-Old Preschool Program

Our 4-year-old program will focus on preparing students for kindergarten in a socially-based preschool setting. We will work on number and letter recognition, as well as pre-reading skills such as rhyming and letter sounds. Mathematical skills such as sorting, sequencing, counting, recognizing numbers, and comparing numbers/quantities will be introduced. Finally, we will discuss and explore seasons, holidays, and weather. Through learning centers, songs, movement activities, craft projects, science experiments, and hands-on activities, your child will have fun while learning in a comfortable atmosphere.

Age:	4 years old on or before Sept 1, 2024
Days/Dates:	Mon, Wed, Fri, Sept 2024-May 2025
Fee:	\$1,640 <b>R</b> / \$2,050 <b>NR</b>
Location:	Park District Administration Building
Time:	9:00-11:30 am
	9:15-11:45 am

#### Four's 4th Day

For the preschooler who is looking for more.... Our 4-year-old program will offer an optional fourth day to help get ready for kindergarten. We will reinforce our weekly topics through centers and manipulatives and have fun with our peers while singing and dancing. Children will work on a craft related to our daily story. Requirement: Must be currently enrolled in our

·	4-year-old preschool program.
Day/Dates:	Thurs, (Sept 2024-May 2025)
Fee:	\$560 <b>R</b> / \$700 <b>NR</b>
Location:	Park District Administration Building
Time:	9:00-11:30 am



#### **Escapades**

Days off from school can be inconvenient and boring...or they can be exciting and adventurous with day off school Escapades! There will be plenty of games, crafts, activities, and trips each day to ensure plenty of fun and entertainment for your little ones. Students are required to wear an Escapades t-shirt each day. Escapades t-shirts can be purchased and picked up at the main office for \$15/shirt. A minimum of 8 participants must be met in order for Escapades to run.

#### 990029-05

Grades:	K-6th
Time:	6:30 am-6:30 pm
Fees:	\$61per Escapade
Location:	Mary Drew

**Back to School Backyard Games-**Each day will consist of plenty of activities played outside such as a water balloon toss, egg on a spoon, bucket brigade, and much more!

Thurs, Jun 6	Funtopia
Fri, Jun 7	Farmhouse Academy
Mon,Aug 19	Enchanted Castle
Tues, Aug 20	Palos Heights Pool

#### Day Off Escapades are available to all students in grades K-6th, regardless of the school district they attend.



#### Before and After School Program (BAS)

The Before and After School (BAS) program provides students of Summit Hill School District 161, in grades kindergarten through sixth, a structured, safe place to be cared for immediately before and after school. Working parents have the assurance that their children are in a quality program in an ideal environment, knowing that they are being well supervised. Our program is staffed by trained, experienced leaders, all employed by the park district. Hours are from 6:30 am until school begins and immediately after school until 6:30 pm, including all half days.

Transportation will be provided by existing school buses at all participating Summit Hill District 161 schools.

Students have access to a full-size gymnasium to use for games and active play, along with a full playground. A baseball field, football field, and pickleball courts are directly outside the building for the children to use as well.

Initial registration must be completed at the park district to ensure parents/guardians receive all the necessary paperwork. Registration for specific days may be completed by the parent/guardian, either online or at the park district office. Each participant must be registered by Wednesday at noon, ten days prior to the week needed, to allow for staffing and roster completion.

Snow day information: Care will also be offered on days that Summit Hill School District 161 closes for snow or other weather-related emergencies. All BAS participants already registered for that day are welcome to attend at no additional charge. Care will be provided from 6:30 am-6:30 pm.

#### Registration for the BAS program is available only to students of Summit Hill School District 161.

Grades:	K-6th
Dates:	The BAS program will follow the Summit
	Hill 161 school calendar.
Location:	Mary Drew

#### Fees 2024-2025 School Year:

990026-05	Before School:	\$15 per day per child
990027-05	After School:	\$17 per day per child



#### Summer Day Camp

The Summer Day Camp Program is designed to allow kids to socialize and interact with other kids their age, while spending their days being active and keeping their minds busy! All ages will have the opportunity to partake in multiple crafts, games, and activities each day. Every week will be a different theme with crafts and activities built around that theme.

Grades: Entering 1st-6th in fall 2024 Days/Dates: Mon-Fri, Jun 10-Aug 16 (no camp Jul 4) Times: 8:00 am-6:00 pm Location: Mary Drew

#### Camp Fees 2024

All field trip costs are included in the fees listed below.

	Resident	Non-Resident
Individual Daily Registration	\$50/day	\$62.50/day

#### **Registration and Payment Schedule**

To efficiently prepare staffing and supplies, all camp registrations must be completed by Monday at midnight, 6 days in advance of the week for which you are registering.A payment deadline calendar may be picked up at the Administration Building. Initial registration must be completed in-person at the park district.





#### **Additional Information**

- Field trips are subject to change.
- Camp t-shirts are available for purchase for \$15.
   Camp t-shirts are required to be worn on all field trips.
- Each child must have a 2024 registration form on file to attend.
- Parents will receive a parent manual at the time of registration and are expected to review the rules and expectations with their campers.
- Please do not allow your camper to bring anything valuable to camp. FSPD is not responsible for lost, stolen, or damaged belongings.
- Please send your camper with a sack lunch, two snacks, a water bottle, sunscreen, and gym shoes each day.

#### SAVE THE DATE!

Day Camp Open House Tues, May 28 6:15-7:15 pm at Mary Drew Tour the facility, ask questions, meet some of our team, and pick up informational flyers.

> Registration Begins Mon, Apr 22 R Thurs, Apr 25 NR



# Early Childhood Summer Camp

#### Early Childhood Summer Camp

Come join the fun this summer at Early Childhood Summer Camp specifically for your preschool aged child. Every week will be a different theme with crafts and activities built around that theme. Each day will include water play (weather depending), outside play, crafts, music, stories, free play, and snack. Campers will spend their morning being active. Please provide a snack, labeled water bottle, towel, and sunscreen each day. We will play water games and activities at the end of our day. A friendly reminder that swim attire needs to be worn underneath the children's clothing. *All children must be potty trained and able to separate from parents.* 

#### **Registration and Payment Schedule**

To efficiently prepare for staffing and supplies, all camp registrations must be completed by Monday at midnight, 6 days in advance of the week for which you are registering. A payment deadline calendar may be picked up at the Administration Building. Initial registration must be completed in-person, at the park district.

Ages/Grades: 3-K

Days/Dates:	Mon-Fri, Jun 10-Aug 16
	(no camp Jul 4)
Fee:	\$28 <b>R</b> / \$35 <b>NR</b> per day
Times:	9:00 am-noon
Location:	Park District Administration Building

9:00-9:15 am	Check in, meet & greet, coloring books/sheets, story time, free play
9:15-9:45 am	Outside play, chalk, bubbles, hop scotch, relays, park
9:45-10:30 am	Art projects or crafts, playdough, finger painting
10:30-11:00 am	Snack
11:00-11:30 am	Splash Park, water balloons, water games
11:30-noon	Prepare for pickup

#### SAVE THE DATE!

Early Childhood Camp Open House Tues, May 21 5:00-6:00 pm at Park District Administrative Building Tour the facility, ask questions, meet some of our team, and pick up informational flyers.



#### **Additional Information**

- Each child must have a 2024 registration form on file to attend.
- Each child must bring a snack every day.
- Please send your camper with a labeled water bottle, towel, sunscreen, and gym shoes each day. Swim attire must be worn underneath clothing.
- Children will not change out of their bathing suits. It is recommended girls come in two-piece bathing suits, or comfortable one piece that can be worn all day. It is recommended boys come in swim trunks and a swim shirt.
- No flip flops, please. It is also recommended that children wear sandals with closed backs.

Early Childhood Camp Schedule Week 1 Jun 10-14 Week 2 Jun 17-21 Week 3 Jun 24-28 Week 4 Jul 1-5 (no camp Jul 4) Week 5 Jul 8-12 Week 6 Jul 15-19 Week 6 Jul 15-19 Week 7 Jul 22-26 Week 8 Jul 29-Aug 2 Week 9 Aug 5-9 Week 10 Aug 12-16

> Registration Begins Mon, Apr 22 R Thurs, Apr 25 NR



#### Splash Park

Visit the Splash Park, where children of all ages can have fun and stay cool. Enjoy refreshing water that sprays, shoots, and cascades over you. This facility features brightly colored interactive water components, creating a fun way to beat the heat. Make a splash at the park, located next to the Community Center, 7540 W. Braemar Lane, Frankfort.

Summer 2024 Schedule Sat, Jun I-Fri, Aug 16 Hours: Noon-3:00 pm

A parent or guardian (adult 18 years and older) must accompany children under the age of 12.

#### **Weather Conditions**

The Splash Park will open if the temperature is at least 78 degrees according to weather.com. The Splash Park will close in the event of threatening weather.

#### **Private Parties**

The Splash Park is available daily for private party rentals 9:30-11:30 am and 3:30-5:30 pm.

Private rentals include usage of the Splash Park, picnic shelter, and picnic tables.

#### Rental fee: \$160 R / \$215 NR

To qualify for the resident rate, the individual renting and thus responsible for the facility must reside within the boundaries of the Frankfort Square Park District. Individuals must bring a driver's license to prove resident status. For an extra \$80, you may rent additional space inside the Community Center for one hour before or after your private party. A \$50 security deposit (non-refundable) is required. For availability, please contact the park district office at (815) 469-3524.

Groups of 8 or more are not allowed to enter the Splash Park during business hours. A rental must be scheduled before or after business hours. Rentals need to be scheduled two weeks ahead of time to allow for staffing.



#### Summer Concerts in the Park

Summer Concerts in the Park is a Tuesday evening summer music series for families and neighbors. Bring your lawn chairs or blankets and join us lakeside for a FREE evening of outdoor musical entertainment from 7:00-8:30 pm. The Bandshell is located behind the Community Center, 7540 W. Braemar Lane.

Please remember, alcohol is not permitted on park district property.

#### Messengers – Tues, Jun 18

The Messengers deliver. Night after night, show after show, the Messengers tear through modern and classic rock, today's country and Americana, and totally unique medleys, and mashups that leave audiences dancing, clapping and frequently speechless. Everyone sings. Everyone plays. Everyone has fun, and no show is ever the same. Their stand-up drums, huge set list and original arrangements have made them one of Chicagoland's favorite bands. Come and get the message...

#### Strung Out – Tues, Jul 16

Strung Out is Chicago's ultimate 70's musical experience. They've dug through the incredible treasure trove of classic 70's music that other bands overlook and found the greatest songs that are as diverse as the decade itself! Rock, soul, funk, and fantastic one-hit wonders that are instantly recognizable have made them a favorite for audiences of all ages. It's a whole night of "Wow, I remember that one!" moments. With the addition of the electric cello, Strung Out creates a fresh and amazing sound that breaks the mold of every other classic rock band.

#### 28DAYS – Tues, Aug 13

28DAYS isn't a band, it is an experience. Performing over 2,700 shows since 2006, their goal has always been to change the cover band culture to something exciting and different that provides audiences with the very best live entertainment experience. From rock anthems to pop classics, dance beats to soulful ballads, 28Days masterfully weaves together a setlist that resonates with fans of all ages and musical tastes.

#### Local Community Concerts

Join your talented neighbors for the following community performances at the Island Prairie Park Bandshell. Concerts begin at 7:00 pm, unless otherwise noted.

#### St. Jupiter – Thurs, Jun 13

St. Jupiter is known for their wide variety of rock music. This summer they are adding some tasty songs from 1974 to celebrate Frankfort Square Park District's 50th year Anniversary.

#### Lincoln-Way Youth Strings – Thurs, Jun 27

The Lincoln-Way Youth Strings will conclude their summer camp experience with an outdoor concert. Join us at 6:30 pm for a delightful performance.

#### Audiomatic – Thurs, Jul 18

Audiomatic is an award-winning band from Tinley Park, Illinois. What sets them apart from other bands is their high-energy performance and crowd interaction. At certain points in the night, you might just find Ashley, the lead vocalist, singing and dancing with you in the crowd!

#### Dixie Bandits – Thurs, Aug I

This seven-piece teacher/parent group will delight you with well-known standards from the Dixieland era, such as "Basin Street Blues" and "When the Saints Go Marching In."

#### Dave Gorka – Thurs, Aug 22

Dave Gorka has been entertaining audiences in the Chicagoland area with Classic Rock, Pop, Country, and some of your favorite oldies. Expect to hear songs from John Cougar Mellencamp, Eagles, Niall Horan, Bee Gees, Jimmy Buffet, Elton John, the Beatles, Thomas Rhett, Van Morrison, Chris Stapleton, America, Cat Stevens, Darius Rucker, Cody Johnson, Toby Keith, CCR, Chicago, and many more.



#### **Ice Cream Social**

School's out for summer so join us at Champions Park Concession Stand for an old-fashioned ice cream social. Vanilla ice cream, with a variety of yummy toppings, will be provided for you to create your ice cream sundae.Arrange to meet family and neighbors for a treat or meet new families while enjoying the park and your frosty treat.

Ages:	All
Day/Date:	Wed, Jun 5
Rain date:	Thurs, Jun 6
Time:	6:00-7:00 pm
Fee:	FREE
Location:	Champions Park Concession Stand

#### **Splish Splash**

The countdown for the last day of school has begun, let's splash around at the park district in celebration. We'll cool off playing water games such as water balloon toss, bucket brigade, pass the water, and end the day going in the Splash Park. Put on some sunscreen and your bathing suit and enjoy the start of summer with a splash!

#### 201043-00

Ages:	3-7
Day/Date:	Sat, Jun I
Rain date:	Sat, Jun 8
Time:	10:30-11:30 am
Fee:	\$15 <b>R</b> / \$19 <b>NR</b>
Location:	Park District Administration Building

#### Make it For Father's Day

Homemade presents come from the heart! Make presents for your father, grandfather, uncle, etc. By the end of this class, you'll have a one-of-a-kind present for that special someone.

#### 200001-02

Ages:	3-6
Day/Date:	Wed, Jun 5
Time:	12:30-1:30 pm
Fee:	\$19 <b>R</b> / \$24 <b>NR</b>
Location:	Park District Administration Building

#### **Cookie Creations**

Your child will prepare a variety of different types of cookies each week! We will follow the recipes' directions, measure, and clean up as part of the class. All participants will go home with plenty to share. Please note all ingredients are peanut and tree nut free.

#### 201042-02

Ages:	3-8
Day/Dates:	Wed, Jun 12-26
Time:	12:30-1:45 pm
Fee:	\$34 <b>R</b> / \$43 <b>NR</b> / 3 sessions
Location:	Park District Administration Building

#### **Digging for Dinosaurs**

Calling all paleontologists! Each week, our little dinosaur diggers will dive into the fascinating world of reptiles that lived long ago. They will share some stories, do a craft, and learn about dinosaurs. Our future scientists will also enjoy making their own dinosaur fossils and digging for bones. Your little paleontologist will have some dino-riffic summer fun!

#### 201000-00

Ages:	3-6
Day/Dates:	Mon, Jul 8-22
Time:	12:30-1:30 pm
Fee:	\$25 <b>R</b> / \$31 <b>NR</b> / 3 sessions
Location:	Park District Administration Building

#### **Princess Pals**

What could be more fun than pretending to be princesses with your best pals? That's just what will be happening this summer when you join "Princess Pals". Each week, we will feature a different princess and learn all about her through crafts, songs, stories, and creative play. So, join us for a magical summer with old and new friends.

#### 201038-00

Ages:	3-6
Day/Dates:	Mon, Jul 8-22
Time:	I:45-2:45 pm
Fee:	\$25 <b>R</b> / \$31 <b>NR</b> / 3 sessions
Location:	Park District Administrative Building

#### **Paint Yourself Silly**

Does your child like art? Is he/she interested in books? Then this is the class for him/her! We will read a different children's book each week and make a fun craft that relates to the story, using different styles and lots of paint! Please dress for a mess!

#### 201005-00

Ages:	3-6
Day/Dates:	Wed, Jul 10-24
Time:	12:30-1:30 pm
Fee:	\$25 <b>R</b> / \$31 <b>NR</b> / 3 sessions
Location:	Park District Administration Building



#### **Drawing Art Camp**

Students will learn and apply technical skills through the completion of various art projects each day. Each masterpiece will be completed through the application and manipulation of drawing materials such as pencils, pens, and pastels. All art supplies will be provided.

#### 204004-01

Grades: K-6th Days/Dates: Mon, Wed, Fri Jul 8-12 Time: 4:30-6:00 pm \$40 R / \$50 NR / 3 sessions Fee: Location: Mary Drew Room 104

#### **American Girl Party**

Grab your favorite American Girl or your favorite doll and join us for an afternoon of fun! We'll start out at the salon fixing our dolls hair, share stories, have a snack, and make your doll an outfit. Registration deadline: Friday, July 26 for ordering doll clothing.

#### 201004-00

Ages:	3-6
Day/Date:	Fri,Aug 9
Time:	12:30-1:45 pm
Fee:	\$19 <b>R</b> / \$24 <b>NR</b>
Location:	Park District Administration Building

#### **Mixed Media Art Camp**

The mixed media art classes offer a blend of the use of different art mediums such as pencil, paint, pastels, and paper as an introduction to various styles and elements. Students will produce a unique art project each week and will progressively learn skills which will be applied throughout the courses. All art supplies will be provided. 204005-01

Grades:	K-6th
Days/Dates:	Mon-Fri Jul 15-19
Time:	4:30-5:30 pm
Fee:	\$50 <b>R</b> / \$63 <b>NR</b> / 5 sessions
Location:	Mary Drew Room 104



#### **Taylor Swift Dance Party - NEW! CALLING ALL SWIFTIES!**

Come shake it off to all your favorite Taylor Swift hits! Come dressed in your best Taylor Swift outfit, make friendships bracelets, and dance the night away to your favorite songs played by a DJ. It's sure to be an enchanted night! Pre-registration is required. Tickets will not be sold at the door.

201044-04	
Ages:	All ages
Day/Date:	Fri, Jun 21
Time:	7:00-8:30 pm
Fee:	\$25 R / \$31.2

.5 NR

NOTE: Children under 11 years old, must be supervised by an adult. Supervising adults, free of charge.



#### Horseback Riding Lessons

Get up and go! It's time to ride at Nova Quarter Horses! Fun for all ages at any riding level, no previous experience is needed. Come out to learn both Western and English disciplines taught by our highly qualified trainers and instructors. We offer both an indoor and outdoor arena, so Nova is able to offer lessons year-round. A 5-lesson card includes 5 individual one hour group lessons. Helmets are available at parent's request. Once your lesson card is purchased, call Nova to schedule your lessons at (708) 479-3696. There is a limit of one 5-lesson card per family. Jeans and boots or hard soled shoes are required. Riders must be age 7+. Students need to begin lessons within 3 months of purchase

#### 60000-09

Ages: 7 & Up Fee: \$260 **R** / \$270 **NR** Location: Nova Quarter Horses, Inc. 10129 W. 187th St. Mokena (708) 479-3696

#### Summer Horse Camp

Come join us for 4 fun-filled days of riding and learning horsemanship skills. Students participating in summer horse camp will get hands-on experience in grooming, bridling, saddling, and feeding horses. Every day will also include a riding lesson. Other activities include arts and crafts in our new Round-Up Room, water games and bathing horses! Summer camp closes out with a student horse show where campers get to demonstrate the skills they've learned to their family and friends! Camp is Monday through Thursday from 9am-3pm. Campers should bring a water bottle and lunch daily. A camp t-shirt will be provided.

Ages:	7 & Up
204050-00	Jun 10-13
204050-01	Jun 24-27
204050-02	Jul 8-11
204050-06	Aug 5-8
Time:	9:00 am-3:00 pm
Fee:	\$485 <b>R</b> / \$500 <b>NR</b>
Location:	Nova Quarter Horses, Inc.
	10129 W. 187th St. Mokena
	(708) 479-3696



#### Daddy & Me Father's Day Horseback Ride

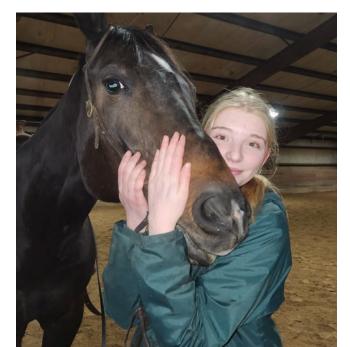
Do something unique and fun this Father's Day weekend! Come join us with your little ones for a fun-filled day of riding and crafting! This event includes a riding lesson, a tour of our barn as well as the opportunity to learn how to groom a horse! Once you're done horsing around, every child is provided the materials to make Dad a special keepsake to remember this special day. Come out and join us for this awesome Father's Day experience! Child riders must be 7+.

Ages:	7 & Up
600007-04	Fri, Jun 14 4:30-6:30 pm
600007-05	Sat, Jun 15 4:00-6:00 pm
Fee:	\$110 <b>R</b> / \$138 <b>NR</b> couple
	\$55 <b>R</b> / \$69 <b>NR</b> additional rider
Location:	Nova Quarter Horses, Inc.
	10129 W. 187th St. Mokena
	(708) 479-3696

#### Mommy & Me

Mother's Day is an occasion to celebrate - why not let Nova Quarter Horses give you a Mother's Day you won't forget? Come join us with your little ones for a fun-filled day of riding and crafting! This event includes a riding lesson, a tour of our barn as well as the opportunity to learn how to groom a horse! Once you're done horsing around, every child is provided the materials to make Mom a special keepsake to remember this special day. Come out and join us for this unique Mother's Day experience!

Ages:	7 & Up
600006-07	Fri, May 10
600006-08	Sat, May II 4:00-6:00 pm
Fee:	\$110 <b>R</b> / \$138 <b>NR</b> couple
	\$55 <b>R</b> / \$69 <b>NR</b> additional rider
Location:	Nova Quarter Horses, Inc.
	10129 W. 187th St. Mokena
	(708) 479-3696



# Co-Op Programs

#### **Tot Time**

Are you ready to meet new people and spend some playtime with your little one in a non-structured environment? This is the class for you! We will explore large and fine motor activities through play (lots of toys), circle time (we sing songs and do fingerplays), and special time (different each week, examples are playing with the parachute, musical instruments, crafts, etc.). So, take some time and have fun with us!

#### 201110-00

Age:Walking-3 (with parent)Day/Dates:Tues, Jul 9-23Time:9:30-10:15 amFee:\$35 R / \$40 NRLocation:Frankfort Founders Center140 Oak Street

#### **Babysitting Training**

This is a two-day class that focuses on providing youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly provide care for children and infants in the absence of parents. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, help children behave, and learn about basic child care and basic first aid. Certification for this class includes participant's workbook, emergency guide, and CD-Rom, as well as an American Red Cross Babysitter Training certificate. Attendance is required for the entire two days to receive certificate. Any exceptions need to be approved in advance by the instructor. The instructor will give the students a 15-minute break, please provide your child with a snack.

#### 204002-02

Ages:	11-15
Days/Dates:	Mon & Wed, Aug 12 & 14
Time:	4:30-8:00 pm
Fee:	\$80 <b>R</b> / \$85 <b>NR</b>
Location:	Frankfort Founders Center
	140 Oak Street



#### Wiggles & Giggles

Preschoolers will wiggle and giggle their way through this fun-filled class while stretching their muscles and marching to music. Age-appropriate activities will vary each week using balls, balloons, and bubbles! Fingerplays, rhymes and rhythm movements, hoops and parachutes are also included.

#### 201060-00

2-3 (with parent)
Tues, Jul 9-23
10:30-11:15 am
\$35 <b>R</b> / \$40 <b>NR</b>
Frankfort Founders Center
140 Oak Street

#### Safe At Home

This course will teach children who are home alone the importance of behaving responsibly and how to handle themselves when confronted with a challenge, such as answering the telephone or the door when parents are away. Topics covered include safety in the home, proper use of keys, what to do in case of an emergency, how to respond to strangers, and general house rules.

#### 204003-01

Mon, Jul 15
4:30-6:00 pm
6-10
\$40 <b>R</b> / \$45 <b>NR</b>
Frankfort Founders Center
140 Oak Street

#### **Babysitter Bootcamp NEW!**

This two-day class expands on the first aid skills taught in the last half of the Babysitter Training one-day course. The second day provides more in-depth first aid and CPR training by helping participants to know how to identify and respond to an emergency, how to identify life-threatening emergencies, and how to provide care for basic childhood injuries and potential emergencies. Certification includes participant workbook, training materials as well as American Red Cross certifications for Babysitter Training, First Aid, and Child/Infant CPR certificates. Attendance is required on both days to receive certifications. The instructor will give time for snack breaks and lunch, please provide your child with both. **204002-03** 

Age:	11-15
Days/Dates:	Mon & Wed, Jun 17 & 19
Time:	9:00 am-2:00 pm
Fee:	\$155 <b>R</b> / \$160 <b>NR</b>
Location:	Frankfort Founders Center
	140 Oak Street

#### Little Doctor School Camp

Camp participants will role-play the key responsibilities of a doctor and learn about vital organs in the human body. These future doctors will learn how to use a stethoscope, blood pressure cuff, and reflex hammer. They will practice administering first aid, learn how pharmacists play a role in administering medications, and more!

#### 201024-00

Ages:	4-6
Days/Dates:	Mon-Fri, Jul 1-5
	(no class Jul 4)
Time:	9:00 am-noon
Fee:	\$230 <b>R</b> / \$240 <b>NR</b>
Location:	The Oaks-Walnut Room

#### Little Doctor School Camp

Camp participants will role-play the key responsibilities of a doctor and learn about vital organs in the human body. These future doctors will learn how to use a stethoscope, blood pressure cuff, and reflex hammer. They will practice administering first aid, learn how pharmacists play a role in administering medications, and more!

#### 201024-02

Ages:	6-10
Days/Dates:	Mon-Fri, Jul 1-5
	(no class Jul 4)
Time:	l:00-4:00 pm
Fee:	\$230 <b>R</b> / \$240 <b>NR</b>
Location:	The Oaks-Walnut Room

#### **First Aid For Kids**

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons, and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received.

#### 204001-02

#### **Magic Class**

Children will have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mindreading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. New tricks are always taught each session!

#### 204120-00

Ages:	5-12
Day/Date:	Wed, Jul 10
Time:	5:00-5:55 pm
Fee:	\$22 <b>R</b> / \$27 <b>NR</b>
Location:	Frankfort Founders Center
	140 Oak Street

#### JUNE 22, 2024 🎽 5K/10K RUN & WALK



#### Singer Sewing Machine Mastery: A Beginner's Guide NEW!

Embark on a sewing adventure and unlock the full potential of your Singer sewing machine in our specialized class. Designed for beginners and sewing enthusiasts alike, this hands-on workshop is crafted to demystify the art of sewing, providing you with the confidence and skills needed to unleash your creativity. Note: Participants must bring their own machine.

#### 207010-00

Ages:I8 & UpDay/Date:Sat, May 18Time:9:00 am-noonFee:\$70 R / \$75 NRLocation:Frankfort Founders CenterI40 Oak Street

#### Social Ballroom Dance

Grab your partner and put on your dancing shoes! In no time at all you'll learn the basic steps of the waltz, foxtrot, rumba, and jitterbug. This class emphasizes fun, ease of movement, and music recognition. This class is a great way to get ready for all those upcoming events, such as weddings, reunions and parties. Our instructor combines the joy of movement with the romance of ballroom dancing. Instruction will be taught in a friendly and relaxed atmosphere. You will need to register with a partner.

Ages:	18 & Up
207011-07	Thurs, Jun 6-27
207011-08	Thurs, Jul 11-Aug 1
Time:	7:00-8:00 pm
Fee:	\$50 <b>R</b> / \$55 <b>NR</b>
Location:	Frankfort Founders Center 140 Oak Street

#### Camera Practice Taking Photos & Editing In Adobe Photoshop Elements

You have had your camera for awhile practicing different techniques and wondering how to edit the photos. In this class, we will go out to take photos of various subjects in various situations. The next week, we will come into the classroom and edit the photos from the previous week. We will be using Adobe Photoshop Elements to edit the photos. NOTE: Participants need to bring a Digital SLR or Mirrorless Camera along with a laptop with Adobe Photoshop Elements to class.

#### 207011-09

Ages:	18 & Up
Day/Dates:	Thurs, Jul 11-Aug 8
Time:	6:00-8:00 pm
Fee:	\$100 <b>R</b> / \$105 <b>NR</b>
Location:	Frankfort Founders Center 140 Oak Street

#### Photo I Digital SLR Photography-Beginner

You'll start with the basics to give you a good foundation. You'll learn about your camera modes, learn your aperture, shutter speed, depth of field, close-up flower photo, methods of focus, and ISO then take pictures in Manual Mode. At the end of this class, you will have an understanding of your camera and gear so you can use them to their fullest potential. Note: Participants must bring film and a 33mm camera that will work in manual mode or digital SLR (removable lens).

#### 207011-10

Ages:	18 & Up
Day/Dates:	Tues, Aug 6-20
Time:	6:00-8:00 pm
Fee:	\$100 <b>R</b> / \$105 <b>NR</b>
Location:	Frankfort Founders Center
	140 Oak Street

#### How To Take Pictures Outdoors

Are your outdoor action pictures not as clear as you want or blurry? Do you like to take pictures at car races and are not getting good results? Are your family members starting sports and you want to take good pictures? This class teaches you the camera settings needed to take good action pictures outdoors. Participants need to bring their digital camera to class.

207011-02	
Ages:	18 & Up
Day/Dates:	Tues, Jun 4-18
Time:	6:00-8:00 pm
Fee:	\$130 <b>R</b> / \$135 <b>NR</b>
Location:	Frankfort Founders Center
	140 Oak Street

#### **AARP Driver Safety**

This program is designed to give adults the tools needed to drive defensively and be better aware while behind the wheel. Completion of this AARP course may qualify you for an auto insurance discount. Pre-registration is required, but you will make payment the day of directly to AARP. Make checks payable to AARP. There will be time given for breaks. Feel free to bring a lunch or snack.

Ages:	50 & Up
207004-01	Thurs, Jun 20 & Fri, Jun 21
207004-02	Thurs, Aug 8 & Fri, Aug 9
Time:	9:30 am-1:30 pm
Fee:	\$20 AARP Members
	\$25 Non-AARP Members
Location:	Park District Nature Center

#### Zumba

Looking to strengthen and tone your core, legs, arms, and glutes? Step right up. You won't believe the progress you make while having so much fun! The dance cardio fitness program has found a way to combine Latin American dance moves with classic bodyweight exercises to deliver a workout that, at times, feels a little like a party. The fact that this class is set to an upbeat soundtrack certainly doesn't hurt.

Ages:	I6 & Up
Time:	6:00-7:00 pm
207163-00	Mon, May 6-Jul 8
	(no class May 27 or Jul I)
207163-01	Thurs, May 9-Jul 11
	(no class May 30 or Jul 4)
Fee:	\$48 <b>R</b> / \$60 <b>NR</b> / 8 sessions
Location:	Lincoln-Way North Dance Studio
	(use the Fieldhouse Entrance)
207163-02	Mon, Jul 15-Sept 9
	(no class Sept 2)
207163-03	Thurs, Jul 18-Sep 12
	(no class Sept 5)
Fee:	\$48 <b>R</b> / \$60 <b>NR</b> / 8 sessions
Location:	Mary Drew

#### **Boot Camp Conditioning**

This circuit training class will give you a power, strength, and agility workout. You will complete different workout stations while squatting, lunging, crunching, and lifting your way to complete a full body workout. Introduce your body to new workouts and get ready to sweat. **Please bring a yoga mat and a set of dumbbells or a kettlebell** (any amount of weight as, we will adjust exercises accordingly). Depending on the weather, some classes may be outside.

#### 207011-04

Ages:	18 & Up
Day/Dates:	Wed, May 22- Jun 12
Time:	5:30-6:30 pm
Fee:	\$32 <b>R</b> / \$40 <b>NR</b> / 4 sessions
Location:	Mary Drew

#### **Step Aerobics**

Push your limits by adjusting your step board height with the option of adding or taking away risers. This fun and challenging workout is designed to tone the body, work on cardio bringing that heart rate up and safely back down. **Please bring a step board and optional risers to each class.** \*This class can also be done without a step board for a low impact workout. Depending on the weather, some classes may be outside.

# 207012-04 Ages: 18 & Up Day/Dates: Wed, May 22-Jun 12 Time: 6:45-7:45 pm Fee: \$32 R / \$40 NR / 4 sessions Location: Mary Drew

#### **Paint and Pour**

Bring out your inner artist! Paint on canvas with step-by-step directions from an instructor while enjoying a drink from the bar at Square Links Golf Course. You do not have to be an experienced painter to enjoy this class! Fee includes one drink from the bar.Additional drinks may be purchased.

#### 207009-00

Ages:	21 & Up
Day/Date:	Mon, Jun 10
Time:	7:00-8:30 pm
Fee:	\$40 <b>R</b> / \$50 <b>NR</b>
Location:	Square Links Golf Course

#### **Paint and Print**

Create botanical artwork with step-by-step instructions from an experienced instructor. Fee includes one drink from the bar, additional drinks may be purchased. All levels are welcome!

#### 207009-01

Ages:	ΖΓα Ορ
Day/Date:	Mon, Jun 17
Time:	7:00-8:30 pm
Fee:	\$40 <b>R</b> / \$50 <b>NR</b>
Location:	Square Links Golf Course

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20130 S Rosewood Dr, Frankfort, IL 60423 Call (815) 469-3524 or register online at www.fspd.org

#### **Princess Dance Camp**

Dancers will learn ballet basics and have fun with creative movement while listening to their favorite princess songs. Parents are invited to watch the last 15 minutes of the Friday class to see what the dancers have worked on all week. Pre-packaged snacks will be provided each day. Please bring a water bottle to class each day.

3-5
Tues-Fri, May 28-May 31
Mon-Thurs, Aug 5-8
10:00-11:30 am
\$98 R / \$123.50 NR / 4 sessions

#### Contemporary

This class will incorporate contemporary dance technique mixed with combinations that work on performance quality and texture.

Day/Dates:	Wed, Jun 5-Jun 26
205006-00	Grades K-2nd
Time:	4:00-4:55 pm
205006-01	Grades 3rd-5th
Time:	5:00-5:55 pm
205006-02	Grades 6th-8th
Time:	6:00-6:55 pm
205006-03	High School
Time:	7:00-7:55 pm
Fee:	\$58 R / \$73 NR / 4 sessions

#### Jazz/Leaps & Turns

Work on Jazz, leaps and turn technique in a fun, upbeat environment. This class will focus on technique, coordination, and rhythm along with tricks that involve leaps and turns.

Day/Dates:	Wed, Jun 5-Jun 26
205007-00	Grades 3rd-5th
Time:	4:00-4:55 pm
205007-0I	Grades K-2nd
Time:	5:00-5:55 pm
205007-02	High School
Time:	6:00-6:55 pm
205007-03	Grades 6th-8th
Time:	7:00-8:00 pm
Fee:	\$58 <b>R</b> / \$73 <b>NR</b> / 4 sessions

#### **Hip Hop**

This class will introduce Hip Hop movement while developing coordination, rhythm, and musicality through combinations set to upbeat music.

Day/Dates:	Thurs, Jun 6-27
205008-00	Grades K-2nd
Time:	4:00-4:55 pm
205008-01	Grades 6th-8th
Time:	5:00-5:55 pm
205008-02	Grades 3rd-5th
Time:	6:00-6:55 pm
205008-03	High School
Time:	7:00-7:55 pm
Fee:	\$58 <b>R</b> / \$73 <b>NR</b> / 4 sessions

#### Acro

Day/Dates:	Tues, Jun 4-25
205015-04	Preschool
Time:	4:00-4:45 pm
Fee:	\$40 <b>R</b> / \$50 <b>NR</b>
205015-05	Grades K-2
Time:	5:00-5:55 pm
205015-06	Grades 3rd-5th
Time:	6:00-6:55 pm
205015-07	Grades 6th-8th
Time:	7:00-7:55 pm
Time:	7:00-7:55 pm
Fee:	\$58 <b>R</b> / \$73 <b>NR</b> / 4 sessions

#### Summer Dance Intensive

Dancers will have a fun week filled with a combination of Hip Hop, Jazz, and Contemporary. In addition to resident faculty, dancers will have the opportunity to learn from guest teachers from the professional dance industry. Daily classes will include strength and stretching, technique sessions, rotating class styles, and choreography. Please bring your own snacks and water bottle each day. \*Sign up for the week, per day, or pick your days

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Day/Dates:	Mon-Fri, Aug 5-9
205014-04	
Ages:	6-11
Time:	9:00 am-noon
205014-05	
Ages:	12 & Up
Time:	I:00-4:00 pm
Fees:	\$40 <b>R</b> (per day) / \$50 <b>NR</b> (per day)

#### **Customized Private Lessons for Dancers**

Accelerate your dance training by taking private lessons in your dance style of choice. Customized hour or half hour lessons can provide your dancer with focused instruction that can assist dancers who are looking to make greater strides in ability, receive extra help with class choreography, or deepen his or her understanding of a particular style. One, three, five, or ten private lesson punch cards are available at the park district office and sessions can be scheduled through Donnette or Kari.

Ages:	All
Days/Dates/Times:	Varies- contact instructors
Fees:	\$25 <b>R</b> / \$27 <b>NR</b> 30 min. per lesson
	(Purchase a 1, 3, 5, or 10 punch
	card at Park District)

#### **Little Kickers**

Buckle up! These kids are eager for action and ready to learn. With a curriculum chock full of imaginative games and adventures, these players are going to have a blast and won't even realize just how much they're learning. Coaches will guide them towards great soccer skills (specifically passing, trapping, shooting, attacking, and defending) and introduce them to scrimmaging. Look a little closer and you'll also notice improved communication, listening, sharing, perseverance, and resilience. Shin guards are required for this program.

Ages:	3-6
Day/Dates:	Sat, May 4-Jun 15
	(no class May 25)
Fee:	\$55 <b>R</b> / \$68.75 <b>NR</b> / 6 sessions
Location:	Lincoln-Way North
103100-01	9:00-9:35 am
103100-02	9:40-10:15 am

#### **Intermediate Soccer**

Does your child always have a ball at their feet? Constantly talk about soccer. Or are they simply driven to get better? Created for kids who are motivated soccer players, micro classes kick it up a notch. While coaching remains child-centered and fun, this curriculum is fundamentals focused and provides game-like situations each week that help solidify learning. Players enjoy 30 minutes of ageappropriate instruction and 30 minutes of small-sided scrimmaging. Shin guards are required for this program.

#### 103001-01

Ages:	4-7
Day/Dates:	Sat, May 4-Jun 15
	(no class May 25)
Time:	10:20-11:20 am
Fee:	\$65 <b>R</b> / \$81.25 <b>NR</b> / 6 sessions
Location:	Lincoln-Way North

#### Saturday Co-Ed Soccer Program

This program is designed to provide fun, recreational soccer practice and play during which participants learn basic skills and rules of the game in a structured environment. We're here to have fun and give every child, no matter their level of skill, a chance to experience soccer. Players will be divided into age groups/teams after registration. Shin guards are required for this program.

1 1 0
Sat, May 4-June 15
(no class May 25)
TBA I hour / same time each week
\$65 <b>R</b> / \$81.25 <b>NR</b> / 6 sessions
Lincoln-Way North
5 years old
6 years old
7 years old
8 years old
9 years old
10 years old
II years old
12 years old
13 years old

#### **Basketball Shooting & Trick Shot Camp**

Calling all hoopers! A trick shot is a seemingly unlikely or impossible shot, and requires great skill to make. In this class we are going to make the impossible possible! Don't worry, we know the perfect trick shot might take a couple of tries. We are here to teach you a bunch of trick shots while having fun! Don't be afraid to get creative with your trick shot! Come see what you can do with some imagination, creativity, a basketball, and a hoop. Feel free to bring a light snack.

**NOTE**: Each participant will receive a basketball to keep. 203216-08

Ages:	6-12
Day/Date:	Mon, Jun 17
Time:	9:00-11:15 am
Fee:	\$50 <b>R</b> / \$62.50 <b>NR</b>
Location:	Mary Drew Gymnasium

#### **Offensive Moves & Shooting Camp**

In today's game, it's hard to get on the floor if you're not a great shooter — especially at higher levels of play. In this camp, your child will discover how to become a deadly shooter so they're the 'go-to' player on every team. Offensive Moves & Shooting Camp is perfect for the player that wants to improve his/her offensive effectiveness. The drills will be suited to age/ability level.

#### 203216-07

Ages:	10-14
Day/Dates:	Tues, Jun 11-Jul 9
Time:	6:30-7:30 pm
Fee:	\$75 R / \$93.75 NR / 5 sessions
Location:	Mary Drew Gymnasium

#### **Co-Ed Summer Basketball Skills Camp**

Each camp day is formatted for kids 6-14, at all ability levels, offering a unique opportunity for them to refine fundamentals and hone skills. No matter what level or age group, fundamentals are the key to the success of any team and player. This camp will cover ball handling, passing, shooting, defensive, and offensive concepts and is designed to give campers the opportunity to focus on improving their fundamental basketball skills. Emphasis is placed on technique, station work, shooting contests, and 3 on 3 and 5 on 5 game play.

Ages:	6-14
203216-00	Mon-Fri, Jun 24-28
203216-02	Mon-Fri, Jul 15-19
Time:	9:00 am-noon
Fee:	\$125 R / \$156.25 NR / 5 sessions
Location:	Mary Drew Gymnasium

#### Hoop Dreams Basketball Camp

Clinic style class that teaches the rules and skills needed to enjoy the game in a fun, low pressure environment. Each week students will learn a new skill such as dribbling, passing, shooting, rules of the game, etc. Students will play fun basketball activities as well as exciting instructional scrimmaging. Skill development work based on age/ability level.

Day/Dates:	Tues, Jun 11-Jul 9
Fee:	\$50 <b>R</b> / \$62.50 <b>NR</b> / 5 sessions
Location:	Mary Drew Gymnasium
203216-05	
Ages:	4-6
Time:	5:00-5:45 pm
203216-06	
Ages:	7-9
Time:	5:45-6:30 pm

#### Chicago Union Ultimate Frisbee Camp

Ultimate is a fast, fun, easy-to-learn field game played with a disc. It is a non-contact sport combining the athleticism of running and agility with the skills of throwing and catching. Players advance the disc by completing passes to teammates. The Chicago Union offers this week-long camp introducing basic rules, throwing and catching techniques, and offensive/defensive strategies to develop skills through games and activities that emphasize teamwork, good spirit, and the joy of play. Participants also receive a Union disc, replica jersey, and 4 tickets to a home game. All ability levels are encouraged to join.

203217-10	
Ages:	9-13
Days/Dates:	Mon-Fri, Jun 24-28
Times:	9:00-11:30 am
Fee:	\$130 <b>R</b> / \$162.50 NR
Location:	Lincoln-Way North Stadium

#### **Pee-Wee Sports Mix**

This program will introduce your little athlete to the world of sports! Pee-Wee Sports is designed to create an interest in a variety of sports, while developing listening and motor skills. These skills will be taught in a fun, non-competitive learning environment. A different sport will be played each week including basketball, soccer, t-ball, football, and more. Appropriately sized equipment will be used.

#### 203218-02

Ages:	4-6
Day/Dates:	Mon, Jun 17-Jul 15
Time:	5:00-5:45 pm
Fee:	\$45 <b>R /</b> \$56.25 <b>NR</b> / 5 Sessions
Location:	Mary Drew Gymnasium

#### **Little Bulls**

Go Bulls! Dribbling, passing, shooting, and teamwork will be taught in this instructional basketball program. All skills will be taught in a fun and easy to learn environment. Noncompetitive games will be played during each class allowing all participants to get involved. Smaller basketballs and lowered baskets will be used to help skill development. Parents are encouraged to participate with their children.

203216-09

Ages:	5-7
Day/Dates:	Mon, Jun 17-Jul 15
Time:	6:15-7:00 pm
Fee:	\$45 R / \$56.25 NR / 5 sessions
Location:	Mary Drew Gymnasium



#### Frankfort Square Girls Softball

Frankfort Square Baseball League is teaming up with the Frankfort Square Park District to continue bringing the community a girls' softball league. Starting in the 2024 fall season FSBL will now offer a Raptors travel softball program. We will start with part time (PT) travel teams and will also offer full time (FT) travel options as well. Part time teams will play in the Chicagoland Sunday League like the part time baseball teams. All PT teams are required to participate in the in-house program. Travel games will be played once a week on Sundays during the spring season and tournaments starting in June. 2025 Tryouts will be held this upcoming June/July. This will be the first time FSBL will offer an all-girls raptor team! How exciting! More information to follow.



#### YOUR HOLLAND MICHIGAN TRIP INCLUDES

Round trip transportation - Via deluxe highway motorcoach.

Veldheer Tulip Gardens (admission included) - Stroll through Holland's only tulip farm ablaze with four million tulips in May! Perennials and flowers are brought in from around the world for you to buy and plant in your gardens. Next door you can talk to artists who mold, hand paint, and glaze the only authentic blue and white delftware made in the USA and watch wooden shoe carving on machines imported from the Netherlands. All handmade items and other Dutch delicacies are available for purchase.



Beachwood Grill (included buffet lunch ) -Established in 1974 and has been a staple in the Holland, Michigan, community for half a century. Known for its mouth- watering menu and modern, welcoming atmosphere. \* <u>30 people minumum</u> <u>needed to make the reservation. If we have less than</u> <u>30 people, lunch will be at Cranes's Restaurant.</u>

Free time for shopping in downtown Holland

Presented by: FRANKFORT SQUARE PARK DISTRICT

Trip Date:

Wednesday, May 8, 2024

Departs 8:00am - Returns 8:00pm

Drop-off/Pick-up Location: **Frankfort Square Park District** 7540 W Braemar Ln - Frankfort, IL 60423

For reservations contact: Frankfort Square Park District

(815) 469-3524

For information and questions contact:

Jodi Dilling (815) 545-6293

### \$115.00

No refunds within 1 week of departure. \* Bus trip driver gratuity is **NOT** included.

# Senior Trips

#### Chattanooga Choo Choo – Tennessee A Group Bus Tour

If you love trains, this tour is for you! Tucked between the mountains of Southeast Tennessee, along the beautiful Tennessee River, Chattanooga is one of America's most breathtaking cities and has been voted as one of the "Top 45 Places to Go" in the World. The Incline Railway scales steep Lookout Mountain and Rock City, featuring sweeping views, sandstone formations, and gardens. The Blue Ridge Scenic Railway takes riders on a four-hour, 26-mile roundtrip journey deep in the mountains along the Toccoa River through the countryside to the quaint sister towns of McCaysville, Georgia, and Copperhill, Tennessee. There is a world of outdoor adventure and world-class attractions waiting for you in Chattanooga! Cancellation insurance is available and recommended.

#### **Package Includes:**

- Louisville Jack O'Lantern Spectacular Festival I. www.jackolanternlouisville.org
  - 5 nights lodging
  - 5 breakfasts
  - 5 dinners, including the Southern Belle Dinner Cruise
  - 3 train rides!
    - I. The Missionary Ridge Local
    - 2. Lookout Mountain Incline Railway
    - 3. Blue Ridge Scenic Railway
  - **Rock City Gardens**
  - Souvenir gift for all
  - Luggage handling
  - All taxes and meal gratuities
- Deluxe motorcoach transportation. Adult

Ages:

- Days/Dates: Day, Oct 7-Oct 12 Fee:
  - \$1,399 Double Occupancy
    - \$1,799 Single Occupancy



#### **Annual Memberships**

Membership in the F.A.N. (Frankfort Square Park District Activities at North) program includes all open activities that are offered at the Lincoln-Way North campus, including open gyms, fitness center, and weight room.

Family Membership	\$297
Couple Membership	\$189
Single Membership	\$135
Senior Pass (62 and older)	\$55
Drop-in daily fee Resident	\$5
Drop-in daily fee Non-Resident	\$10

Memberships can only be purchased at the park district office, located at 7540 W. Braemar Lane, Frankfort. Membership is provided on an annual basis. Your membership is valid for 1 year from the date of purchase. No Refunds, if for some reason we have to close F.A.N. for a length of time we will add the time onto the end of your membership. **F.A.N. hours are available online.** 

Any resident of the Frankfort Square Park District (FSPD) or Lincoln-Way Community High School District 210 (LWCHSD) is eligible to purchase an annual membership. It is required at the time of registration that three forms of ID be available to ensure residency.

#### Summer Break Pass

This is designed for students who are home for the summer and want an affordable way to work out and have fun. Passes will be available for purchase at the park district office. This pass will be valid May 1-Aug 31. *Must show a valid College/University ID* 

Fee: \$50 per student

#### **Proof of Residency**

Three separate forms of identification for proof of residency must have three addresses that match on all three forms of proof of residency, and at least one must include photo identification.

Definition of valid forms of ID, as recognized by the State of Illinois or Federal Government include the following:

- Valid driver's license (MUST have a valid LW 210 address)
- Valid State of Illinois ID card (MUST have a valid LW 210 address)
- Voter's registration card
- Vehicle registration card
- Utility bills can have two utility bills but must be different utility providers.
- FOID card (Firearms Owner Identification)
- Police/Fireman Commissions card (photograph and thumbprint will be on this card)
- Valid Illinois fishing license

Bank statements, personal checks, credit card statements or other mail addressed to a P.0 Box will NOT be considered acceptable forms of identification.

A photo ID will be provided for all members. ID's must be carried whenever attending F.A.N. programming at the LWN campus.

Lost or stolen ID's can be replaced at the park district office for a fee of 10.

Membership is not available to non-residents.

Children must be at least 5 years of age to participate in the F.A.N. program.

Children under 14 must be directly supervised by an adult and participating in an activity.

Participants ages (high school age) must be directly supervised by an adult (21 and older) in the weight room or fitness room.

Drop-In participants under the age of 18 must have a parent accompany the child/children to sign the registration/waiver form.

#### **Indoor Track Information**

- Approximately 8-9 laps in lanes 5 or 6 equal one mile.
- Be alert for others around you.
- No strollers or any wheeled mechanisms.
- Slower moving users shall stay on the inner lanes of the track.
- Inappropriate behavior will not be tolerated.
- Only gym shoes will be allowed in the Field House
- No food or beverages other than water are allowed in the Field House.

#### F.A.N. for All

The Frankfort Square Park District has received many requests for usage from a variety of communities, private non-profit, and for-profit organizations. Currently, exclusive use of the Lincoln-Way North field house, gymnasiums, and athletic fields, is not available. The purpose of F.A.N. is not to host tournaments or special events, no matter what revenue the event may generate.

Providing space for these events would limit resident access and usage for F.A.N. members and local groups and organizations that schedule practices and games.

Secondly, F.A.N and the North campus cannot accommodate every group and organization at all the facilities and fields for the Lincoln-Way area. Local high schools, East, Central, and West are still available for resident use, and should be considered as able to meet group and/or organization needs. Lincoln-Way North facility usage request forms are available on the FSPD website under the Parks & Facilities tab.

#### Walking Trail and Bike Path

The 9.9 mile network of trails connects parklands and provides access and safe passage to schools and neighborhoods throughout the Frankfort Square community. The multi-use trails were installed through IDNR grants obtained by both the park district and Frankfort Township, while Brookside Glen Subdivision Trail and Lighthouse Pointe Subdivision Trail were included in subdivision planning by their respective developers.

#### Walking Path Distances

#### I.66 Miles

Community Center to Square Links Golf Course, through Island Prairie, Indian Boundary South, Kingston, and Hoffman Parks

#### 1.70 Miles

Indian Boundary South parking lot to Union Creek parking lot, south on Frankfort Square Road to St. Francis, to 80th Avenue

#### 1.34 Miles

Union Creek parking lot to 80th Avenue, west through Brookside Glen subdivision

0.90 Miles 80th Avenue to Ridgefield

0.50 Miles Arbor Park, encircling the pond

0.40 Miles Woodlawn Park, encircling the pond

#### Frankfort Square Park District Trail

The park district's 1.9 mile trail connects Island Prairie, Indian Boundary South, Kingston, and Hoffman parks.

Path users can access the trail beginning at Arran Drive, directly south of the Frankfort Square Park District Administration Building, and wind through the large 35 acre wet-mesic prairie, offering spectacular views of the lake. Continue on to Indian Boundary South and pause by the wildlife viewing stations, an Eagle Scout project constructed by Boy Scout Troop 237. Stop for a picnic at Kingston or Hoffman Parks as the kids enjoy playing on state-of-theart playground equipment. As you traverse the path, you will spot native Illinois plantings and wildlife habitats in the prairies and along the waters' edge. Whether walking, biking, or roller blading, the path is sure to offer a great way to exercise while enjoying the pristine parks along the way.

#### **Trail Rules**

Trails are open from dawn to dusk. Motorized vehicles are not allowed on any park district or township trails. Pets must be leashed and pet cleanup is required.

#### Frankfort Township Trail

The 2.1 mile township trail begins at Frankfort Square School then heads south to St. Francis. There it continues west to 80th Avenue where it turns north to Hilda Walker School.

In a cooperative effort with the Frankfort Square Park District, the Frankfort Township trail serves as a vital link in a planned bike path system. Residents can begin at Indian Boundary South Park and Frankfort Square School, proceed south along Frankfort Square Road to Community Park for an afternoon of fishing, tennis, or picnicking. Travel west along St. Francis Road, adjacent to the park district's Square Links Golf Course and Driving Range. Continue west to 80th Avenue and travel north to Hilda Walker School and Union Creek Park. The parks connected by the Frankfort Township trail offer a wide variety of recreational amenities such as playgrounds, sports fields, picnic shelters, golf, wildlife observation, and skating rinks.

#### **Brookside Glen Subdivision**

The Brookside Glen 5.5 mile path system, installed by developers of Brookside Glen, is maintained by the Frankfort Square Park District.

This path winds throughout the Brookside Glen subdivision offering a tremendous benefit to residents. The trail system provides a healthy alternative to motorized transportation, enabling a positive impact upon the environment. Children can safely walk or bike to school, and path users have increased enjoyment of the native areas and ponds located throughout the subdivision.

#### Lighthouse Pointe Subdivision

Developers of Lighthouse Pointe included a 2 mile path in the planning of this subdivision. The path system was transferred to the Frankfort Square Park District and is under perpetual maintenance year round.

Enter the path system at various points throughout the subdivision and follow this winding trail as it gently slopes creek-side from prairies to wooded wetland, to the future park site. Sights such as the wooded Hickory Creek, native Illinois landscapes, and a proliferation of wildlife in their natural habitats add to the unique experience hikers and bikers can enjoy along the way.



#### 7861 W. Saint Francis Road, Frankfort, IL 60423 (815) 469-1600

Square Links Golf and Practice Center is open for the 2024 season!

Square Links is a 1,749-yard, par 32 course owned by the Frankfort Square Park District (formerly known as Hickory Creek Golf Course). It's open daily thru October (weather permitting).

Golfers are encouraged to use our on-line tee time booking service at https://squarelinks.teesnap.net/ or you can call Square Links at (815) 469-1600. Please be prepared to provide credit card information, along with an email to receive an e-receipt. A \$2.00 convenience fee will be added to golfers who book a tee time over the phone or in person.

- All youths under 13 years of age must be accompanied by an adult golfer 18 years of age or older.
- Miss the tee time you reserved, and you risk not being able to play at all. We will try to fit you in on a best-efforts basis.
- We reserve the right to pair golfers.
- Push carts are FREE when available. You can bring your own pushcart.
- Power carts are available to rent. Payment should be made when you secure your tee time.

The Practice Center covers over 400,000 square feet and features *TopTracer Range*. It includes both manicured grass tees and synthetic hitting bays. Also featured is a spectacular 18-hole natural grass putting green and practice sand bunker.

- TopTracer Range technology, a product from Topgolf Entertainment Group, is the leading innovation in ball-tracing technology and has revolutionized the way people watch, practice, and play golf.
- Practice like the Pros! TopTracer Range records each shot and sends details such as ball speed, total distance, & hangtime to your phone or tablet.
- When you create a profile, you instantly become part of a global golf community!
- The app stores data from practice sessions so players can monitor changes and fine tune their swing over time.
- Golfers can access skill-based games that will enhance their golf experience.
- Find out for more here: https://toptracer.com/ range/.

#### Youth and Junior Group Lessons (Ages 7-13)

This introductory golf program features driving range instruction, as well as supervised play on the course to learn the rules of golf, safety, and etiquette. The fundamentals of the swing (stance, alignment, grip, and posture) are introduced and practiced each week. Once they are comfortable on the driving range, participants will advance to a few holes of course play. Please bring the following to the first class: driver, mid-iron (e.g., 5 iron), and putter.

The program fee includes range balls for each class.

Ages:	7-10	
Time:	9:00-10:00 am	
Fee:	\$50 / 4 sessions	
840000-09	Tues & Thurs, Jun 4-13	
840000-10	Tues & Thurs, Jul 9-18	
Ages:	- 3	
Time:	10:00-11:00 am	
Fee:	\$50 / 4 sessions	
840000-13	Tues & Thurs, Jun 4-13	
840000-14	Tues & Thurs, Jul 9-18	

#### Teen/Adult Group Lessons (Ages 14 and Older)

This 4-week program is open to all skill levels! Emphasize will include the fundamentals of grip, stance, alignment, and swing techniques. Please bring your golf clubs to each class. Sign up with a friend or family member and enjoy an evening of fun and learning together!

The program fee	e includes range balls for each class.
Ages:	I4-Adult
Time:	6:00-7:00 pm
Fee:	\$62 / 4 sessions
840014-03	Tues & Thurs, Jun 4-13
840014-04	Tues & Thurs, Jul 9-18

#### Parent / Child Golf Lessons

Learn the great game of golf with your child! All skill levels are welcome!

Topics include grip, stance, alignment, club selection and golf course etiquette. This program is a wonderful opportunity to enjoy the game of golf with your child. One child per adult. Please bring your golf clubs to each class. The program fee includes range balls for each class.

Ages:	7 & Up / Adult with child
Time:	5:00-6:00 pm
Fee:	\$100 / 4 sessions
840014-08	Tues & Thurs, Jun 4-13



#### Parent/Child Scramble GolfTournament

Join us for an evening of fun at this family scramble event. The entry fee includes green fees, riding cart, prizes & a bucket of range balls.

#### 840003-00

7 & Up / Adult with child
Fri, Jun 14
Fri, Jun 21
6:00 pm
\$50 per two-person team

#### Ladies Golf League

Once again, we'll be teeing it up on Wednesday evenings. Open to ladies of all abilities.

#### 840005-02

Ages:	18 & Up
Time:	Tee Times will begin at 4:00 pm
Fee:	\$95 / 8 sessions
Day/Dates:	Wed, Jun 5- Jul 31
-	(no class Jul 3)

\*A \$48 cart pass can be purchased at Square Links for league members who wish to ride.



#### Free Adult Golf Clinics

Join us for a free instructional Golf Clinic, Hosted by Matt Major. Golfers of all skill levels are welcome to attend the clinics. Ages: 14 & Up Fee: FREE Time: 5:30-6:30 pm Day/Date: Thurs, May 2 Day/Date: Thurs, Jul 11

#### Private Lessons

Private lessons can be scheduled at Square Links by directly contacting Matt Major.

Matt has been a resident of the Frankfort Square Community for the past 15 years. He has 8 years of experience as a golf instructor and Head Coach at Lockport Township High School.

Contact Matt directly at (708) 606-2716 to schedule private lessons.

#### Errant Golf Ball Policy

Kindly understand that Square Links Golf Course and the Frankfort Square Park District are not responsible or liable for property damage or personal injuries arising from errant golf balls. The park district is committed to safety, good sportsmanship, and cooperation with our golfers and residents, and has developed the following guidelines to minimize errant shots and to assist injured parties in identifying the golfer responsible for hitting the errant shot.

- Golfers are expected to exercise the highest degree of sportsmanship, etiquette, caution, and consideration of others-refraining from horse-play, carelessness, and reckless or offensive behavior. Golfers are responsible for their own conduct and play, including errant shots that may result in property damage or personal injuries.
- In the event of property damage or personal injury, Square Links employees will assist the damaged property owner or injured party in trying to identify the golfer who struck the shot. However, the property owner or injured party cannot be disruptive or discourteous to facility patrons or staff.
- Square Links Golf Course and Frankfort Square Park District staff are not responsible for identifying the golfer who hit the errant ball, or for ensuring that the parties will exchange contact and/or insurance information when the responsible golfer is identified. When the responsible golfer is known, Square Links staff will attempt to facilitate polite interaction and cooperation between the responsible golfer and injured party.



As we celebrate 50 years of the Frankfort Square Park District, we look back at our first five parks! Please note our website, FSPD.org, has an interactive map, which wonderfully displays details and directions, so you can easily access each park we proudly maintain.

#### Woodlawn Park

7443 West Woodlawn Drive Frankfort, IL 60423

#### Amenities:

- ✓ 10 Acres
- ✓ I Playground
- ✓ Fishing pond
- ✓ Fishing pier
- ✓ Walking/bike path

Woodlawn Pond is home to the best fishing in the community! Thanks to cooperative efforts between the Frankfort Square Park District and the Will-South Cook Water & Soil Conservation District the pond is stocked with your favorite fish. The FSPD assisted BSA Troop 237 in the completion of a fishing pier, adding a comfortable perch for all you anglers. In addition, a playground attracts neighborhood children for plenty of outdoor playtime.



#### **Kiwanis Park**

20216 South Pine Hill Road Frankfort, IL 60423

#### Amenities:

- ✓ 4.50 Acres
- ✓ I Playground
- ✓ 3 Baseball fields
- ✓ Parking lot
- ✓ Walking/bike path



Kiwanis Park is home to a beautiful playground all children are sure to enjoy! The structure will inspire imagination while also burning off lots of energy. The Kiwanis Walking/bike path links to Champions Park and to the Saint Francis Trail.



#### **Kingston Park**

7922 West Kingston Drive Frankfort, IL 60423

Amenities:

- ✓ 9.50 Acres
- ✓ I Playground
- ✓ Walking/bike path

Kingston Park is tucked away inside a beautiful pocket of the Frankfort Square community. The playground is easily accessible, outlined by a beautiful walking/bike trail.



#### **Indian Boundary South Park**

19930 South Frankfort Square Road Frankfort, IL 60423

#### Amenities:

- ✓ Fishing pond
- ✓ Frisbee golf course
- ✓ Walking/bike path

Our newly painted 9-hole frisbee golf course resides within the 31+ acres, along with a beautiful walking path and pond surrounded with benches to give both anglers and walkers a place to rest and enjoy the view.



#### Hunter Prairie Park

7420 West North Avenue Frankfort, IL 60423

#### Amenities:

- ✓ I Playground
- ✓ 2 Tennis courts
- ✓ 4 Soccer fields
- ✓ Picnic shelter
- ✓ 2 Baseball fields

Finally, we celebrate the recently publicized **Hunter Prairie Park**, which will soon be renovated, thanks to the Open Space Lands Acquisition and Development (OSLAD) grant managed by the Illinois Department of Natural Resources. At just under 8 acres, baseball, tennis, and basketball are sure to be enjoyed after construction is completed. A new playground and community gardens will also mix well into the layout.





#### **Boy Scouts of America**

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.

#### Scouts BSA, Ages 11-18

This program focuses on Character and leadership development, Citizenship, and personal fitness.

Registered youth will learn from each other and plan the Troops activities for the year, under the direct supervision of trained adult leadership. Youth will be challenged with monthly outdoor activities/camping, community service opportunities, and program advancement.

Boys and girls interested in meeting new people, developing life-long friendships, and visiting new and exciting places should reach out to the leaders below and stop by a meeting to see what it's all about.

For Boys: Troop 237

Contact Matt Randall at (708) 525-1709 or mattrandall322@gmail.com

#### For Girls: Troop 732

Contact Dave Geekie at (708) 902-2295 or dgeekie63@ gmail.com

#### Cub Scout Pack 101, Grades K-5

Cub Scout Pack 101 is a Family Pack that welcomes boys and girls in kindergarten through 5th grade to join at any time during the year. Our Pack offers a fun and exciting Cub Scout program that includes events like the annual Pinewood Derby, STEM activities, as well as camping, fishing, and hiking opportunities! Visit us on Facebook - www. facebook.com/FSPack101/ - to learn more or look us up at www.beascout.org to apply.

Questions? Email cubscoutpack101fs@yahoo.com

#### **Girl Scouts USA**

Are you looking to become a Girl Scout? We have troop leaders ready to accept new girls (age 5-18) into their troops which meet on a variety of days and times. For more information, please contact: Amy Nordsell

Registrar SU742 Leader 75186 (630) 661-1001 cell serviceunit742@gmail.com



#### Frankfort Square Baseball League (FSBL)

FSBL is an all-volunteer baseball organization that seeks to instill ideals of good sportsmanship, teamwork, honesty, courage, and leadership in every player at every age level. Online registration for the spring season opens in late November. The season is expected to begin in April. We offer t-ball through collegiate divisions and travel baseball. Please visit us on the web at fsbl.net or like us on Facebook at facebook.com/thefsbl to stay informed regarding all league activities.



#### Frankfort Square Wildcats Football & Cheer

The Frankfort Square Wildcats are a member of the River Valley Youth Football League. The Wildcats was established in 1998 with the following objective: To provide the youth in the community a safe, supervised competitive football and cheerleading program while promoting the ideals of sportsmanship, team spirit, honesty, loyalty, and citizenship. Please visit us on the web at fswildcats.org or like us on Facebook at facebook.com/FrankfortSquare-Wildcats to stay informed regarding all activities.

#### Frankfort Square Wildcats Wrestling

Wrestling develops discipline, quickness, balance, flexibility, coordination, muscular power, aggressiveness, agility, endurance, and a winning attitude. Our mission is to provide a safe, fun, and challenging wrestling experience to all participants regardless of individual experience. Please visit us on the web at fswildcatswrestling.com to stay informed regarding all wrestling activities.



#### Union Creek Skate Park

Hours: Dawn to dusk

#### Warning of Risk and Danger

Skateboarding and in-line skating are high risk activities with inherent risks of serious injury.

The skate park area is unsupervised and participants and all other persons are voluntarily participating and entering at their own risk.

Skate parks are prone to flying objects and bodies. Know your abilities and skate within them. The park district is not responsible for accidents. When wet, the skating surface can be dangerous. **Enter at your own risk!** 

Please review the rules posted at Union Creek Park.

#### NHL-Style In-Line Hockey Rink

Come out and play just like the pros. Shoot at the same goals, get checked into the same boards, and try to stay out of the same penalty boxes as the pros. The hockey rink, located at Union Creek, is open daily from 8:00 am until 10:00 pm for in-line skating and hockey.

#### **Community Park Gardens - FREE!**

Elevated community gardens are available at Community Park, located at the corner of St. Francis and Frankfort Square Roads. Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.

#### **Brookside Bayou Park - FREE!**

Garden plots located at 191st and Brookside Glen Drive Residents are FREE and \$30 for Non-Residents. Interested individuals should contact the Park District office at (815) 469-3524.



#### Simba and Nala's Dog Park Membership

Simba and Nala's Dog Park is located at Union Creek Park and features two main areas. One is for small dogs (less than 30 pounds), and the other is for large dogs (larger than 31 pounds). The park also includes a dog rinsing station, dog waste bags, and receptacles.

Registration for Simba and Nala's Dog Park is accepted at the Park District Administration Building for residents and non-residents. The annual membership fee is FREE per resident dog and \$60.00 per non-resident dog. Non-residents will be billed at the end of April each year.

To register, individuals must bring a copy of each dog's immunization records (Rabies - certificate from the county, Distemper, and Bordetella) to the park district. Special registration forms are available at the park office.

At the time of registration, participants will receive a membership packet, which includes rules and emergency contact information. Other items include a membership card, key fob, and lanyard. An electronic locking gate promotes safety and security, as well as operational efficiency at the park. The key fob, which can be attached to your dog park lanyard or your keychain, must be presented in close proximity to the gate lock in order to gain access to the park. Key fobs will be activated within 24 hours of registration.

If you misplace your key fob, please notify the Frankfort Square Park District immediately. Your old key fob will be deactivated and a new one will be issued to you and activated for a \$25.00 replacement fee.

In the event that your key fob is deactivated, there will be a \$25.00 reactivation fee. Reactivation of your fob may take up to two weeks due to shot records not being up to date.



#### **Thor Guard Lightning Prediction System**

The Frankfort Square Park District has a lightning prediction system that consists of sensors measuring electrostatic charges at ground level and in the atmosphere. These electrostatic charges, invisible to the naked eye, build prior to lightning occurrences. Square Links Golf Course houses the main detection system. When conditions indicate that a lightning occurrence is probable, a signal is sent to alarm horns and strobe lights located at the Community Center, Summit Hill Jr. High, Lincoln-Way North, as well as Champions, Hunter Prairie, and Union Creek Parks.

The following procedures are to be followed when potentially dangerous weather exists:

#### Warning Signal

A warning signal (one long 15 second horn blast) will sound and strobe lights will activate when a potentially dangerous weather situation is approaching. If the strobe lights are activated, a potentially dangerous weather situation exists.

#### **Procedures**

All activities in the park will end immediately and patrons must leave the park. It is recommended that park patrons seek shelter in their cars or a building. Patrons should avoid areas that are higher than the surrounding landscape, they should not use a tree for shelter, and they should keep away from metal objects such as bicycles, golf clubs, umbrellas, etc. All park patrons must wait until the Lightning Prediction System performs an All Clear Signal before returning to the park.

#### **All Clear Signal**

The All Clear Signal (three short horn blasts, two seconds apart) will sound, and the strobe lights will deactivate. After the All Clear Signal sounds and the strobe lights deactivate, park patrons may resume their activities.

#### Caution

The Thor Guard System helps assess the conditions. Neither the signal nor the system is intended to guarantee that conditions are safe. If the weather is threatening and no warning signal is heard or seen, use good judgment and clear the area. The manufacturer recommends public 'should always errr on the side of caution'. Do not wait for the warning signal to activate, as the system can malfunction.

#### **Integrated Pest Management**

Application of herbicides to park land is necessary to maintain and improve park properties within our district. These applications are done by qualified personnel with proper equipment and in compliance with all appropriate state and local regulations. Integrated Pest Management (I.P.M.) is employed by the Frankfort Square Park District to manage and control pests with chemical, physical, and biological methods. Components of I.P.M. include fertilization, maintaining mowing equipment, aerating, over-seeding, and chemical application of herbicides. If you would like additional information relating to I.P.M. or would like to be notified when chemical applications will be done on park property, please contact the park office at (815) 469-3524.

#### **AED - Automated External Defibrillators**

The Frankfort Square Park District has purchased and placed into service numerous automated external defibrillators (AED's). These AED's are located at the Community Center, Square Links Golf Course, Champions Park concession stand, and both Union Creek concession stands. In ad dition, Summit Hill School District 161 and Lincoln-Way Community High School District 210 have AED's located at all school facilities utilized by the park district for programming. The Frankfort Square Park District has five facilities available on a rental basis. These rooms can be used for a variety of celebrations, such as banquets, weddings, birthdays, showers, or family gatherings. Renters must be 25 years of age.

#### Community Room - 7540 W. Braemar Lane

Occupancy - seating for approximately 100 guests

- Tables and chairs
- Full kitchen with appliances
- Drip and Kcup Coffee Maker

#### Board Room - 7540 W. Braemar Lane

Occupancy - seating for approximately 35 guests

- Tables and chairs
- Full kitchen with appliances
- Drip and Kcup Coffee Maker

#### Nature Center - 7530 W. Braemar Lane

Occupancy - seating for approximately 20 guests

- Tables and chairs
- Outdoor picnic tables

#### **Rental Fees**

Facilities are available for a minimum of five hours.Additional hours are \$70 each.A \$150 security deposit (in addition to the rental fee) is required at the time of reservation, and will secure the date of the rental. In the event of a cancellation, the security deposit is forfeited. Rental fees must be paid in full one month prior to the rental date. Due to insurance requirements, rental applications requesting to serve alcoholic beverages will be required to provide host liquor and general liability insurance listing the Frankfort Square Park District as an additional insured.

Frankfort Square Park District Residents	\$350
Non-Residents	\$450
Host Liquor/General Liability Insurance	\$200
Outdoor Bandshell	\$75

\* Must rent Community Room with Outdoor Bandshell.

#### **Date Availability**

Facility rentals are reserved by appointment only during regular office hours. A tour of the space is available, rules and regulations are reviewed, and a security deposit is rendered.

- Beginning September 1, rentals are booked for January and February of the following year.
- Beginning January 1, rentals are booked for
  - March December of the current year.



#### For more information, please call (815) 469-3524.

#### **Picnic Shelter Rental**

The Frankfort Square Park District has two picnic shelters available on a rental basis. The Union Creek Picnic Shelter, located at the Hilda Walker School site, and the 80th Avenue shelter, located next to the South Suburban Special Recreation Association building, are available for family picnics, birthdays, etc. Please call the park district office for availability.

#### **Picnic Shelter Rental Rates**

Security deposit	\$100
Rental rate	\$100
Non-resident rental rate	\$250

- \* Deposit required
- \* No alcohol allowed
- \* Must be 25 years or older to reserve the pavilion
- \* Security deposits are non-refundable in the event of a cancellation

Additional smaller shelters are available at Indian Trail School, Hunter Prairie Park, Community Park, Frankfort Square School, and Dr. Julian Rogus School at no cost. Usage is available on a first-come, first-served basis for these pavilions.



### BUILDING A COMMUNITY WITHOUT LIMITS

ECIAL RECREATION ASSOCIATION

#### About Us

Since 1976, the Lincolnway Special Recreation Association (LWSRA) has provided recreation services for individuals with disabilities through a cooperative agreement with its eight member park districts: Crete, Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Park Districts. Participants enjoy active, healthy and more independent lifestyles through a variety of recreational and social opportunities.

#### **Benefits of Recreation**

- 🗹 Discover new experiences & interests
- ✓ Build confidence & friendships
- 🗹 Socialize in an inclusive setting



#### **Our services**



#### Social Programs

Engage with similar-aged peers in a structured but fun-filled social environment. Staff create opportunites to develop skills and try new experiences. Popular programs include dances, bingo, trivia, community trips, adult day program, summer camps and social groups.



#### **Interest-based Programs**

Find programs centered around fitness or cultural arts. Try competitive Special Olympics and adapted sports or fitness outlets such as strength & conditioning and introductory sports skills. Enjoy creative arts through cooking, drawing & painting, dancing and more!



#### **Inclusion Programs**

Park Districts welcome participation of individuals with disabilities in all recreational programs. The district works cooperatively with LWSRA to facilitate successful participation for individuals who request an inclusion aide. Inclusion services give participants the needed support in a typical park district setting.

#### LEARN MORE AT WWW.LWSRA.ORG

(815) 320-3500 support@lwsra.org 1900 Heather Glen Drive New Lenox, IL 60451

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Include work experience and references with application. Download full application for employment at www.fspd.org.

#### Code Of Conduct

The Frankfort Square Park District is committed to providing a safe and fun environment for all participants and guests. By doing so, patrons are required to act appropriately, and are to always be respectful to others when using Frankfort Square Park District facilities.

Individuals using Frankfort Square Park District facilities are expected to behave in an appropriate and responsible manner. The Frankfort Square Park District Code of Conduct does not permit use of language or any action that may hurt or frighten another person or otherwise falls below a generally accepted standard of conduct. Directions issued by the park district staff must be followed at all times.

- Show respect for all participants, guests, spectators, staff, and volunteers.
- · Follow program rules and direction from staff.
- Show respect for equipment, supplies, and facilities.
- Use of abusive or foul language, arguing, fighting, and any other form of harassment or intimidation is prohibited.
- Weapons, drugs, and alcohol are prohibited on school and park district property.
- Report incidents where park district policies are disregarded to staff.
- · Report illegal activities to police/sheriff.

This Code of Conduct is in place to help make the Frankfort Square Park District's facilities and programs safe and enjoyable for everyone. If inappropriate behavior occurs, a prompt resolution will be sought specific to each situation. The Frankfort Square Park District reserves the right to remove anyone whose behavior endangers his or her own safety or the safety of others.

#### **Program Policy**

Due to the possibility of separation anxiety, the park district asks that parents of children who have not been in prior park district programs remain in the lobby for the first day of class.

With the child's best interest in mind, no parents or siblings are allowed in the classroom - only registered participants.

If your child is not toilet-trained, please make sure he or she has on a fresh diaper or pull-up. If your child is at risk to need an immediate diaper change, you should plan on remaining on the premises, or be immediately reachable by phone. Our instructors are not in the position to change soiled diapers or training pants.

As we are unable to offer refunds or credits for the Tiny Tot programs and Early Childhood Camp, parents are asked to be confident their child is ready for this program. A child is ready when he/she is willing to enter/stay in the classroom without crying. With the child's best interest in mind, **no** parents are allowed in the classroom. The park district will try to accommodate your child in a parent-tot program if deemed necessary.

#### **Birth Certificate Policy**

Birth certificates are required at the first registration for children 5 years and younger to validate age requirement for all programs. We do not retain copies of birth certificates.

#### Cancellations

The staff reserves the right to consolidate, postpone, reschedule, or cancel any program due to change in day, dates, times, instructor, or insufficient enrollment.

#### For Your Safety

Please drop-off and pick-up your children promptly upon arrival or dismissal of class.

Preschool-age children enrolled in park district programs are not released from a class to anyone other than a parent or guardian, unless advance written notification is given to the instructor.

#### Age Limitations and Why

In order to provide your child with the best possible recreational and/or learning experience, all of our programs are planned according to the ages listed in our brochure. Our instructors are sensitive to the needs of the individual age levels. Children must be the age listed in the brochure for each program by the date the program begins, unless otherwise specified.

#### Participant Publicity Acknowledgement

The Frankfort Square Park District uses photographs of participants in our programs, special events, and parks to inform others of the many recreational opportunities available through our park district. Please be aware that these photos are for park district use only and may be used in the park district's publications, website, and social media. If you do not wish to have your picture taken, please inform our photographer. If the picture has already been taken, please call the park district office.



#### Please read information carefully before registering:

#### **Registration Policy**

- 1. Programs will be filled on a first-come, first-served basis.
- 2. All programs will have a minimum and a maximum enrollment.
- 3. Waiting lists may be formed after a particular class is filled.
- 4. The park district works hard to schedule programs at your convenience, but under extreme conditions, reserves the right to change facilities, times, dates, and instructors. You will be notified prior to change.
- 5. If a park district program is scheduled at a school facility, school programs have priority.
- 6. Registrations must be made by online, mail, fax, or in person during regular office hours. We also have an after-hours drop box located at the front door of the Community Center.
- 7. Mail-in registrations (with payment and registration form included), unless notified otherwise by park district personnel, are automatically registered for the classes indicated. If not admitted, individuals will be notified and receive a full refund. To register by mail, please complete a registration form and enclose a check made payable to the Frankfort Square Park District and mail to:

Frankfort Square Park District 7540 W. Braemar Lane Frankfort. Illinois 60423

- 8. All payments must be paid in-full at time of registration.
- 9. Non-residents will pay an additional 25% for programs.
- The park district reserves the right to adjust any incorrect program fees that were due to printing errors.
- A \$5.00 fee will be assessed to each participant wishing to change programs or sessions. Program changes will not be processed until transfer fee is rendered.
- A \$25.00 fee will be assessed for any returned check and any future registrations will need to be paid in cash.

#### **Resident Status**

Please call the park office to see if you are a resident and within park district boundaries.

#### Office Phone: (815) 469-3524

#### **Registration Refund Policy**

- 1. Refunds will be mailed approximately two weeks from the time of submission.
- 2. 100% refund will be given whenever the park district cancels a program or activity due to insufficient program registration.
- A full refund, less a \$5.00 service charge (per program) will be granted if the request is submitted prior to three business days before the start of the program or activity. All refunds for programs must be requested in-person at the park district office.
- 4. No refunds will be given after the start of the program.
- 5. One week notice of cancellation is necessary to obtain a full refund on any park district trip. (Less a \$5.00 service charge.)
- 6. No refunds for certain special events. (i.e.; Breakfast with the Bunny, one-day parties, or trips)

#### The Frankfort Square Park District is not responsible for lost or late mail.

Mail-in, drop-off, or fax your completed registration form along with your check or credit card number to:

Frankfort Square Park District 7540 W. Braemar Lane Frankfort, IL 60423 Fax: (815) 469-8657

Please place the appropriate registration form, check, or credit card number in a sealed envelope and drop off at the Frankfort Square Park District Administration Building, 7540 W. Braemar Lane. Be sure to include the program number and remember to sign the waiver. Please read all registration instructions carefully because some programs have special registration requirements or registration deadlines. Include the registration form with a check or credit card number for the correct total fee. Please include your phone number on the check and make your check payable to the Frankfort Square Park District.



#### Frankfort Square Park District Program Waiver & Release

#### Important Information

The Frankfort Square Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Frankfort Square Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

#### Warning of Risk

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Frankfort Square Park District to guarantee absolute safety.

#### Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/ activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Frankfort Square Park District, including its officials, agents, volunteers and employees.

#### **Photo/Video Policy**

I understand that photos and videos are periodically taken of people participating in Frankfort Square Park District programs and activities, and I agree that any photograph or video taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes, including its electronic media, videos, brochures, flyers, and other publications without additional prior notice, permission, or compensation to the participant.

I have read and fully understand the registration policies, the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Please Print	
Participant's Name	 Date
Participant's Signature	 (18 years or older or Parent/Guardian)

#### Participation Will Be Denied

If the signature of adult participant or parent/guardian and date are not on this waiver.

In accordance with the Americans with Disabilities Act, please describe any accommodation needed for your enjoyment of this program. If special accommodations are needed, allow 2 weeks prior to the start of the program. A staff member will contact you for more information. If you do not hear from us prior to the start date of the program, please call to confirm your accommodations.

Frankfort Square Park District Presents

#### Source Summer Concerts FRANKFORI SQUARE PARK DISTRICT

Messengers June 18 @ 7pm



#### 28Days August 13 @ 7pm

Island Prairie Park Bandshell

7540 W. Braemar Ln. Frankfort, IL 60423

Frankfort Square Park District 7540 West Braemar Lane Frankfort IL 60423

> ECRWSS Postal Customer

